

Rose our resident artist has made the cover of this issue into Christmas Cards and they are available at £1 each.

Rose can be contacted on 02288 381129



### Dear Buzz Readers,

It's not been easy to get everything I wanted to into this issue but hopefully I have now and it will make for an interesting read.

It seems rather early but as this is the last Buzz issue for 2016 may I send you and your families Warm Wishes for Christmas and the New Year and thank everyone for the support given to The Buzz throughout 2016.

Sheila Cholwill Editor E-mail sheilacholwill@btinternet.com Telephone: 01288 381350







SEASON AGAIN"
H.A.T.S. THEATRE
HOLSWORTHY

PANTOMINE

25TH JANUARY 5TH FEBRUARY 2017

Gldilocks
and the
hree Bears

"ITS BEHIND YOU

#### **NOVEMBER**

November, and the nights grow long, Gone now the summer and its song. Cottage gardens no longer bright with Autumn flowers, Michaelmas daisies, golden rod, glowing dahlias. Quiet mornings, filled with mysterious scents, Of a vanished summer now long spent. Distant now those sparkling diamond seas, We gazed upon with our picnic teas. To wander home, tired from sand and sunny days, All changed...the sea a sullen gun metal grey. With days of frosts and chilling mists, Where rocks once lay warm and sun kissed. And village children from Bridgerule, Paddled among the small rock pools. Only a few intrepid walkers with their dogs, Collars upturned from a clod clammy sea fog.

November, the prelude to our Winter year, Bare trees, with sparse leaves and little cheer. But there are blessings still to be had, To value the good moments from the bad. From a biting, icv, bitter north wind, When we reach our homes and step in. To sit beside a bright blazing fire, Eating buttered toast to our hearts desire. With thoughts of Christmas and its joyous festive mood, With holly, mistletoe and fine food. Our village carol singers at our door, And in soft candlelight, the Christ child to adore. Within tiny St Bridget's Church on the hill, A message of enduring love our hearts to fill. Knowing a grey winters for our farmers to withstand, Battling with strong winds and rain, a staunch stoic band. But our village has a wonderful spirit of goodwill, To help combat the bleak cold winter chill. And with next seasons wondrous beauty, hearts soar and sing. With the green loveliness of our glorious Devon Spring.

By Marie Field—Southfields Bridgerule



### **CHRISTMAS GIFT AND CRAFT FAIR**



THE BRIDGE INN

**CHRISTMAS EVE** 

**CAROL SINGING** 

Led by Farmer Pete 8.30pm

BRIDGERULE

VILLAGE HALL

**XMAS BINGO** 

FRIDAY DECEMBER 2ND

EYES DOWN

8.00PM

Raffle

**Licensed Bar** 

**Proceeds** 

**Tetcott Hunt** 

### 60's, 70's, 80's DISCO

A group of friends got together recently to raise some funds for the community by holding a Disco with fancy dress being optional. A great sum of £427 was raised.





### Sheila's Mentions:

Our thoughts are with **Karen and Dave Thomas** on the recent death of **dad**, **Mo**.

A belated welcome to **Simon, Louise and Oliver Bishop** to **Highbridge House.** 

We hope you are enjoying living in our village and look forward to meeting you.

Our Best Wishes go to Phil Hodges of Southfields.

**Birthday Greetings to:** Lyndsey Beadle for the 3rd November

**Kimberley Cann** for the 10th November. **Pauline Latham** for the 14th November. **Winnie Westlake** for the 24th November.

Travis Cann for the 7th December.
Barry Lucas for the 8th December
Colin Cholwill for the 10th December
Kelvin Davey for the 10th December
Mary Bryant for the 10th December.
Linda Moore for the 12th December
Ray Wallace for the 19th December.
Sylvia McDougall for the 20th December.

Katherine Davey for the 24th December.
Chris Hitchings for the 24th December

**Tanya Peschke** Happy Birthday for Christmas Day.

### Are you missing a bunch of keys?

A bunch of keys has been handed in at 1 Littlebridge Cross. Included in the bunch is a set of VW car keys. For any other help telephone 01288 381843.

Readers will recall how **Di Kirby of Tackbear** has proved to be a very competent archer In a short time. Recently she has added another trophy to her cabinet; that of The National Field Archery Champion held at Gaddesden Estate, Hemel Hempstead. Here she had to shoot paper animal faces at unknown distances. There were 10 shooting styles of which Di took

part in the Hunting Tackle. Di was obviously thrilled to win the ladies championships and even ranked 4th in the men's!! This ends a very successful year for her. Congratulations!

(The photo is of the trophy that she was presented with for becoming N.F.A.S. Champion 2016).



#### **NEIGHBOURHOOD WATCH NOTES**

The nights are drawing in. The weather's getting colder. We're all getting older. Christmas is coming!

- \* What if your power goes? No electricity new number to phone is 105 that's Western Power, and they will take details and advise.
- \* For a free Home, Fire Safety Check to those who may be eligible phone 0800 0502999. If you are eligible they will replace faulty smoke alarms amongst other checks.
- \* If someone you don't know knocks on your door selling taking a survey offering new energy supplier what do you do? Well, don't let them in at the drop of a hat. These people all carry identification. Ask to see it. Oh, and don't phone the number on their identification card. It could easily be their chum not their proper office. Ask them to call back if you are interested and not just in 5 minutes but in enough time for you to check with your neighbours or even the police on 101, or '101@dc.police.uk'.
- \* Never give anyone your bank details. No matter who they claim to be. It's not right they need to know! You've never won a prize unless you entered the competition.
- \* Be safe over Christmas it's only once a year. Be able to look back on it without thinking "I shouldn't have done that"

Take care. Keep your stuff to yourself. Don't let someone else have your Happy Christmas.



Please have a look in your cupboards!! Christine can be contacted on 01288 381033 or Sheila on 01288 381350

and have a cup of tea/coffee and a piece of cake.
We would very much appreciate any donations for our Table Top

PLEASE show your support to this regular sale even if its just to browse

5TH NOVEMBER and 3RD DECEMBER - TRADERS £5 A TABLE - Gan set up from 12.0 Noon

BRIDGERULE VILLAGE HALL
MONTHLY TABLE TOP SALE



Members and friends of the Village Coffee Club a few weeks ago travelled to Trelawney Garden Centre for lunch and then returned to Davidstow Airfield and The Cornwall at War Museum. Here everyone was able to see wonderful displays representing the Royal Navy, British Army and the RAF from 1914 till present. Many of those visiting did not know such a museum existed. Everyone found it very interesting and learnt that the museum receives no funding and is run entirely by volunteers.

### VISIT TO BATH AT CHRISTMAS:

Each year the centre of Bath is transformed into a magnificent Christmas Shopper's paradise, as over 170 wooden chalets packed full of Christmas gifts line the streets surrounding the Roman Baths and Bath Abbey. If enough are interested we plan to visit Bath on **Thursday 1st December.** We will leave the village hall car park at **8.00am** with a comfort stop on the way and return. The cost of the trip will be £21 each. Please forward your name to Sheila on 01288 381350.



FAMILY SERVICE AT
ST BRIDGET'S CHURCH

On Sunday September 25<sup>th</sup> the regular Family Service at St Bridget's Church celebrated Harvest Time, illustrating its significance and relevance to our Bridgerule Community. Lucas Braund, Phoebe Lucas, Caitlin Braund, William Lucas and Barry Lucas assisted Val Harris in telling the story of "The Harvest that God made". William and Lucas also read the children's prayer and Caitlin and Phoebe led the congregation in that well known song, "The Twelve Days of Harvest!!" Well done the farmer, the miller, the baker, the shopkeeper and the parent!

### WANTED PLEASE!

Knitting wool is wanted once again by the ladies of the 'Knit and Natter' group.

All colours will be welcome but especially bright colours and preferably double knit.

The next Meeting will be held at the Hall on Wednesday 2<sup>nd</sup> November starting at 2.00 pm. (they meet fortnightly). All ladies are welcome to join the group just bring along the hobby you are keen to work on at the moment and enjoy 2 hours of chatter, refreshments at half time and plenty of good company. Some of the ladies are knitting items for the Premature Baby Ward at Barnstaple Hospital.

For more details phone Lyndsey – 01288 381117



### 10th Anniversary of OPEN GARDENS update

There were ten colourful and very interesting gardens in this year's Open Gardens event and delighted to report that this year we made the most money ever - in this the 10<sup>th</sup> Anniversary.

The group of gardeners were most grateful to receive a further £1,000 from Barclays Bank last week who kindly sent along Gemma Rix representing Barclays on the day – Gemma proved an enormous help and a credit to Barclays.

This £1,000 was split between Devon and Cornwall Air Ambulance Trust – making the total amount - £3,709.85.

In the 10 years since Rosie Beat started up Open Gardens the total made is £22, 659 which for our small village of Bridgerule is an amazing amount — and thanks go to everyone who have supported the event.

Each year the amount is divided equally between Cornwall and Devon Air Ambulance.



This special gentleman having a birthday drink with daughter Alison and her partner Sean.

### WHO IS THIS?



Poor lady has to cut her grass with scissors!

### METHODIST CHAPEL

Members and friends decorated the chapel recently to celebrate their annual Harvest Festival. Mr John Uglow of Whitstone and Mr Vic Bickle of Stratton led the services. The Tamarside Singers sang during the weekday service. This was followed by a supper and the produce was later auctioned by Mr. Colin Cholwill. £456 was raised for chapel funds.







Hell hath no fury like a four year old whose sandwich had been cut into Squares when he wanted Triangles!

### Bridgerule hedge and coppice group - Alan Beat

As temperatures drop through the autumn and wood burning stoves are lit against the chill evenings, our thoughts naturally turn towards firewood. Do we have enough to see us through the winter ahead? Well, if you are member of the hedge and coppice group, the answer should be "yes!", for several tons of greenwood were harvested and shared out during last winter's programme of volunteer work days, for cutting and stacking to season at home.

The group meets once a fortnight on Saturdays through the winter months to lay hedges and coppice small areas of woodland. Novices are paired with more experienced hands to learn as they work. There is good camaraderie, healthy outdoor exercise (and usually cake!) plus a share of the firewood to take home. The emphasis is on safe use of traditional hand tools including bill hook, axe and bow saw.





No two hedges are the same and each one offers its own challenges. Last winter the group tackled four very different projects. A field boundary hedge of mostly hazel was layed, staked and bound into a stock proof barrier.

A roadside hedge developing into a line of sizeable trees, mostly oaks, was rejuvenated by a combination of laying and coppicing. A hedge bank of mixed species layed some fifteen years before, and now hollowing at the base, was re-layed. Finally a line of natural growth on top of a high bank was layed for the first time.

I'm now putting together a programme of work days for the coming winter, so if you need firewood . . . . new volunteers are always welcome, and landowners too with potential hedge laying or small woodland management projects. Please email me on <a href="mailto:alan@thebridgemill.org.uk">alan@thebridgemill.org.uk</a> or telephone 381341.



### **BRIDGERULE METHODIST CHAPEL**

### **APPOINTED PREACHERS FOR NOVEMBER/DECEMBER 2016**



November 6th L. Bowden 11.00am

November 13th Mr. M. Reeves 11.00am Holy Communion

November 20th Mr. V. Bickle 11.00am November 27th Mr. M. Shears 11.00am

December Mr J. Hawkins 11.00am

December Joy Wilson 11.00am Holy Communion

December Rev. Neal Street (United Carol Service) 6.30pm

December 25th NO SERVICE



BRIDGERULE C OF E (VC) PRIMARY SCHOOL

It was standing room only at Bridgerule Chapel on Wednesday October 12<sup>th</sup> where Mrs Caroline Boother, Acting Head of Primary Phase for Holsworthy Federation of Schools, welcomed parents, carers, family and friends to the school's Harvest celebration. The pupils told an illustrated story of the "Poor lady and the apples", with 4 pupils telling the story from the bible of the feeding of the 5,000. Other pupils read some of their own Harvest related poems before Revd Neal Street drew the service to its close with a prayer.

The whole service was led by the PEGS (Pupil Ethos Group), pictured above with Mrs Sheila Cholwill, who played the organ. L to R Sam Linney, Phoebe Lucas, Hazel Durrant, Caitlin Braund, Holly Trayford, Honey Belle Hosie and Rev Neal Street.

## MOBILE LIBRARY VISITS BRIDGERULE

Village Hall 2.00pm Uplands 2.50pm

NEXT VISIT

November 16th December 14th



#### **HOME LIBRARY SERVICES**



Royal Voluntary Service 'Books on Wheels' Volunteers bring a selection of books , large print, DVDs, CDs and audio

tapes to people in their home, on a regular basis.

If you enjoy reading or listening to a recording, but can't get out of the house so cannot visit the library, or find it too much to carry books, our home library service offers you the opportunity to have books brought to your home.

Specially trained and security checked Royal Volunteer Service Volunteers discuss the sort of books you would like to read, whether romance, thrillers, adventure or information books on many popular subject.

This service offers a chance to have access to the library services on regular basis. All the volunteers wear RVS identity cards when visiting. If you would like to receive this service, please contact Mary Care, RVS Home Library Co-ordinator for Holsworthy and surrounding areas.

For further details: Telephone 01409 254456 or 07724153965 or

Email: marycare@ymail.com

#### **BRIDGERULE PARISH COUNCIL**

Clerk to the Council: Rachel Stratton. e-mail:Bridgerulecouncil@outlook.com

The Parish Council has been asked to investigate whether there are possible alternative uses for the open space at Southfields. At the meeting of the Parish Council in September the councillors stressed to all residents that any change of use to the land in question was not imminent, and indeed is only being looked at as residents of Southfields themselves had asked the council to look at alternative uses. One of the options put forward was that of allotments. If indeed allotments were developed, they would be for the use of Southfields residents. The Clerk contacted all residents of Southfields to invite their feedback, and these responses were read out confidentially, and kept on record for further decision making.

As there are further options that could be looked at, including a possible community garden, as put forward by one resident, this item is still open for discussion at council until after Christmas to enable all residents to come forward, and contact the Clerk, with further options and opinions if they would like to.

## PLEASE READ THIS EMAIL THE EDITOR HAS RECEIVED FROM WESTERN POWER AND COULD AFFFECT YOU!!

Good Afternoon,

As discussed earlier. I wondering if it would be possible to write up a small article in the Buzz to inform local residents of the works being carried out in the early part of 2017.

Commencing 09/01/2017 for approximately 6 weeks, Western Power Distribution will be making alterations to the electricity network in the village. This includes running a new Main Cable from the road by Bailey Gardens, past the Bridge Inn to the Bridge and also around 100m down the road towards Newacott Cross. This cable will replace the main overhead lines in this area which will greatly improve the aesthetics of the road and provide a more reliable supply. There will be a relatively large amount of excavation needed during the works which will unfortunately restrict parking on the road. Thank you very much for your co-operation in this matter.

Many Thanks Tom Siddall

Underground Technician Western Power Distribution

### **Charity Tractor Run**

More than 30 tractors left Hedley Wood recently to raise funds for Little Harbour Children's Hospice. This is now an annual event and organised by Grenville and Colin. Tractor drivers and supporters enjoyed a carvery back at Hedley Wood and £420 was raised for the charity.









Sam and Jaden Linney were baptized at St Bridget's Church recently amongst family and friends.



## The wonderful sum of £ 315 was raised.

Did those that came realise that the contents of your cups were different to theirs.....They do Now!!

## BAPTISM DAY FOR SAM AND JADEN LINNEY



### **CHARITY COFFEE MORNING**

Sandra, Mel, Jaqi and Lyndsey thank everyone for supporting and donating many of the lovely cakes given to them in aid of The Macmillan Cancer Support.





Welcome to the award winning 'click & collect' on-line super market exclusively for local food where customers buy on a single website directly from local farmers, growers & food producers. Best for customers, best for producers and best for the Environment. www.foodassembly.com or email PaulTNC@gmail.com.

- \* Its 100% local! Almost all the food and products come from Cornwall or near Devon, so food miles are minimal compared to shops or supermarkets, where food comes from all over the UK or even the world and travels up and down the country before reaching you. As a result supermarket food miles are in thousands for each product bought compared to about 10 miles with us.
- \* Its Fresh \* Its fair to the producers! Producers sell direct to you and as a r esult retain well over 80% of the price you pay. Compare that to the 15-30% at supermarkets or 30-50% at shops.

Nearly 1000 (!!) families in Bude and surrounding Parishes are now members of our Food Assembly and can buy their food direct from over 30 local farmers, growers, fishermen and food producers. Proper service that!

If you would like to have your shopping delivered, just look at the 'Crafts' section and select Home Delivery (available to EX22, EX23, PL15, PL32-35 post codes).

### Not sure about him.....





But these look friendly enough!

### Piano Recital by Richard Uttley

We welcome back **Richard Uttley** as solo pianist for the **Bude Music Society** concert on **Sunday 20**<sup>th</sup> **November, 3pm, at Minstrels Music Centre, Canworthy Water, PL15 8UB.** Richard is noted for his remarkable technique combined with true musicianship, sensitivity and control. He is in demand as soloist, chamber musician and recording artist (he has three acclaimed solo discs), and has recorded the CDs that accompany the ABRSM current piano syllabuses. Richard is often heard on BBC Radio 3 and TV channels. Richard studied piano at Clare College, Cambridge (Double First, 2008), and at Guildhall School where he now teaches. His programme will include pieces by Schubert, Chopin, Scriabin and Bach. Entry at the door £13, full-time students free.

## BRIDGERULE C OF E PRIMARY SCHOOL SUPPORT MACMILLAN COFFEE MORNING



As part of the campaign to raise awareness for the need for Cancer Support for not just those undergoing treatment but also for their carers coffee mornings were held to raise funds for Macmillan Cancer Support nationwide. FOBS (Friends of Bridgerule School) held theirs on Thursday September 29<sup>th</sup> and this was well supported by families, friends and carers of the pupils. On the Friday, the pupils opted for a Non School Uniform Day to boost their donations and in excess of £160 was donated to this wonderful cause.

### Fond Memories of Bridgerule by Randal Charlton.

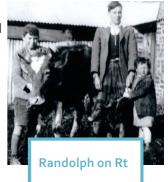
My earliest memory of Bridgerule still makes me turn a little red in the face. I had arrived there from London in 1942 with my mother and sister, over 74 years ago. My mother had come to Devon to escape



the bombing in the Second World War which had destroyed our flat. She had taken the train to Whitstone and Bridgerule and stopped in the village shop run by Miss Pratt (next to Bridge Inn) to seek advice on somewhere to stay. Miss Pratt suggested we walk up the hill to Churchtown Farm where Robert and Lily Bowden where farming.

We were welcomed like family. After more than a year on the farm, aged about four, I would follow the men everywhere as they went about the farm work. Eventually Mrs. Bowden bought me a small pair of hob nailed boots of the sort everybody on the farm wore back then. The only problem was that they were

made of very stiff leather and I found it impossible to get my feet into them. So I remember a morning ritual with the farm workers telling me they could not wait another minute which would signal a fit of crying and shouting that often resulted in me throwing myself to the kitchen slate floor and rolling around as I pleaded desperately for help in putting my boots on. I am embarrassed to say there is at least one person in Bridgerule today who was witness to those post



breakfast dramas. Foot troubles aside Bridgerule and the people of the village completely changed my life for the better which is why, although I have since travelled to almost 40 countries in the world, I am drawn back to this place. Most recently Trevor and Sue Bowden welcomed my wife and me at Churchtown, and we received equally generous hospitality from John and Barbara Bowden plus Paul and Michelle Bowden. During the recent harvest festival service my wife and I attended, my mind strayed back to my early memories of the church when at about five years old, I was a small red cassocked "boat" boy carrying a container of incense alongside John Bowden whose incense burner waved rhythmically as it filled the church with a sweet exotic perfume. I also recalled the powerful sermons of the Reverend Hawker Kingdom delivered in a thunderous tone that threatened to lift the slates off the roof but the vicar did

not seem to accept man's ability to lift heavy objects. From time to time he would ask Robert Bowden to send a boy or two over to straighten a massive granite gravestone. Mr Bowden. would express his doubts but Parson Kingdom would insist and a good deal of fruitless shoving and heaving would ensue before the vicar was satisfied that he needed stronger help. Parson Kingdom was involved in much of the village life beyond the church Including social events which everyone of all ages in the village attended. Dances and fundraisers were often held in a long upstairs room in the old vicarage (Glebe).

When the vicar died I was a part of the large number of bearers who formed a snaking line that walked his coffin all the way from the vicarage to the church the night before the burial. John Bowden and I were also part of the team that stood vigil over the coffin overnight, a duty that seemed a great honour in broad daylight but less so at 3am in a dark creaking cold church, with a howling wind outside and nothing but a coffin for company. But I get ahead of myself. When Mother arrived in the village with my sister and me in tow she found there already many evacuees and as the war progressed German prisoners of war appeared and were given work on the

farms. An older prisoner called Gustave – I don't remember his last name- was sometimes given the extra assignment of looking after me and we would take a cart load of corn to The Mill, home of Mr Honey. I worried that Madam, an English horse of course, would not understand Gustave's instructions which were given in German and

included the sound "Brrrrrrrrrr" but we never came to any harm. My mother, who had been a dancer in the London theatres, ran keep fit classes for mothers of evacuees. Meanwhile I acquired a large family of people who kept an eye on me including Gladys Barkwill who helped Mrs Bowden keep house and feed a small army of visitors who came and went at Churchtown Farm. They included Miss Martell (of the brandy drinks family) living in one front room and the exotic Chamberlain family who I recall came from South Africa plus farm staff including a Mr Demsey and Mr Den Brock. (Terry's brother) The farm like all others had to produce as much food as possible for the war effort and the crops were grown and harvests brought in with the help of several horses and one Standard Fordson tractor that had metal spade logs attached to the back wheels for extra grip.

As the war progressed and came to an end my mother went back to London and the evacuees and prisoners melted away but mercifully I was allowed to stay on and go to school at Bridgerule. The head teacher, a firm but likeable lady, Mrs. Ellis, became even more impressive when she married the local policeman, a Mr. Phare. The combined authority of teacher and policeman in one family persuaded me to behave most of the time.

The village had a lot going on in those days or so it seemed to me. Miss Pratt's general store with its massive jars of boiled sweets. Moore's the grocers where you were made to feel like a Lord even if all you bought was a half-pound of butter. Dymond's the carpenters with wagon wheels and sometimes carts out front and Loye's, purveyors, as I recall, of boots and

crockery among other household necessities. (Photo of Mum, children and late Mrs. Lily Bowden after going back to London) However any spare time I was in the village. I would make my way over to Mr. Phillip Dinner's blacksmith shop next to the pub, where I could have stayed all day watching Mr. Dinner bring his fire to the fierce temperature needed to mould horseshoes. The Smithy was magical to me. The place smelled of horses of course and the wheezing of giant bellows mixed

perfect countrymen. Vicki let out a bunch of ferrets to show them off to some visitors and of course found it impossible to get them back in their

cages.

with the sight of red hot iron and sparks flying and smoke rising from hooves as hot shoes were tested for fit. Mr. Dinner was a slight, small man who I recall had a persistent cough but he handled horses no matter how big or fidgety without fuss. I remember admiring his workmanship, the way he would make sure the shoes fit well before he attached them by searing them into the trimmed hooves. Then, as he hammered the nails into the horses' hooves, he would be careful to bend them over and not clip them too tight to ensure the shoes didn't fall off the first time they went over rough ground. Whilst at Bridgerule school I was also in and out of one or two houses opposite the school, including the Vinnicombes and Mrs Saltern (Mrs Lily Bowden's mother). I also got to know some of the old members of the community like Butcher Grills, who lived at St Katherine's cottage. From the old men I learned about the tragedy of the First World War. From the younger men like Charlie Barkwill who worked at Churchtown and John Bowden I learned practical stuff like how to milk a cow, ride a horse and handle a sythe and paring hook. I though as a left handed person I confess to being a bit "cackhanded". I confess my sister Vicki and I were not always the

On another occasion we wanted to teach some of Mrs Bowden's laying hens to fly by launching them from the upper level of the barn. My worst crime however was to encourage a horse that was plodding around and decided to threw a stone in the general direction of the horse's rear end. Mr. Roberts, who I believe worked at Nortons farm suddenly found his sleepy stead break into a gallop and he was halfway to Mr. Honey at The Mill before he got his mount under control. He returned, understandably furious to deal with the perpetrator of the crime. Convinced I would be killed for my offence I burst into a favourite house of mine owned by the Vinnicombe's and dived under the table where everyone was enjoying lunch. I held on to Mrs Vinnicombe's legs under the table until Mr. Roberts had moved on.

As the 1940s ended I rejoined my mother in the sooty air of London but I returned to Churchtown every year for at least my entire summer holidays and often at Christmas and Easter. This pattern continued during my university years and when I left college in 1962 I could claim to have seen very little of the world; West London, an agricultural college in Kent and Bridgerule. However that was fine by me because throughout that time Robert Bowden would take me to markets at Holsworthy, sometimes further afield to Five Lanes on Bodmin Moor and even to sheep sales at

I know we all tend to over glamorize the old days and life at the farm was not always perfect. There was a stuffed badger on the top floor landing that I never took a liking to and the farmhouse was a pretty cold, drafty place back in those days in spite of the large open fire in the kitchen and fires in other rooms. Farm work was also hard, particularly corn harvest in the days of the binder, sheaves of corn and threshing machines. But that made the annual harvest festival a very special event as my good friend, John pointed out to me recently. In conclusion I count myself thankful to have been a tiny part of the world of the people of Churchtown Farm and Bridgerule village.

As Editor I can't thank Randolph enough for the memories he has of our village. Its very apparent the affection he holds for the Bowden family. After Randolph left University he became a journalist for The Farmers Weekly and then began a magazine for the Milk Marketing Board but he is sure it all started from his time in our Devon countryside! Randolph lives with his wife in London.



(Randolph has said he will write some more for us one day!)



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9.30 - POWER YOGA

**10.40 - PILATES 2** 

11.50 - PILATES 1

**THURSDAY** 

9.30 - POWER YOGA

10.40 - PILATES 3

11.50 - PILATES FOR BEGINNERS
& IMPROVERS

Classes run as a 12 week course.

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