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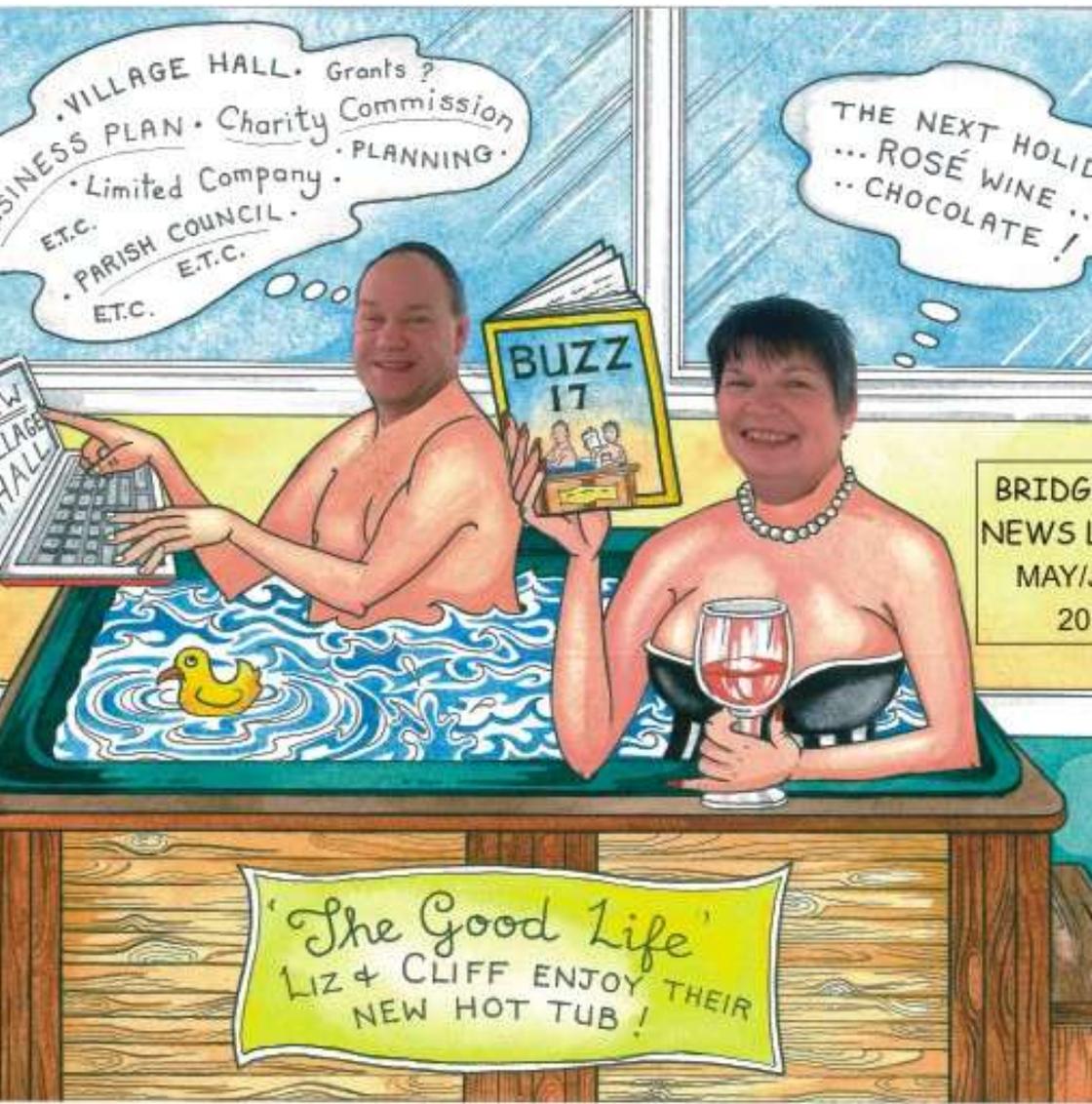
THE NEXT HOLIDAY
... ROSÉ WINE!
... CHOCOLATE!

VILLAGE HALL

BUZZ 17

BRIDGE NEWS
MAY/20

'The Good Life'
LIZ & CLIFF ENJOY THEIR
NEW HOT TUB!



Dear Readers,

It gives me great pleasure to report that through your continued kind sponsorship of The Buzz I have now been able to donate £1000 to our parish hall project. I have always said that when sufficient funds became available a donation would be made, but even I did not think this would happen so soon. Thank you so much everyone. We now have to be completely self funding but I'm sure with the help of businesses and individuals this can be sustainable.

Quite a lot is happening in our community over the next month or two and Revel Week is on the horizon once again! I am sure you will show your support where possible to these events.

Don't forget if you have a recipe you would like to share and form a recipe book please forward it to me.

Please remember that if you would like something reported in the next edition of The Buzz it has to be with me by **20th June**.

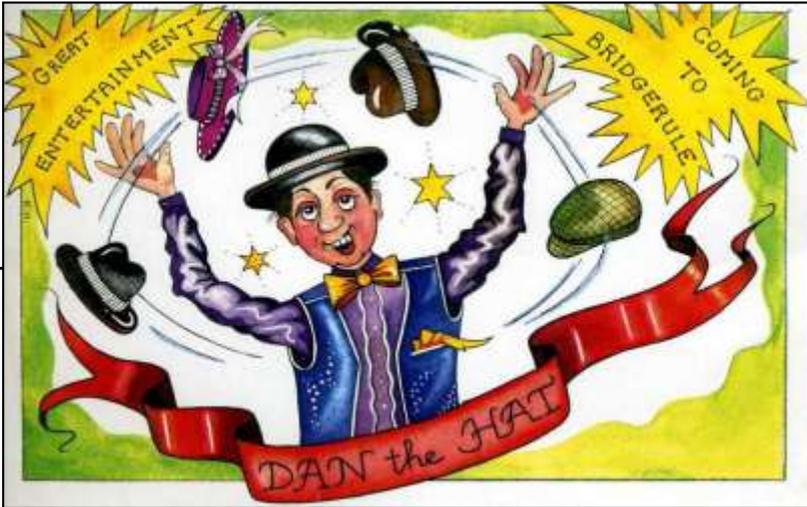
Many thanks
Sheila Cholwill
Editor

Email sheilacholwill@talktalk.net

Telephone Number 01288 381350.

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Dan the Hat Man is coming to our Jubilee Celebrations on 5th June. Read all about this professional young man on the separate sheet in your Buzz and please let us have your replies as soon as possible for catering purposes.

He has recently visited H.A.T.S. in Holsworthy as part of a charity event and everyone said he was brilliant. Visit his website and see for yourself how talented Dan is.

It is going to be very much a family thing so please come along and join in the fun.

Six Decades of Celebrations!



St Bridget's Church, Bridgerule
Jubilee Bank Holiday Weekend

An exhibition of wedding gowns and christening robes through the decades

Refreshments available

See posters for more details

Back to the grind

A water mill was recorded in this parish by the Domesday survey of 1086, and it almost certainly stood on the same site as the present building. There are references to this mill in the Launceston priory records of the twelfth and thirteenth centuries,



while from the mid-eighteenth century it was owned by the Molesworth estate.

In 1920 it was sold to a local man, John Honey, who continued to grind by water power until 1947/8, when he installed an electric motor to power the mill through a flat belt drive. The two water wheels and most of the internal machinery were broken up and carted away for scrap. After John died in 1959, his relatives occasionally worked the stones to grind their livestock feed, using belt drive from a tractor, until 1968 when the mill fell silent.

Rosie and I moved here in 1987, with the intention of restoring the buildings and land into a viable smallholding, and the dream of restoring the mill to water power. With a young family to raise there were naturally other priorities, but little by little work began on the mill waterways, building and machinery.

For several years we searched for a suitable old wheel to re-home, but eventually accepted that a new one would need to be purpose-made, along with a pair of large bevel gears that were also missing. A grant was obtained from the Countryside Stewardship scheme to support this work, as it fitted with the educational visits that we were developing for schools and adult groups. Iron castings were made to my design and assembled into position. The water wheel first turned in 2000, but the bevel gears failed to mesh properly so it was back to the drawing board. Eventually after much research and several “blind alleys”, the smaller gear was redesigned and recast, then the teeth were accurately machined for correct pitch. With this in position, the wooden teeth of the larger gear could be profiled for smooth meshing .

On 9th March 2012, the millstones turned by water power for the first time in 60 years (video here: <http://www.youtube.com/watch?v=MWkJ9XHJfdE>

and there were big grins on our faces! I never anticipated it would take more than 20 years to achieve our dream, or that it would be so technically challenging, but we’ve had wonderful support and encouragement from the local community which has really helped us to see it through.

The water supply is limited to a pond that holds enough water to power the wheel for short periods. Our intention has never been to grind commercially, but instead to preserve a process that was central to village life for a thousand years, and to share this with the community.

National Mills Day falls on Sunday, 13th May, and it will be a rather special occasion this year - we hope you can join us to see the mill working again.

www.thebridgemill.org.uk

Alan Beat.



CHARITY NIGHT

(all proceeds in aid of Cancer Research UK and Devon Air Ambulance)

By kind permission of the Youldon Family

KNOWLE COTTAGE

BRIDGERULE

SATURDAY 16TH JUNE 2012

Cornish Wurzels and the Friggin Riffin

Music starts 6.30pm (Gates open 6pm)

Tickets include Hog Roast

Bring your own wine and chairs

Tickets - £15

Phone the two Shirley's on 01288 381564 after 6pm or

01288 381311

Any bottles of wine will be greatly appreciated for bottle tree

Contact Mrs. C. Gee 01288 381033 or Mr. J. Hammond 01288 381276

Bridgerule Open Gardens 2012



This year the date to put in your diary is [Sunday 10th June](#).

There will be 7 gardens to look around again this year with lots of interesting things to see. The beautiful gardens and lake at Lower Hopworthy Farm, one new smaller garden (one of which will be selling toiletries!), and a massive collection of old tools, and a gigantic raffle at Meadows Barn!!

Couple all this with traditional Devon Cream teas served at St. Bridget's Church a cake stall run by the Methodist Chapel, and home cooked light lunches at Cindy's, (Tamar House), the day is not one to be missed!!

The cost will again be £3.50 per adult for entry to all gardens and children (under 12) are Free!

All the money raised will be split between the Devon and Cornwall Air Ambulance Trusts. Last year we made nearly £3000, which was a tremendous effort and we hope to try and beat this figure if at all possible.

Regrettably, there is limited access to people with disabilities at some gardens. No dogs please except registered guide dogs

All we need now is glorious weather (booked!!!) and your support!!!!

More information from **Chris Hitchings 01288 381129**

LOOK OUT FOR POSTERS NEARER THE EVENT

Sheila's Mentions:

Birthday Wishes:

Sylvia Goodman celebrates her 80th on the 7th May -

Sylv lived at Glencarne for many years.

Alison Tomlin on the 10th May and daughter **Zoe** for the 20th May.

Ann-Marie Latham for the 30th May

Todd Peschke for the 7th June.

Angela Brock for the 26th June.

Our thoughts have been with Vera Heard of Stratton and her family on the recent loss of Alan her husband. Alan, for many years showed much dedication to Bridgerule Football Club and has played euchre spanning many years in the Holsworthy and District Euchre League representing The Bridge Inn.

Congratulations to John and Faye on the birth of their son, Kyle, born on the 27th February.

Congratulations to Ann-Marie Latham on earning a place once again in the team representing The Holsworthy and District Skittle League competing for the Devon County Cup. Good luck from us all.

TIMES GONE BYE IN OUR VILLAGE as reported in the local paper at that time:-1944

Dance organised by Mrs. C. Andrew and Mr. W. Martin to raise funds for Stratton Hospital. Music provided by Mesdames Bath and Gardener pianists and Mr. C. Cholwill on cornet. Proceeds £10. 10s.

Killed while driving lorry— Charles Heard aged 46 of Hazeldene. Employer of Mr. C. Andrews.

July— **Sports in Lodgeworthy Ham.** Prizes were National Savings Stamps. Flat Race Boys 6—8 Terry Brock 9—11 Girls Audrey Gilbert Mens 100 yards - C. Cholwill. High Jump— Under 16 - R. Crocker. Bicycle Race - T. Honey and W. Vinnicombe. Bun Race - 2nd Terry Brock. After Sports there was a Furry Dance followed with a dance in the hall.

April 1950 much excitement prevailed in Bridgerule on the occasion of **1st Bridgerule Parish Council Election. 18 candidates for 10 seats.**

Large crowds gathered at 8.00pm to hear the results.

Elected— F. Lucas 187. R. Bowden 170. E. French 170. C. Andrew 159. W. Curtis 159. W. Dodd 155. P. Pratt 141. C. Dinner 120. F. Moore 111 and W.J. Martin 108.

Tree planting in Bridgerule for Queen's Jubilee

To celebrate the Queen's historic 2012 Diamond Jubilee, the Woodland Trust is encouraging people across the UK to come together and plant 6 million trees.

At the Bridge Mill in Bridgerule, on 18th February, hardy volunteers from the Yarner Trust at Welcombe helped to plant more than one hundred trees in support of this campaign.

Pride of place in this new woodland was reserved for a young oak tree which had been specially grown from seed collected at one of the royal estates. Children from the gardening club at Bridgerule Primary School planted this tree after school on 16th March, and are looking forward to seeing it grow over the years ahead.

The children shown in the photo are: Tim and Will Cottier, Samuel Jones, Kasie David and Cacie Greening



WANTED!

Do you have any old slate flagstones laying around your garden?

Any size or quantity considered to complete kitchen floor!

Michelle & Paul Skipp - Furze Farm, Bridgerule 01288 381664

Phoebe presents a cheque to the Caroline Thorpe Children's Ward at North Devon District Hospital



Barry, Lisa, William and Phoebe Lucas, would like to thank everyone in Bridgerule and surrounding areas who helped them to raised £203.10 for the Caroline Thorpe Children's Ward at NDDH. We held 2 Coffee mornings on 28th and 29th Feb 2012 where people called into Elm Park for a coffee and a slice or 2 of cake! A special thanks goes to all who donated some delicious cakes and helped with making teas and coffees, and to Liz Priest who brought Phoenix Cards and donated £60 from sales. The staff on the Caroline Thorpe ward welcomed Phoebe onto the ward and were delighted with the donation and will put it to good use, to purchase some new toys and books for children.

PRELIMINARY NOTICE
BRIDGERULE CARNIVAL WEEK
Sunday 29th July - Saturday 4th August 2012.

Full Week of Events
Bideford Pipes and Drums to attend Carnival
Various Competitions to be announced later

Any young lady living in the parish, aged 11 years and over and would like to be Carnival Queen this year please contact Sheila on 01288 381350 by Friday 12th May.

Should there be more than one nomination a parish ballot will take place.

Spotlight on Bridgerule's friendly landlord and landlady.

Gary Bowler was born on 18th April 1945 in Sutton-in-Ashfield in Nottinghamshire. He went to Eastbourne Secondary Modern school until the age of 15. Gary then started working in a shoe factory, making boots and shoes. Boots mainly for the then coal miners to wear down the pit and gaining his City & Guilds certificate for shoe making during this time. For the following eight months Gary worked at the Royal Mint as a press machinist, making money! He also worked for a while as a roofer and later as a furnace man, in Sheepridge casting for Jumbo Jet Engines. A few years later in 1969, when he and his previous partner moved to Barnstaple Gary began working for the Clarks shoe factory. Firstly making shoes and later becoming a charge hand at the factory. It was whilst working at Clarks that he became friendly, in fact very friendly, with another employee, a Pam Gammon. Pam was born on 18th June 1953 and lived at Black Torrington. Pam attended Ashford school and as her parents didn't want Pam to 'mix with the boys' she began her secondary education at Barnstaple All Girls School.

In 1975 Gary and Pam married at Barnstaple Registry Office and set up their first home together living in a flat above the local shop in Georgeham. Gary played football for Georgeham and later managed the team. It was whilst living here that they both became very friendly with a delightful young man called Danny. Danny was the son of the shop owners and regularly visited Gary and Pam in their flat after work. Sadly one day Danny was diagnosed with leukaemia and at the age of 13 he passed away. Before his passing away Danny was the first person to receive



Bone Marrow in the Exeter Hospital. Today there is a ward named after him called the Danny Webb Ward. A few years' later Gary and Pam bought their first home and moved to Croyde and in 1977 Paul their first son was born in Barnstaple Hospital, six weeks early. Pam, finishing work at Clarks on a Friday and baby being born the following Wednesday. Two years later, their second son, Mark was born, also at the North Devon and District Hospital. Their third son, Wayne, was born in 1984, but sadly and very tragically Wayne met with an accident in 2003 at the young age of 20 and consequently died. Wayne had played pool for Cornwall.

Pam enjoyed doing bed and breakfast and it was at this time that the management of Clarks threatened that the factory would soon shut. Gary feeling that he may become redundant at the age of forty decided to look for new employment. By now Gary and Pam had three sons and three dogs and the criteria for the new venture was to live near the sea and if it was to be a pub, this pub had to have an entrance with a back door which could be used privately by the family. So in June 1986 the Bowler family became the new owners of 'The Bridge Inn', taking over from Sonny and Bet Houghton. Gary and Pam recollecting that everything was then painted green in the pub and in their words a bit run down. To get it to Pam's standards it took quite a lot of elbow grease from both of them.

They can both remember that to buy a pint of Flowers Original at that time was 88p a pint – now the same pint will cost you £2.90! Another great change they have seen, for the better, though maybe not by everyone at first, was the fact that the 'no smoking' in the pub ban meant that the premises remained a lot cleaner and healthier. Anyone who wished to use the toilets at The Bridge Inn when Gary and Pam first came might have got wet to have used them. Gary soon though rectified this. Upon completing some of the alterations to the living quarters of the pub Gary's dad and mum moved to Bridgerule. Sadly after a while dad became quite ill and for eight weeks before he passed away Gary and Pam made the journey to Barnstaple hospital everyday. Just after this they decided to close the pub at lunch times.

Gary and Pam reminisced with me on some of the characters they could remember coming into the pub during those early years. Sadly these people have all passed away but names that were fondly recalled were, Ern Venner, Dickie Piper, Don Nolan, Mac and Jean Gardener, Ned Honey, Tom Honey, Bill Cholwill and Reg Hollis. Shops at the time recalled in the village were Don and Sylvia Nolan's antiques with the one window full of lovely linen. Dickie and Dot's shop beside the pub – Pam remembering the cabinet full of cottons and sylko and John Moore at the Post Office with the late Jean Mariner helping him out on a Thursday (pension day).

I asked Pam if she could recall a 'funny' incident that had happened and the following came to mind immediately! On a hot sunny Sunday a certain Ian Hetherington, John McArdle, Tony Wallis and Kelvin Edwards were playing cards outside the pub. Gary thought he would have a bit of fun and nipped upstairs and threw a pan of water down from the bedroom window over the unsuspecting card players and immediately returned to his place behind the bar. These euchre players thought that Pam had done the dirty deed and so quickly found her, picked her up and carried her to the river and promptly threw her in.

Both of them remember how generous people were when they came to The Bridge Inn. Not only of their time but also with materials. Tony Goodman doing a lot of building works for Gary.

Gary and Pam have 5 grandchildren. Twins Jack and Lucy aged 18 living in Ashfield, Millie aged 13, Jago aged 6 and Ruby aged 3 all living locally. When not pulling pints Pam and Gary like spending as much time as they can in their garden or walking their dogs. They also have raised large sums of money for various charities over the years.

I thank Gary and Pam for sparing the time to be spotlighted and on behalf of all the clubs and groups that regularly meet within your pub and all your village customers we thank you both for your friendliness and continued support.



YOUR MOBILE LIBRARY

Tuesday May 8th and 22nd
Tuesday June 3rd, 17th and 31st.

Bridgerule Uplands

Arrive 10.00
Depart 10.30

Bridgerule Village Hall

Arrive 10:35
Leave 11:20



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Here is a short article to introduce myself to the community of Bridgerule and the surrounding area.

My name is Neal Street, and at this present time, I am the Methodist Minister looking after the chapel in Bridgerule, together with five other chapels in the locality.

I originate from Matlock in Derbyshire, where I lived with my parents and two sisters, until I moved to Buxton, in the same county, to study catering, at the age of 16. From there I worked in hotels,

and in 1977, married my wife Mary. We settled back in Matlock, where we both trained to be local preachers. In 1991, I moved to Lincoln, to attend the Theological College there, and after two years of full time study, I became a probationer Methodist Minister, looking after six chapels in the coal mining area around Worksop, on the Derbyshire Nottinghamshire border. Five happy years were spent there, during which time I was ordained in Bristol.

From there we moved to a village just outside Chester, where we worked for eight years, and indeed were due to stay even longer, but were asked to move to Cornwall because of a shortage of ministers.

We moved to Bude in 2006, and have been looking after several chapels in that area for these past six years; but last September the Bude Methodist Circuit joined with the Holsworthy Circuit, and local ministers have taken on new responsibilities. So it is that I am looking after Bridgerule at this time, though continuing to live in Bude.

I think of myself as a 'down to earth' kind of person, with a strong sense of humour. I am particularly interested in computing, and of course I continue to use my catering skills, by always cooking the tea at home!

Rev. Neal Street.



**BLOOD DONOR
SESSION**

**Parkhouse Centre Bude
Thursday 17th May 2012**

13:00 to 15:15

17:00 to 19:15

**Book appointment on
0300 123 23 23**



Animal Welfare Officer - Torridge District Council

Carl Casewell is the Animal Welfare Officer employed by Torridge District Council to deal with any issues relating to animals in the **Torridge** area. These include welfare issues and licensing. He makes regular patrols in Holsworthy i.e. Manor Car Park, Stanhope Park and the Viaduct and any other locations in the area as requested. It is essential that if you see a dog owner allowing his dog to foul that you contact Carl to report the incident, with as much information relating to the offender as possible.

Your details are kept completely confidential by Carl.

It would help him to help the Holsworthy area if you could let him know of any repeat problem areas around the town **or your village**, i.e. times, the possible name of the person, description of dog etc.

If you want to help the Holsworthy area become more 'dog friendly' and you see irresponsible dog owners making this impossible, please **contact Carl Casewell, Animal Welfare Officer on 01237 428855** or email carl.casewell@torridge.gov.uk. Your help would really be appreciated.

If there are any other animal related issues that are of concern to you Carl wants to know about them. Same contact details apply.

ABSEIL AT SPINNAKER TOWER

**A cheque for £1000 has
been forwarded to
HELP THE HEROES
FUND**

Tony says
**Thank you to all who
Contributed -
No thanks to the seven who
refused**



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IN BRIDGERULE NOW**By Marie Field**

As dusk falls, a van stands on the green,
 A welcome sight to be seen.
 A cheerful light glows from within,
 Tonight, we can forgo the baked bean tin.
 For John is busy battering cod,
 Truly a meal fit for the gods.
 And tired mums' seeking for relief
 From cooking supper, can serve this feast.
 For John is master at his craft,
 And in the air tempting aromas waft.
 And its not long before in Bridgerule,
 Tingling taste buds start to drool.

The cod netted bright eyed everyday,
 To be landed in some local bay.
 The mouth watering, succulent, fish so fresh,
 A delicious example of the South West.
 And, with a tantalising crunch, what bliss!
 The chips ...so golden and so crisp.

Does John realise he is a village treasure,
 To give so many folks so much pleasure.
 For if this appetising service should cease,
 Such comfort food would be sorely missed.
 And as hungry customers join the queue,
 It is only fair to give John his due.
 So many thanks for cooking our great national dish,
 And long live John to batter our fish.

BRIDGERULE METHODIST CHAPEL**PREACHING APPOINTMENTS MAY / JUNE 2012**

6th May	Service to be taken by S. Cholwill	11.00am
13th May	Mrs. M. Hodges	11.00am
20th May	Mrs S. Griffin	11.00am
27th May	Mrs. C. Forster	11.00am

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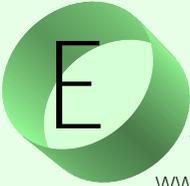
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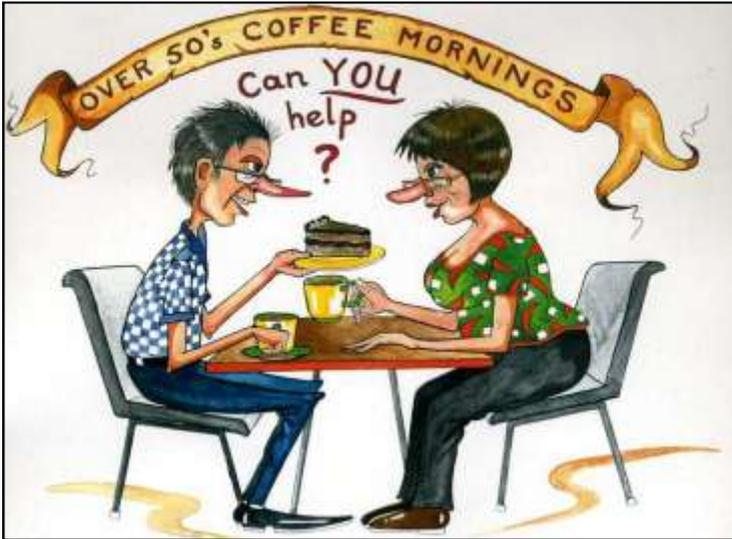
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Having run the Bridgerule Over 50s coffee mornings for 7 years, Gwynneth and Ron Cameron will be stepping down later this year. The coffee mornings are an important source of companionship to many of Bridgerule's more mature residents, who would be very sad to see them end. If anyone would like to volunteer to take over from Gwynneth and Ron, please come along to look around and meet people. The dates of the coffee mornings are published in The Buzz.

All profits from the Coffee mornings go to local charities.



BRIDGERULE VILLAGE HALL
EVERY WEDNESDAY

6.30- 7.30PM £3.00

Lisa Wood

Telephone: 07920867735

Facebook: Lisa Wood-Fitness Bude

Facebook group (Add) : Lisa's Bude & Bridgerule ZUMBA CREW

TANDEM SKYDIVE - Kimberly Cann

On Saturday 10th March 2012 I decided to put my life in someone else's hands and jump out of a plane 15000ft in the air, strapped to a stranger! My friend, Gemma, and I arrived at Dunkeswell airport, Honiton at 10.00am and were told we would have to wait until the cloud had cleared before we could get ready. We were then given a brief training session and practiced the banana position.

At 2.00pm our names were called and I was introduced to Ralph, my instructor / lifesaver! He gave me my jumpsuit and helped me put on my harness. The first group went up and it was time to walk to our own plane—still not nervous. I don't think it had fully sunk in what we were about to do!

The plane climbed fast and Ralph attached my harness to his and reminded me that it was too late to change my mind—he was jumping and I was firmly attached now. The doors of the plane opened and my heart nearly stopped. Time to freefall.

I was falling through the sky at 120mph and all I could do was laugh. We were spinning and it felt like forever. Then, without any warning Ralph pulled the parachute, going from 120mph to 15mph in 2 seconds is not pleasant. But one thing I will never forget is the next 7 minutes. Gliding through the clouds, totally silent and still. I could hear Gemma singing and Ralph kept telling me that if I was sick he would drop me.



He then started spiralling down to land. The breathtaking views were amazing and once in a lifetime experience. Nearing the floor it was time to lift up my legs and prepare to land. I had never felt so relieved to have grass stains on my bottom from sliding along 10ft, being dragged by a parachute. I WAS ALIVE. Gemma landed and we had a lovely hug and talked about our experience.

Between us we raised nearly £700 for the chemotherapy appeal and we loved every minute.



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WISHING YOU ALL SAFE TRAVELS!

Sent by a Buzz Reader.

I have been in many places, but I've never been in **Cahoots**. Apparently, you can't go there alone. You have to be in **Cahoots** with someone.

I've also never been in **Cognito**. I hear no one recognizes you there.

I have, however, been in **Sane**. They don't have an airport, you have to be driven there. I have made several trips there, thanks to my friends, family and work. I live close so it's a short drive.

I would like to get to **Conclusions**, but you have to jump and I'm not too much on physical activity anymore.

I have also been in **Doubt**. That is a sad place to go and I try not to visit there too often.

I've been in **Flexible**, but only when it was very important to stand firm.

Sometimes I'm in **Capable**, and I go there more often as I'm getting older.

One of my favourite places to be is in **Suspense**! It really gets the adrenaline flowing and pumps up the old heart! At my age I need all the stimuli I can get.

And, sometimes I think I am in **Vincible** but life shows me I am not.

People keep telling me I'm in **Denial** but I'm positive I've never been there before!

I have been in **Deepshit** many times; the older I get, the easier it is to get there. I actually kind of enjoy it there because people leave you alone.

So far, I haven't been in **Continent**, but my travel agent says I'll be going one day.

Pyworthy, Bridgerule and Pancrasweek Services May – June 2012

6 th May	9.30 am	Pyworthy	Morning Prayer
Easter 5	9.45 am	Pancrasweek	Eucharist
	11.00 am	Bridgerule	Eucharist
13 th May	9.30 am	Pyworthy	Eucharist
Easter 6	11.00 am	Bridgerule	Eucharist
	6.00 pm	Pyworthy	Healing Service
17 th May	2.30 pm	Pyworthy	School Service
Ascension			<i>Everyone welcome</i>
	7.30 pm	Bridgerule	Eucharist
20 th May	9.30 am	Pyworthy	Morning Prayer
Sunday after	9.45 am	Pancrasweek	Eucharist
Ascension	11.00 am	Bridgerule	Eucharist
27 th May	9.30 am	Pyworthy	Eucharist
Pentecost	11.00 am	Bridgerule	Eucharist
3 rd June	9.30 am	Pyworthy	Eucharist
Jubilee	11.00 am	Bridgerule	Eucharist
10 th June	9.30 am	Pyworthy	Eucharist
1st after	11.00 am	Bridgerule	Eucharist
Trinity			
17 th June	9.30 am	Pyworthy	Morning Prayer
2nd after	9.45 am	Pancrasweek	Eucharist
Trinity	11.00 am	Bridgerule	Eucharist
24 th June	9.30 am	Pyworthy	Eucharist
3rd after	11.00 am	Bridgerule	Eucharist
Trinity			

NEIGHBOURHOOD WATCH NOTES

Isn't it nice to have lighter hours before dark. The only news that those of a criminal nature have more time to view your belongs and to work out how they can get them. Nice weather for a cycle ride—lock it up if you leave it anywhere—even the front wheel to the frame. Bikes can be stamped with their postcode at police stations. Phone 101 and ask.

Community Speed watch will be coming to Bridgerule. Offenders may have to tell the school children why they speed past the school, or anyone else.

In this nice weather keep your possessions safe - lock the front door if you are in the back garden. Lock your car, even going to the shop/post office and keep your shopping out of sight. Even sat navs can be dismantled and tuked away and mobile phones are a great attraction.

Enough, enough. It's your stuff—look after it!

John McDougall Neighbourhood Watch Co-ordinator 01288 381237

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IMPORTANT INFORMATION

It has been proven that drinking bottled water which has been left in a car should not be drunk. The heat reacts with the chemicals in the plastic of the bottle which releases dioxin into the water.

Dioxin is a toxin increasingly found in breast cancer tissue. So please be careful and do not drink bottled water that has been left in a car. Use a glass bottle instead of plastic!

An Army Medical Centre is also circulating the following information:

No plastic containers in microwaves

No plastic water bottles in freezers.

No plastic wrap in microwaves.

Again dioxins are released which are potentially highly poisonous to cells in our bodies.

Instead they recommend using glass, such as Pyrex or ceramic containers for heating food. Same result - no dioxins.

Do not use plastic wrap such as cling film to cover food in the microwave. When placed over the food the high heat causes poisonous toxins to actually melt out of the plastic wrap and drip into the food. Cover food with a paper towel instead.

Pyworthy's Diamond Jubilee Celebrations

Over the weekend commencing **2nd June** there will be displays in the church, flowers to represent many different countries of the Commonwealth and photographs of Pyworthy village life from 1953 when the Queen was crowned.

On **Monday 4th June** there will be a **Beacon** lit in Arthur Burnard's field along Derriton Road (timing to be given to us by the Registration Board) with a barbecue **and fireworks**.

On **Tuesday 5th June** the church bells will be rung from 3pm followed by the School doing Maypole dancing in the Park at 3.30pm, then a Bring & Share tea making our official "**Party in the Park**" and of course the giving out of Jubilee mugs to all the local children – free to all children of primary school age and younger. Obviously we are all hoping for kind weather, but if we are unlucky then the Bring & Share tea will be in the Village Hall.

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BRIDGERULE CHURCH OF ENGLAND SCHOOL

Everyone at Bridgerule Church of England Primary School has just returned from the Easter break after a very busy time last term. The school is developing closer links with the community and is welcoming more visitors to join us for a range of events. The Over 50's coffee club held one of their coffee meetings in the school hall and the children from both classes were able to meet them and make new friends. We also have held our second social lunch where our guests were the kind people who help run our clubs and support in our classes; Lizzie Davy, Barrie Williams and Lisa Pinn joined the children for lunch and had a guided tour of our school.

On the very last day of term, class 2 visited the Dinosaur Wildlife Park in Combe Martin as part of their topic learning based upon Dinosaurs. On the very same day, class 1 pupils made Easter cards and visited the residents of Southlands to share cards, Easter greetings and to take part in some soft ball activities. Both events provided the children with so many learning and social opportunities.

This term, the school's topic for learning is based upon the Olympics with the Olympic motto providing the title for the topic– 'Faster, higher, stronger.' We have many sporting activities planned both within school and with other local primary schools of our federation. Watch out for further news!

I would like to be able to offer a cooking after school club for our children, if anyone is interested in running this and enjoying the company of our children, please do contact me on 01288 381366.

We are very proud of our school and all that we offer our children. If you would like to have a tour of our school or come and visit, again, contact me on the above number.

Kind regards,

Jo Dymond, Acting Headteacher



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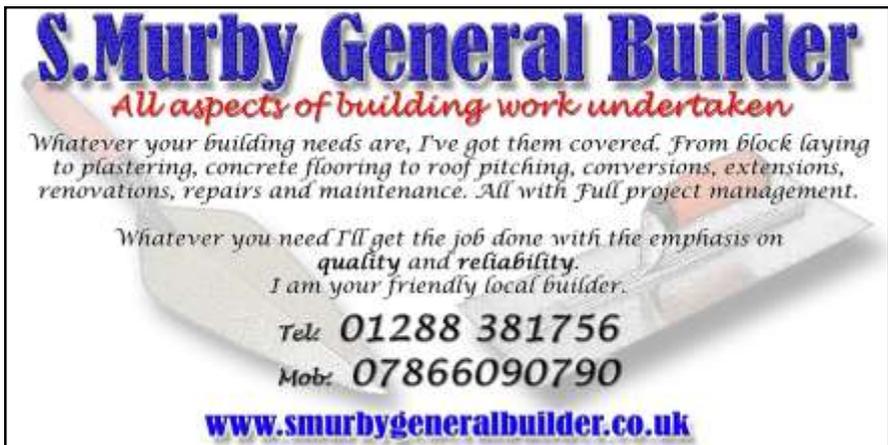


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Also those who did not wish to be named

WHAT'S ON IN OUR VILLAGE

Tuesday 8th May OVER 50'S COFFEE MORNING Parish Hall 10.30am

Wednesday 16th May Parish Council Meeting Parish Hall 8.00pm

Tuesday 22nd May OVER 50'S COFFEE MORNING Parish Hall 10.30am



ROYAL WINE AND WISDOM

Saturday 26th May - Parish Hall 7.00 for 7.30pm

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.Diamond Jubilee Celebrations Weekend

(see Posters and Letters)

*Exhibitions at Church / Family Tea, Entertainment and presentations
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Sunday 10th June OPEN GARDENS From 11.00am
See posters

Saturday 16th June CHARITY NIGHT From 6.30pm
Knowle Cottage Bridgerule

Tuesday 19th June OVER 50'S COFFEE MORNING Parish Hall 10.30am

Wednesday 20th June PARISH COUNCIL MEETING Parish Hall 8.00pm

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See what's happening in the village, local council meetings,
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