





Hi Everyone,

Christmas not far off!

Several fundraising posters in this edition of The Buzz requesting your support. I'm sure you will show it where and when possible.

Thanks again to Rose for her lovely Buzz covers and those that kindly deliver the Buzz to your door throughout the year keeping everyone in our community in touch with local happenings and beyond.

If you have anything that you think others would be interested to read in The Buzz please forward it to me by 20th November so that it is in time for our next issue.

I would also like thank you the readers of The Buzz for your support and pass on my Best Wishes and Good Health for 2026.

Sheila Cholwill Editor

Email: sheilacholwill@btinternet.com

Telehone: 01288 381350

BRIDGERULES BUZZING COMMUNITY = facebook page

'If you wish to promote an event in our village... want something ...or maybe have something for sale'

Just let Stacey Hillier Cholwill know and she will upload it on to our face book page'.

Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk















BRIDGERULE METHODIST CHURCH

FESTIVAL OF TREES

We welcome everyone on

06TH/07TH DECEMBER

To view our community
Christmas Tree displays
Saturday 6th December
12.00—6.00pm
Sunday 7th December

REFRESHMENTS AVAILABLE

2.00-6.00pm







BRIDGERULE METHODIST CHURCH

Services at 11.00am unless marked

02nd November Local Arrangement

09th November Remembrance Service 10.55am16th November United Service—Rev. Meg Slingo

23rd November At St. Bridget's Church

30th November Local Arrangement

o7th December 6.30pm Rev Meg Slingo

CAROL SERVICE amongst our Festival of Trees

21st December Clive Smale 28th December No Service







ST. BRIDGET'S CHURCH

SUNDAY MORNING SERVICES



02nd November Eucharist with Rev Alison Hardy 11.00am

09th November Remembrance Service 10.55am Mrs Mary Aicheler

16th November Joint Service at Methodist Church 11.00am

23rd November All Age Eucharist with Rev. Aliscon Hardy 11.00am

30th November Benefice Eucharist at Pyworthy Church 10.00am

07th December Eucharist with Rev. Alison Hardy 11.00am

14th December Morning Prayer with Mrs Mary Aicheler 11.00am

21st December Carol Service with Rev. Alison Hardy 6.30pm

24th December Family Crib Service 3.00pm

25th December Eucharist with Rev. Alison Hardy 10.00am

28th December Benefice Eucharist at Holsworthy Church 10.00am

Bridgerule Primary School News.



We are nearly half way through the Autumn Term with lots of amazing leaning going on.

The whole school has been immersed in the story of *The Journey* by Aaron Becker. Pupils across all year groups have been engaging in a range of creative activities inspired by the book, including their own writing, artwork, and editing. It has been wonderful to see the children's imaginations come to life as they explore this beautifully illustrated, wordless book.

Class 3 have thoroughly enjoyed learning about Medieval Monarchs this term. They've been exploring the fascinating lives and legacies of rulers from the past, and are now channelling their knowledge into exciting creative homework project. We are looking forward to seeing it all come together when the children showcase their projects to parents at our event later on in the term.

Class 2 have been thoroughly enjoying their topic on the Romans this term. They've been delving into Roman history, learning about daily life, Roman soldiers, and even ancient inventions. They are looking forward to celebrating all they have learnt with a special Roman Day later in the term. Class 1 had a fantastic morning out exploring our beautiful village. Their visit to the wonderful Bridge Mill was a highlight, sparking lots of curiosity and discussion. The children thoroughly enjoyed seeing familiar places from a new perspective.

Autumn is a magical time in Nursery, and the children have been making the most of it. They have loved exploring the outdoors, searching for seasonal treasures like crunchy leaves and having fun lifting the heaviest pumpkin! There has been lots of excitement around experimenting with paint and mixing colours inspired by the autumn landscape.

We are looking forward to welcoming parents and carers into school soon to share our harvest feast created by the children where we can celebrate together the foods of our harvest and all that we are grateful for. Our wonderful FOBS committee are running a wreath making evening on Wednesday 3rd December. If you would like to come along, please contact Gemma Furse.









New Year's Eve Record hop

BRING IN THE NEW YEAR WITH US !!

FREE EVENT!

Bring a plate of food to

NO BAR -free tea and coffee

Bridgerule village hall EX227DY

8pm - 12:30 am

More info text Jackie on 07533353388 Email freewayalbus@mail.com WORLD CHAMPIONS

England's Women Rugby Team
With unstopable grit and grace,
you've conquered the world stage.

YOU'VE MADE HISTORY. YOU'VE MADE US PROUD.



Katherine Celebrates!

I was born on Christmas Eve 1975 at Freedom Fields hospital, Plymouth and this year I will be celebrating my 50th birthday and for all of that length of time I have lived in Bridgerule and I feel really lucky to have lived and brought up my family in the village. I have watched my boys enjoying the same carefree childhood which I had.

I grew up at Merrifield Farm with my mum and dad (Ken & Liz James) and my brother Simon. I lived next door to my grandparents and as my mum and dad



had moved from Oxfordshire before I was born, most holidays I would have visits from my cousins which I loved. Growing up on the farm, I remember endless summer holidays, days of silaging and hay making, feeding the calves and although we didn't have holidays I never ever felt that I had missed out. We would visit our family In Oxfordshire and Hampshire and my dad would take us to Widemouth Bay regularly, who needs to go any further.

I went to Bridgerule Primary school, in the days when a swimming pool was still there. I loved taking part in school plays and maypole dancing. I went to Sunday school and I can always remember Chapel Anniversary where we would all learn and recite poems. The chapel would be full, and I loved singing the songs as well.

Growing up in the village, the carnival was always a really big deal with lots of events leading up to the main carnival procession on the Saturday night and then a disco. I was an attendant to the Carnival queen when I was about 5 years old and then I was Carnival Queen when I was 9. I loved my peach dress with matching knicker-bockers - leading the procession and



waving to the crowds that had gathered. I really felt like a queen. It was extra special as both sets of grandparents.

Through the years I have always been involved in village activities. My family and other neighbors put together carnival floats including Mary Poppins and Chitty Chitty Bang Bang which had to be fitted around my parents working on the farm. I have helped on various committees over the years including the carnival and at the school on fundraising. I also played pub skittles for many years and ended up being pretty good!

After leaving Primary School I went to Holsworthy Community College where I have met some lifelong friends. After completing GCSEs I went to North Devon College and did A levels. I really wasn't sure what I wanted to do as a career, I knew my dad was keen that I went to university but it wasn't for me.

I ended up starting a career in the Civil Service and 30 years later I'm still there. I met my husband Kelvin in 1992 at Widemouth Manor. We both share a love of watching football although he supports Man Utd and I am a West Ham supporter.

We got married at St Bridget's church in September 1996. We were fortunate to have a piece of land gifted to us and built our own home next to my parents at Merrifield. How lucky am I to have lived and been brought up in a place which I love.

Kelvin and I had our first son James in April 2004. James, now 21 years old has recently graduated with a 2-1 in biology and has further plans. We always wanted to expand our family but life doesn't always go to plan. After much heart break I had given up on the idea of having any more children and started to plan



for my 40th birthday. To my surprise I found out that I was pregnant at 40! Jack was born prematurely in May 2016 and he really is a gift. I am truly blessed to have had both of my boys. I haven't travelled far and to some

my life may seem boring but I am really proud of the life that myself and my family have built in Bridgerule, so definitely will be celebrating my BIG birthday.

Kelvin, James, Jack and Mum and Dad wish Katherine a very happy birthday 50th birthday

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EMILY SKERRETT

Email: ems1982a@gmail.com

Tel: 07828947545



Tuesday from 2.00pm
Contact Alan on 07393305655
Email: quilts@hotmail.com





ART AND CRAFT CLUB

Wednesday afternoon
Contact Kath on
01288 381459 / or
Kathwhatmore@gmail.com

BRIDGERULE DOG CLUB

Wednesday AM and Friday AM Jane: 01288 381085/07500708650 Maggie: 07979853547



SHORT MAT BOWLS

Friday from 2.00pm Contact Scott on 01288 381459



A Taste of Trevibban:

Bridgerule Ladies' Vineyard Adventure arranged by Lorraine Shaw October 10th marked the second outing for a lively group of ladies from Bridgerule, and what a wonderful day it turned out to be!

We began our day at the Bridge Inn, where Pam kindly opened up early to send us off in style. With our trusty chauffeurs Sam and Steve at the wheel, we set off on our journey to the beautiful Trevibban Mill Vineyard. Upon arrival, we received a warm welcome from the owner, who guided us on an insightful tour around the vineyard.

We learned about the different grape varieties used in winemaking, the changing seasons, and the importance of ground maintenance and planting. A bit of fun came when Emma Hosie won a bottle of wine for guessing (surprisingly accurately!) how long it takes to plant 11,000 vines — she guessed four hours, while others guessed anything from several days to five weeks! Next, we explored the winemaking facilities, including the gleaming stainless steel presses and vats, surrounded by crates brimming with sweet, tiny grapes. After the tour, we settled down to enjoy a delicious spread of olives, bread, and beautifully arranged charcuterie boards. Of course, the highlight for many was sampling five of their wines — all except our designated driver Sam, who nobly abstained. A few of us couldn't resist taking some of the vineyard's delights home with us.



The Magic in our Stars

By Susan Das

As a little child growing up in the seaside town of Frinton, I can remember holding my father's hand as I gazed at the night sky. I was fascinated by all those pinpricks of light dotting the dark sky above. I think we have a lot to thank our ancestors for. They tried to make sense of the beautiful stars as they wheeled around in the heavens above us. Our forebears often explained their observations through story telling. Thus bringing the night sky to life. It was the first step in making charts and maps that travellers could use to navigate vast oceans and distant lands. After all, our own Bible story began with the sighting of a single brilliant star — the Star of Bethlehem, that we all know guided The Three Wise Men to a straw-laden manger.

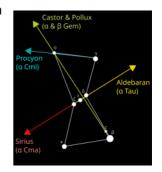
My own interest in planets and stars was re-ignited a few years ago. It was a chill autumn evening in a Canadian National Forest. Gautam and I were sitting around a crackling fire with family and friends sipping hot chocolate. Someone opened an iPad, and with a few clicks, a map of the cosmos appeared. Now, some of the twinkly dots in the sky above began to have names. My curiosity was piqued, and as luck would have it, the timing coincided with an astronomy course. I took the plunge and became a participant in this global online group. Thankfully, we were all novices, with a similar level of understanding. Our subject was — The Constellation of Orion.

Let us begin with Orion.

As with most mythological characters, there are many threads to this story. In Greek folklore, Orion was a giant, as well an excellent huntsman. But he was arrogant, even boasting he could and would destroy every single living creature on earth. This angered Gaia, the

earth goddess. So much so, she went and found a scorpion to kill Orion. The conceited giant underestimated the scorpion's power, and succumbed to its poisonous sting.

The delighted Gaia, rewarded the scorpion by creating the Constellation of Scorpio. In a final twist of fate, Gaia placed the scorpion's constellation just behind that of Orion.



Now it looked as though the hunter would forever be the hunted. Orion, has a distinct pattern of 7 stars — 4 create a basic rectangle, finishing off, with a belt of 3 stars, creating the final hourglass shape. On a clear moonless night, you can see the whole sweep of stars that make up the constellation. In the northern hemisphere, Orion is only visible during the autumn and winter months, when it crosses the darkened sky from south-east to south- west.

There are many bonuses to living in Bridgerule, one of which is the absence of light pollution. This makes it easier to see stars, planets, shooting stars, constellations and man-made satellites. Even The International Space Station (ISS) can be seen as it orbits the earth. All are visible with the naked eye. There is no need for expensive telescopes or binoculars.

The Constellation of Orion The 7 stars gives Orion its distinctive shape. Of the 7 stars, all are blue-hot or blue/white- hot gas giants with one exception. And that is the colossal red supergiant Betelgeuse, which sadly is dying. Estimated to be around 10-14 million years old and 700 times bigger than our own Sun, this supergiant began life, in the same way as the other 6 smaller stars. Though they also produce immense amounts of heat and atomic energy, Betelgeuse went overboard. It produced too much, too quickly. Having exhausted its ability to create any more nuclear power to maintain its supergiant size, it has entered the terminal cooling stage, signifying that this leviathan is on its way out. The end is nigh, though this final phase will take around 100,000 years or so. Betelgeuse is now condemned to a final fateful, destructive gasp, when it will explode, producing a spectacular night show — a Supernova.

But not to worry. We Earthlings are some 500-600 light years away. And considering just one light hour equals 1.1 billion kilometres, we should be pretty safe! Rigel, Saiph and Bellatrix, at some distant time in future, will follow the same explosive fate of Betelgeuse. So if you do pop outside to check the night sky, do wrap up warm. And here's the good news — due to the earth's rotation, Orion will start appearing earlier and earlier. So by late winter/early spring he will be visible to you from about 8pm. Don't forget your iPhone and take some nice pictures to display in the village hall. NASA www.nasa.gov Apps GolSSWatch Stellariium Nightsky.

Tilley's Coaches took the Coffee Club recently on a Mystery Trip.

We firstly travelled to Wadebridge for Coffee at the newly built Barnicoats Bakery and Café. Well worth a visit and it can be found very close to Tesco.

We then travelled all the way down to Hayle and had lunch at The Gold Centre.

After lunch the coach travelled back up to the Farm Shop at Delabole via the coastal road for afternoon tea and cake. Views we saw were very special and a wonderful trip was had by all. Everyone trying to guess where we were going. No one guessed that we would travel that far, with Penzance only a stones throw away! Well done the Tilley Family.



The Farm Shop at Delabole

SHEILA'S MENTIONS

HAPPY BIRTHDAY EVERYONE:

Pauline Natham 14th November Winnie Westlake 24th November Sally Quilter 24th November Barry Lucas 8th December Colin Cholwill 10th December Kelvin Davev 10th December Mary Bryant 10th December Kathy Whatmore 13th December Sylvia McDougall 20th December Chris Hitchings 24th December Scott Whatmore 31st December





We were saddened to learn of the passing away of Helen Morland who lived on The Green.

Our thoughts are with her partner, daughter, grand-daughter and grandson who reside in Watford.

The funeral will be at Bodmin Crematorium on Wednesday 29th October at 14:30pm

Our very best wishes go to Maria Cursons and hope that she is now feeling much better.



Neighbourhood Watch Notes

How often do you get a phone call from a withheld number? Why should anyone withhold their phone number? I know the doctors you can withhold - but a well-known business? I checked out the business that had made a withheld number call. They have agents and sub-contractors working for them who use this facility for their operations. Still, it sounds queer because you can't call them back if interested.

It is almost as bad as the bank security scam phone call telling you all sorts of lies from a mobile phone number. Do not for any reason give out your PIN number or bank details to anyone who phones or emails you. If you think you have been scammed phone 159. That will give you the chance to speak to the fraud department of the bank you need to talk to. Just say the name of your bank.

Christmas is coming and the goose is getting fat - but be careful if you want to put a penny in the old man's hat. Not many organisations now give you the opportunity to drop coins into their tin or box if in the streets or supermarket. It seems to be sign up for amounts per week or month. A more regular source of income.

But Christmas brings its own problems and opportunities for the thief. Keep your gifts out of sight in the car, and do lock it. Thieves are looking for gifts as well and they don't mind whose they take.

Cars, vans, tractors or quad bikes go missing from yards or fields or barns. Do lock up. So little fuss just to take a few seconds rather than the hassle caused if its gone or broken into.

And much the same goes for your purse, handbag, wallet or phone. Nowadays it's all on your phone so keep it secure and don't wave it about out in the big wide world. Who's looking?

Enjoy the coming festivities from Halloween to fireworks and bonfire night but don't get troubled, but consider other folk and pets. Be careful at Christmas and the New Year. Remember 999 if it is needed or 101 if otherwise. See you in 2026

John McDougall 01288 381237 Co-ordinator

More change is on the way

It's a fast-moving world and many things occur so quickly these days, no sooner I have written an article, something turns up to be a topic of news which warrants further consideration.

One such issue is the possible introduction of ID cards in the UK, but that apart, there is the issue of EES (European entry/exit system) which came into effect on 12th October 2025. Travellers into Europe will be required to undergo facial recognition and finger print checks at each port of entry. So, planning a holiday to all European countries in the Schengen area will be required to undertake a biometric registration. I addition and for the next 6 months, whilst the scheme beds in, passports will be checked. After April 9th 2026 things should become easier for those previously registered within the system. But expect some delays through passport control in the short term.

I opened my emails the other day and found that my TV licence had expired because my direct debit had failed, I had a parcel pending delivery as the postage was insufficient. The DVLA had no record of payment for my car tax and I should send payment immediately and I had won the lottery and on sending the tax element in USD I would receive 100 thousand USD by return.

My MetaMask wallet had been comprised and Ms. Nazira Elishat Samaan from Syria, wanted to make me an important business offer I couldn't refuse. Furthermore, my Netflix account had been suspended, which I should reactivate immediately by paying an appropriate fee (I don't subscribe to any of these!).

moor, Dartmoor and Bodmin or a few thousand mini nuclear reactors



I wrote back to the DVLA, BBC and Netflix through the links sent if they would care to contact the American lottery company, I am sure they would happily pay my unpaid dues out of my lottery winnings. (However, MetaMask is a new one on me!)

Recently Donald Trump introduced 150\$Billions of Tech Company investment in the UK to build new Al data banks. I just wonder where they are to get the electricity from to power such high demand systems, watch for more solar farms to be built or several thousand wind turbines to grace Ex-

are to be dotted around the countryside.

A report has been issued by the executives of ChatGPT the widely used Al system which identifies 44 jobs most likely to be replaced by an Al system. Most relate to office based clerical and technical jobs, but as most of the Banks have closed, I wonder what or who may be next to find their service discontinued. High on the list are sales operatives, healthcare workers, computer analysts, estate agents and lawyers. However, the biggest employer in this area is the civil service. I wonder how that will affect the average council tax payer?

For computer help and advice Tel: Brian Meadows on 01288 381061

Derril Water Solar Park Update



Although Derril Water Solar Park is now connected to the grid and exporting some power, there still remain some final tests to be completed before it is fully operational. The team on site are working very closely with NGED (the local grid operator) to complete these tests and the simulations they have carried out indicate everything is in place.

In anticipation of finishing works on site the team have been reseeding the areas of disturbed ground and doing a general tidy up around the site.

As the vast majority of the engineering works are complete the number of personnel on site has reduced significantly, so things will feel a lot quieter compared to the peak of activity a few months ago.

As always, we would like to thank everyone in the community for their patience through the construction phase of this exciting project that is owned by over 9,000 households from across the UK. Please see https://derrilwater.com/ for more details.

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Bridgerule Coffee Club meet on a Tuesday Morning every two weeks. The next one is on 4th November 10.30am. Sheila, Audrey and Christine welcome you. All profits donated to our hall funds.

THANKS FROM TOBY AND GILL



Thanks from Gill Hedley and her grandson Toby, to everyone who helped him personally raise £165 with his bird boxes towards the £20000 that the Port Emmett Explorer Scouts needed for their trip to Switzerland.

It was a great experience and has boosted Toby's confidence and abilities.

THANK YOU

BRIDGERULE COMMUNITY SHOP UPDATE

In this last edition of the year (are they going quicker or is it just me?)
I would like to thank all our volunteers and our customers for their great support.

Since we opened we have sold over 80,000 items. Think how many car miles we have saved you doing and more importantly a great shopping experience in a friendly environment.

Have a great Christmas & Happy New Year

Time to get baking!! We've got the ingredients for the best Christmas cake ever.





Christmas Opening Hours

Christmas Eve 9.00am – 4.00pm
Christmas Day – Closed
Boxing Day 9.00am – 12 noon
27th December to January 1st inclusive 9.00am – 12 noon
Thereafter normal hours.

A few useful telephone numbers perhaps:

Holsworthy Medical Centre 01409 253692

Stratton Medical Centre 01288 352133

Holsworthy Hospital 01409253424

Stratton Hospital 01288 287700

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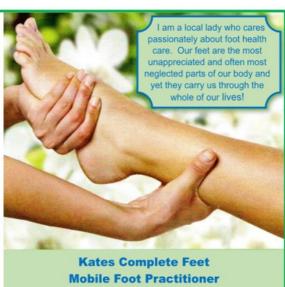


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Email: KatesCompleteFeet1@gmail.com

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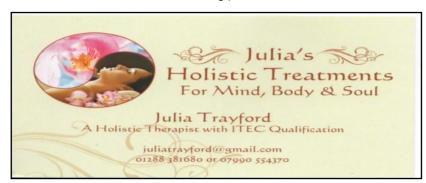
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Do you need help with food? Torridge is working with the Northern Devon Foodbank, Bideford to provide essential help to those who need it the most this winter. Please see the application process below. **Contact Torridge District Council** 01237 428700 - Option 9 customer.services@torridge.gov.uk You will be issued with a voucher number to take to your nearest Trussell Foodbank (Bideford or Holsworthy in Torridge). Foodbank contact details and locations 01237 422243 or 07422 651252 Bideford - Supreme House, Pitt Lane, EX39 3JA Holsworthy - Manor Suite, Memorial Hall, EX22 6DJ Visit northerndevon.foodbank.org.uk for more locations Torridge





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