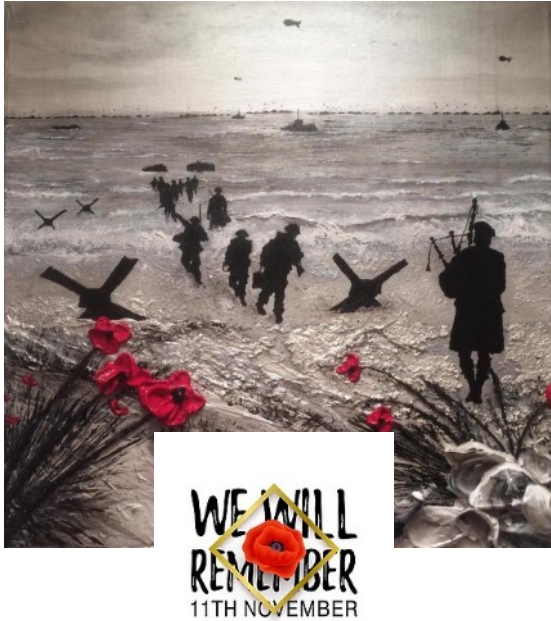


THE BUZZ



NOVEMBER/DECEMBER 2021



Dear Buzz Readers,



No door to door Poppy Collections again this year but there are boxes in our shops and stores we can donate in. Your gifts are wanted more than ever and of course wear your poppy with pride. Rose is going to do her display by the chapel railings once again. Thank you Rose.



Its good to see that there are a few events at last advertised in this issue of The Buzz that we can if we wish to, take part in.

A little early but my best wishes go to everyone for a lovely Christmas and New Year.

Sheila Cholwill Editor

Telephone: 01288 381350

Email : sheilacholwill@btinternet.com

WINE AND WISDOM QUIZ

**FUNDRAISING FOR OUR
VILLAGE SHOP PROJECT**



SATURDAY 20TH NOVEMBER

BRIDGERULE VILLAGE HALL

7.30PM TO START

TABLES OF 6 - £5 EACH

RAFFLE

**PLEASE ENTER YOUR TABLE TO SHEILA on 01288 381350
by 13th NOVEMBER**



Fireworks Display

at Newacott House, Bridgerule, EX22 7EA

Friday 12th November 2021

Gates open 6.45pm, Display Begins 7.30pm

Admission £5, Children under 12 £3, Under 5s Free

Family Ticket (2 adults and 2 children) £12

To book your tickets telephone Mrs Harris 01288 381329

Pasties and Hot Drinks Available

Parking at Highlands or minibus shuttle service from Bridgerule
Parish Hall

All proceeds for St Bridget's Church, Bridgerule

Birthday Surprise!

My birthday surprise started back in May this year when I started to experience light headedness together with faint palpitations and an erratic pulse. As I have had a pacemaker for 8 years and these episodes only lasted about 10 seconds and were sometimes days apart I wasn't too concerned. My pacemaker had had its 6 monthly checks in April. I did try to contact the ECG department but was told I wasn't on their list of patients.



Over the next couple of weeks, the episodes increased in numbers, so I insisted on seeing my doctor face to face. An ECG didn't reveal anything but my doctor referred me to the cardiology unit. Initially of course it was a phone appointment but the consultant was very thorough and booked me in for further tests. Unfortunately, before the tests materialised, I had a particularly bad episode after a week of strenuous work. After calling 111. I was told to get to A&E at Barnstaple. This resulted in me being kept in hospital for 3 days where a check was carried out on my pacemaker and showed no problem. I was eventually discharged and was told I would get an appointment for 48 hours monitor and an echogram.

The appointment came to collect the monitor 10 days later and to return it after 48 hours. As I had not received an appointment for the echogram, I contacted the consultant by telephone and it was arranged for me to have the echogram when I returned the monitor. The technician was not happy with the results of the echogram and telephoned my consultant, which happened to be a Sunday and said they would look at the results Monday morning. By Tuesday I had not heard anything so contacted the consultant again, who said the chief consultant was away for the week and they weren't too concerned but they would probably organise an angiogram in a few weeks' time and that as long as I felt ok I could continue to drive and go away to Sussex for a week to see our families.

As I was feeling ok, but still experiencing the episodes, we decided to travel on my birthday the following Monday to Sussex for unknown to me, a surprise party with family coming from various places. So at 10 am we set off for the 200 mile journey, car loaded with all our baggage and Bella (our lovely 13 year old dog).

I forgot to mention on our front door we have a cctv camera, which is linked to my phone. East of Honiton my phone beeped a couple of times and my wife looked at it and said there were 2 missed calls from a Barnstaple number. While at Eype, where we stopped for a toilet break I also noticed a answerphone message which I played only to find out it was a registrar asking me to call him urgently. I was put through immediately and he said I needed to go straight to Barnstaple hospital as they had looked at my monitor results and it showed I had over 500 episodes and my pacemaker was not working correctly. What he hadn't told me was he tried my home number as well and after getting no reply had put emergency things in motion.

As we were about 90 miles from home and then a further 40 miles from Barnstaple it was obvious that a diagonal route across country would be a lot quicker, but what to do with Bella was the next problem. Remembering our friends were at an Exeter hospital for some checks we contacted them and arranged to meet them there so they could take Bella back with them. So, after receiving the first missed call at 10:45 we eventually arrived at Barnstaple hospital where I was directed to the A&E for Covid checks at 15:45. As Lyndsey was not allowed in, she went to wait in the car only to get to the car park and came to the assistance of a man who had collapsed. Guys always marry an ex-nurse.

I eventually saw the triage nurse at 16:10 and while going through the normal checks with her, my telephone beeped twice and of course I couldn't answer it until I returned to the waiting room. I saw on my phone that the front door bell had rang so I played the video back only to see 2 paramedics and 2 firemen banging on our front door and shouting through the letter box.

Unfortunately, the video only lasted 30 seconds as I had removed motion detection to save on battery life. I went live on the telephone 15 minutes after the event but couldn't see anybody. At that point they must have all been around the rear of the house. For peace of mind I called our friends who picked up Bella and asked them to go round and check the house. On arrival and getting past the road block of emergency vehicles he arrived at our front door just in time to stop them breaking the front door down. Panic over!

Outcome was I had 3 more days in hospital and the pacemaker was found to have a faulty circuit which has now been bypassed. The pacemaker technician told me in hospital that if I had spoken to them back in May then they could have sorted it straight away.!!!

Moral of this story. Answer your phone as soon as it rings. And don't be fobbed off with telephone appointments if you genuinely are not well.

Brian Beadle



**Bell ringing at St Bridget's Church takes place on
Tuesday evenings 7.30 - 9.00 p.m.**

**If you are interested in learning or would like to come along
to see how it works you will be most welcome. If you would
like more details please ring 01288 381247**

OUR FIRST RING AND RIDE EXPERIENCE!

We were picked up on the road by our home about 10.00 am. and greeted by a friendly driver with a green beard. The colour apparently changes frequently. The little bus is a 13 seater - double seats to the right and 4 single seats on the left. We paid our fees - just £8 each for a superb trip to Trebarwith Strand and lunch at The Mill (this was extra) then an hour spent looking round Port Isaac. It has to be said not a good choice for some of the ladies who had 'walkers' and found the slope down to the harbour area of Port Isaac a bit too much so you need to choose your trips to suit your abilities. We were home just after 4.00 pm and apparently we could be the first ever to be picked up from Bridgerule - it was mostly Holsworthy men and ladies on board but we thought it really good value and an excellent day out. Unfortunately masks worn inside the vehicle wasn't good for making conversations but in the Pub later we shared a lot of laughs and got to know several - it was all very friendly.



Betty ... what can I say about Betty !!!!! We shared a meal table with her at The Mill - Trebarwith - a lovely lady with snow-white curly hair and a wicked sense of humour. She introduced herself as an 88 year old deaf lady ... who could only choose 2 items to bring with her - a mask - her reading glasses - or her hearing aids she chose to leave her hearing aids at home !!!! The conversation was a little tricky to say the least - some bits she missed completely - and some sentences/subjects didn't always follow as they should. Sadly her husband had died about 17 years ago and this was a brave 'first' for her - a trip out on her own. When Chris paid for our meals Betty lent over to me and with a saucy grin asked if she could borrow him and after a bit of thought she asked... how long did I think he'd last !!!!! From then on it was a laugh a minute. She was an amazing find - on a really enjoyable day out.

We've had fun - a great time.

If anyone is interested you need to register at the office - The Carroll Suite, Holsworthy Memorial Hall, 01409 259001 - Chris thinks we paid £3.00.

email - info@holsworthyruraltransport.co.uk You get sent a Newsletter of future trips. **Chris and Rose Hitchings**

It is in the BUZZ - 'No Transport ?' PICK ME UP - page 33.

WINTER WARMTH & WELLNESS FAYRE 2021



*Positive Mind
Positive Vibes
Positive Life*



Bringing together amazing spiritual & wellbeing products and experts from our local area!

A FUN DAY FOR ALL THE FAMILY, INCLUDING:

Interesting Stalls with great Christmas pressie ideas!
Alternative Medicines, Live Yoga demonstrations, Reflexology,
Indian Head Massage, Card Reading, Psychic Healing / Medium,
Reiki Healing, Refreshments and much more....

SATURDAY 4TH DECEMBER 2021

10.00am - 4.00pm

Bridgerule Village Hall, Bridgerule EX22 7DY

FREE ENTRY

Would you like to run a stall supporting Devon Air Ambulance Trust?

Contact Lorraine on 01288 381345 or
visit our Facebook Page: Winter Warmth & Wellness Fayre 2021

ROAD CLOSURE

Please remember:

**BOROUGH CROSS
TO LITTLEBRIDGE CROSS
will be closed from
15th—23rd November**



**MUTLEY CREW DOG CLUB (K.C. Listed) AND SOUTH WEST
HOOPERS**

Obedience Classes at Bridgerule Village Hall



Training for all breeds of dogs from puppies to veterans.

Kennel Club Good Citizen Dog Scheme

**Wednesday Mornings from 10.30-11.15 – Puppies and Beginners £3
11.30-12.30 Improvers and Advanced £3**

**Wednesday Evenings 6.30-7.15 p.m. Puppies and Beginners £3
7.30- 8.30 p.m. Improvers £3
8.45- 9.45 p.m. Advanced £3**

Friday 10.30-12.30 Rally Obedience/Play for all levels £3

Hoopers for all levels (dogs must be a year old) at Bridgerule (in a field)

For Hoopers information Tel: 07905 359011 (Margaret)

***For Obedience on a Wednesday/Friday—information or to book
Tel: 01288 381104 (Chris)***

Or see us and message us on Facebook –Mutley Crew Dog Club



JOHNNY COWLING

**PLEASE PUT THIS IN YOUR NEW DIARIES
BRIDGERULE VILLAGE HALL**

THE CORNISH BOY IS BACK AGAIN

FRIDAY 6TH MAY 2022

DETAILS LATER

PROPER JOB!

Remembering Fran and Jill!

Some Buzz readers will remember Fran and Jill formerly from Southfields who now live on the Isle of Islay in Scotland and who send their love to everyone.

Jill says they're making new friends all the time and Audrey and Jonny are 'Islay Gin' (previously known as Nerbus Gin) so when they help their friends out at any time they get paid in gin - which they are very happy about.

Jill's golf is still pretty wayward - losing balls at every hole and gets asked back at the club house 'how many balls did you lose today?' so Jill is under a lot of pressure because Fran is shooting straight and getting further and further - plays a better game.

They have recently taken up wild swimming and invited others to join them. Fran and Jill still request a copy of The Buzz sent to them and are hoping to pass through Bridgerule next year on one of their travels.

CHRISTMAS CRAFT FAYRE

BRIDGERULE VILLAGE HALL

THURSDAY 25TH NOVEMBER FROM 6.00pm



Make a start to the festive season with this social evening.

Local crafts, cards, and an array of gifts for Christmas or any occasion.



There will also be mince pies & mulled wine for that festive feeling.

Tea, coffee, cake, cheesy chips & hot snacks available, so come straight from work and eat out too.

**For further details or to book a stall please contact
Andrea Shadrick via Facebook or 07495 695783**

Proceeds for Tetcott Hunt

SHEILA'S MENTIONS:**Birthday Wishes to:*****Lyndsey Beadle for the 3rd November******Pauline Latham for the 14th November******Winnie Westlake for the 24th November******Sally Quilter for the 25th November******Barry Lucas for the 8th December******Colin Cholwill for the 10th December******Kelvin Davey for the 10th December******Mary Bryant for the 10th December******Ray Wallace for the 19th December******Sylvia McDougall for the 20th December******Katherine Davey for the 24th December******Chris Hitchings for the 24th December***

Our best wishes go to ***Sheila Gatland of Southfields.***

Welcome and Best wishes go to **Bob and Ellie Mitchell** who now live on Littlebridge Meadows and to **Colin and Helen Pimlott** who now live at Starmont.

Congratulations to Chris and Rose Hitchings on their Golden Wedding Anniversary and to Colin and Fi O'Reilly on their recent Ruby Wedding Anniversary.

Help Please:

3/4 volunteers are being requested with strimmer's in hand to help tidy the piece of land where residents like to walk by the river. It is getting a little overgrown. Please ring David Hale on 01288 381351 if you are able to help.

Neighbourhood Watch Notes

Halloween and all that is now finished, and I hope that there has been no problem with Trick or Treat. Bonfires and fireworks are next - witches watch out !

Do remember to keep your pets in or away from fear.

Then Christmas is coming and shops etc hope to make their money, and you hope to keep what you have bought. Keep your purchases safe and hidden from view, especially in big car parks where no one knows whose car is who's.

Scams will no doubt flourish over the holidays so stay alert.

If you ain't joined you can't win.

No respectable business will ask you for your PIN number or to hand over your card. Don't do it.

If the phone call says your bank account has been raided and you need to do this that and the other. Wait and phone 159. Just 159. The response offers several banks, or if yours isn't mentioned press zero.

This system puts you through to your bank's fraud reporting team.

You may also have heard of dialling 888 but this, I believe, is yet to become fully functional.

Now, as always, take care of your stuff and don't let anyone in to your property unless you know them. Keep your goods hidden from view in the car, hold tight to your money.

If you spot a crime being committed ring 999.

You can contact the police when it's not an emergency by phoning 101 but it's quicker using "101@devonandcornwall.pnn.police.uk" or "torridge@devonandcornwall.pnn.police.uk"

You can be get the Alert notices through contacting "www.neighbourhoodalert.co.uk".

As always if you need to talk to someone there is The Silver Line for over 55s at 0800 470 8090, or email "thesilverline.org.uk" or there is "childline.org.uk" on 0800 1111.

Let's hope that you don't need the domestic abuse help-line on 0800 200 0247, or even Samaritans on 116123.

Do keep alert and have a safe Christmas and hope that the New Year is better.

John McDougall Tel: 01288 381 237





RECENT WEDDING OF MR AND MRS QUILTER



Sally and I would like to thank all who came to our wedding for making our special day so memorable. It was truly a perfect day, despite the rain, and everything worked as we had hoped. We would also like to offer a big thank you to Glebe House for providing such a perfect venue. I hope everybody enjoyed it as much as we did!

Alan and Sally Quilter

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TEL: 01288 381 802 MOB: 0746 058 6936



Darren Cornish, a qualified instructor recently gave a very informative refresher basic life support course including Cardiopulmonary Resuscitation at the village hall.

17 members of the public received a signed certificate from Darren for completing the course.



BRIDGERULES BUZZING COMMUNITY = facebook page



*'If you wish to promote an event in our village...
want something ...or maybe have something for sale'*

*Just let Stacey Hillier Cholwill know and she will
upload it on to our face book page'.*

**Stacey is on 01288 381843 or email her on
shillier357@yahoo.co.uk**

THE METHODIST CHAPEL

HARVEST FESTIVAL



The Methodist Chapel celebrated its Harvest Festival recently. The chapel was beautifully decorated by ladies of the chapel. The Sunday service was taken by Mr. Courtney Drew and Mr. Mark Shears took the Monday Evening service. Light refreshments followed this service and Courtney very kindly auctioned the donated items. £487.50 was raised for chapel funds. Thanks goes to everyone who contributed to the celebrations.



BRIDGERULE METHODIST CHURCH

Welcome you to their SERVICES FOR
NOVEMBER/DECEMBER

7th November 11.00am No Service
 14th November 11.00am Rev Simon Leigh - Remembrance
 28th November 11.00am Mrs. Pat Knight
 5th December 11.00am Barry Bryne
 19th December 6.30pm Rev. Neal Street— **United Carol Service**

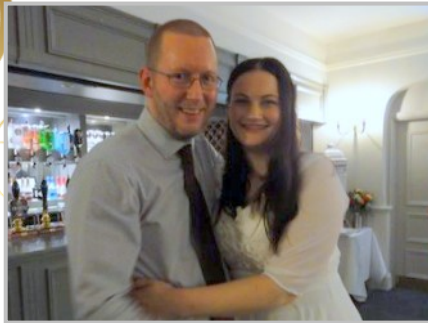
To include ITEMS BY THE TAMARSIDE SINGERS

Followed by Mince Pies, Teas and Coffees



ST. BRIDGET'S PARISH CHURCH
SERVICES NOVEMBER / DECEMBER

7th Novmber	11.00am Morning Prayer
14th November	10.55am with Act of Remembrance
21st November	11.00am Joint Service with Methodist Chapel
28th November	11.00am Ecumenical All Age Eucharist
5th December	11.00am Morning Prayer
12th December	11.00am Sung Eucharist
19th December	6.30pm Joint Carol Service at Methodist Chapel
24th December	3.00pm Crib Service
25th December	11.00am Sung Eucharist



The wedding took place recently of Martin and Helen Green at The Falcon Hotel Bude. Family and friends joined in their celebrations and were later entertained by Callum Flew. The couple have their home at Southfields Bridgerule.

PLEASE NOTE THAT OUR POST OFFICE HOURS AT BRIDGERULE ARE
NOW FROM **9.00AM –11.30AM**

IF YOU BANKED AT LLOYDS HOLSWORTHY— THE POST OFFICE CAN
MEET YOUR BANKING NEEDS SUCH AS CHEQUE DEPOSITS AND CASH



BRIDGERULE

Open Mondays 09.00am—11.30am

VILLAGE HALL

- Cash Withdrawals
- Home

Shopping Returns

- Cash Deposits
- Car Tax
- Cheque Deposits
- Drop & Go
- Postage
- Stamps
- Parcels
- DVLA & Licences

.....and so much more!



BRIDGERULES BUZZING COMMUNITY = facebook page

*'If you wish to promote an event in our village...
want something ...or maybe have something for sale'*

*Just let Stacey Hillier Cholwill know and she will
upload it on to our face book page'.*

Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk

**GOLDEN WEDDING
OF
CHRIS AND ROSE**



Chris and Rose Hitchings met at Cheltenham Town Hall at a dance. Rose says - our second date was me asking Chris to come to blood donors with me - he has since given 79 donations. We were married at St. Philip and St. James church - Hucclecote - Gloucester on 25th October 1971. Our son James was born 15th September 1973 - in Weymouth where we lived at the time.

We chose a Monday to get married because the Vicar wanted to watch an important Gloucester rugby match at Kingsholm on the Saturday - and it suited us. No honeymoon - we drove straight to our flat in Weymouth where Chris started his new job as a qualified Weights and Measures Inspector (now Trading Standards Officer) the following week. We decorated our new flat that first week.

HOW TIMES HAVE CHANGED (we had a 'time capsule' of sorts where I kept all sorts of receipts and rubbish - and decided it was too interesting not to bring with us to Bridgerule)

The reception was held at Roses' parent's home - there were approximately 30 guests . For a Cold Fork Buffet which included cold roast rib of English beef - leg of pork - sugar baked gammon - assorted salads etc. - with fruit salad and dairy cream - 2 choices of gâteau - cheeses and coffee - **93p per person !!** This included provision of all crockery and cutlery. The **wine service was based on £6 per 100 guests** and a glass hire of 18p per dozen. **Wedding cakes could be supplied at prices from £6 to £20.** My Dad being Welsh and always very 'careful' with his money thought this was extortionate.

My wedding ring cost £9 - my bouquet was £5.50 and Bridesmaid's posy was £2.10. The wedding dress was £14 - a sale item - and unusually Chris came along to help choose it !!!!!



Chris, Rose and Son James

A new email threat worries experts

There's a new email scam threat appearing in inboxes and it's like nothing that's been seen before.

Gmail and Outlook users are targeted with messages that large purchases have been made via Amazon, Paypal, Facebook and WhatsApp and it uses a new way of targeting consumers with convincing messages and official logos.

This is a slick operation for if you fall for the trick, you're forced to telephone a number where a person acting as the agent answers and begins to act as you would expect a customer service agent to respond.

If you allow that responder to access your computer a Trojan virus will be activate on your computer. You may have an active antivirus program protecting your computer, but my experience is that not all AV's are as competent as you may believe.

Here are some top tips to avoid this new vishing scam.

- **DO NOT** ring or call any number given in the email or text.
- **DO NOT** click on any links in the email or text. Log into your account with the service in question type the address into your browser; check your orders or recent activity page.
- Check your balance and the list of recent transactions on all your cards, if you have reason for concern.... telephone your Bank or Credit Card Company and inform them, ask them to place a watch on your account and stop any unusual transactions.



Windows 11 Update

Before you run out to buy a new computer to use the new windows 11 operating system. Hold On! There is a legal way to install it on your existing computer, no matter how old it may be and it doesn't need the additional security TPM chip to do so. But it must already have windows 10 installed and activated.



The process utilizes the current Windows 10 installer system, but uses the Windows 11 install file. I have produced a fact sheet and DVD for those who are interested.

I have now installed Windows 11 on over a dozen systems of varying ages and manufacture, but will only operate the 64bit software.

Some users have found the new program difficult to use, but all the old procedures remain, but in different places! And there are several new screen formations

For help and FREE telephone advice contact
Brian Meadows, Nofix-Nofee Computer Repair Services
Tel: 01288 381061 or email: mail@nofix-nofee.net



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- Builds healthy bones, hair, skin and nails
- Improves concentration and memory loss
- Improves metabolism
- Helps with depression and anxiety
- Helps boost immune system
- Increases energy level
- Improve fatigue
- Helps with anaemia
- Helps with the digestive system

At Bridgerule Village Hall

Every Thursday-10:00AM - 06:00PM

You can book a time to suit or just turn up
please contact:

07535793036 or 07592030888

NOVEMBER 24TH 2021

Bridgerule Uplands 14:40—15:20

Face masks to be worn, everyone to use the hand sanitiser and observe social distancing rules when using the mobile library. Returned books will be quarantined for 72 hours.

**ANY ORIGINAL BUZZ COVERS DRAWN
BY RESIDENT ARTIST ROSE HITCHINGS
ARE AVAILABLE AT A COST OF £10
each. They are approx. 11 x 15 inches.
If interested please call 01288 381129.**





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Tuesdays 6.30 – 7.30pm

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Tuesday Afternoons from 2.00pm

Telephone Jill on 01409 254349

SHORT MAT BOWLS

Friday Afternoons from 2.00pm

Telephone Alan on 01288 382988

DOG OBEDIENCE

For details see separate advert in this issue

Telephone Christine on 01288 381104

ART AND CRAFT CLUB

NEXT ONE WEDNESDAY 1ST NOVEMBER - 2 Weekly

Telephone Joan on 01288 381002



For prices please contact Gemma on
Faithinprayer2021@outlook.com or on
 07984755510

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IN THE HALL

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www.breezelyn.co.uk





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Building Regulations

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If anyone has a family member or
friend coming to stay who may
be in need of a wheelchair for a
short period. The hall has one
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Contact Sheila 01288 381350 or
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committee.

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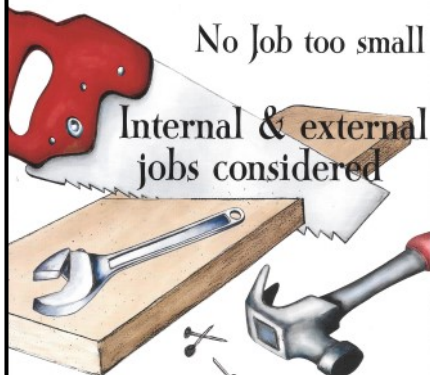
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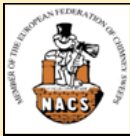
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