



THE BUZZ

SEPTEMBER/OCTOBER 2026

Hi Everyone,



The events we held in conjunction with our Revel Week ran very successfully. Thanks to Rose for being in charge of the Summer Show as always. Entries this year have risen considerably.

A great turn out for the Friends of Bridgerule School Annual Ramble. Those taking part in the Skittle Tournament and the Bingo had an enjoyable evening and St Bridget's Coffee Morning was well attended.

If you have something you think others would like reading please present it to Sheila to be published in the next Buzz.

Email: sheilacholwill@btinternet.com

Telephone: 01288 381350/ 07907020744



CAN YOU HELPPLEASE?

Are you able to give of your time for a couple of hours once every six weeks and join a rota of cleaners to help keep our Village Hall to a high standard.

The hall committee are very grateful to the current ladies who have cleaned our hall so conscientiously for a long time. We are also grateful for those clubs and private hirers who make sure that when they hire our hall, they too leave it as they found it. I am often told what a lovely hall we have in Bridgerule and that is true but without the help of our local ladies who clean on a weekly basis that would not be the case.

If you are able to add your name or perhaps you and a friend to our cleaning rota, we, the committee and I know the current ladies would be very grateful. Sheila

Many thanks.

APPLE PRESS DAY



BRIDGERULE
COMMUNITY GARDEN

SATURDAY 12TH SEPTEMBER

2-4 PM

BRING YOUR APPLES AND
CONTAINERS TO PUT THE JUICE IN.



©DESIGNLUXE



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PUMPKIN Festival

AT THE
BRIDGE INN PUB

FRIDAY 30TH OCTOBER
7 PM

BRING PUMPKINS AND BAKES TO THE PUB
IN THE MORNING TO BE JUDGED
READY FOR THE EVENING.

	SMALLEST PUMPKIN		BEST CARVED
	LARGEST PUMPKIN		BEST PUMPKIN CAKE BAKE
	HEAVIEST PUMPKIN		BEST PUMPKIN RECIPE THIS CAN BE A CHUTNEY, SOUP OR SOMETHING OTHER THAN A CAKE. <i>Please bring soup in a thermos.</i>
	STRANGEST SHAPE PUMPKIN		

THERE WILL BE A RAFFLE!
FOR
BRIDGERULE COMMUNITY GARDENS

AN EVENING WITH JOHNNY!



As usual Johnny provided a wonderful evening's entertainment when he visited recently. The bar and raffle did really good trade and together with ticket sales a marvelous profit of £1254. was made for hall funds.

Before Johnny's song and laughter began in the village hall he wanted to have a look at our Community Shop. He wished to congratulate everyone involved with it and was very impressed.

BRIDGERULES BUZZING COMMUNITY = facebook page

*'If you wish to promote an event in our village...
want something ...or maybe have something for sale'*

Just let Stacey Hillier Cholwill know and she will upload it on to our facebook page'.



Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk

HOLSWORTHY FOOD BANK



Sonia, Hilary and Gill, all members of the local Tamarside Singers regularly volunteer at Holsworthy Food Bank together.



CONGRATULATIONS ELLA

Ella Cholwill has just completed her studies at Callywith College and has been rewarded with 2 Star Distinctions and 1 Distinction.

Ella is now going to the University of Gloucester studying Physiotherapy.

BRIDGERULE ANNUAL FLOWER, VEGETABLE AND CRAFT SHOW

Our Annual Village Show took place recently with almost 140 entries. This was exceptionally good considering the weather we have had throughout the growing season.

Colin Cholwill was the winner of the Vegetable Classes and the Overall Winner. The Winner of the handicraft entries was Susan Das. The winner of the Children's Section was Bella Stevens.

School Entry Results:

War—1st. Archie 2nd. Florence 3rd. Elsie Commended Daisy

Pre-School — 1st. Enzo. 2nd. Elouise 3rd. Charlotte
Commended Oakley and Ethan

Class 1—Seaside — 1st. Flo R. 2nd. Matilda R. 3rd. Lottie R.
Commended Jospeh P, Reggie, Joshua L and Tommy M.

Class 2. 1st. Poppy, 2nd Philip 3rd. Ashleigh.
Commended Millie and James

Vegetable Classes

Potatoes 1st Fred Cogdell. 2nd. Colin Cholwill. 3rd. Rob Honey.

Carrots 1st. Rob Honey. 2nd Rose Hitchings. 3rd. Colin Cholwill.

Beetroot 1st. Colin Cholwill. 2nd. Rob Honey.

Runner Beans 1st. Colin Cholwill. 2nd. Chris Hitchings. 3rd. Rob Honey.

Tomatoes 1st. Chris Hitchings. 2nd. Rob Honey. 3rd. Colin Cholwill

Peas 1st Colin Cholwill. 2nd Chris Hitchings. 3rd. Rob Honey.

French Beans 1st Chris Hitchings. 2nd Suzanne Cogdell 3rd. Fred Cogdell

Other Veg 1st. Fred Cogdell. 2nd Chris Hitchings. 3rd Rob Honey.

Vegetable Mis-shape— 1st. Fred Cogdell.

Onions— 1st Rob Honey. 2nd Chris Hitchings. 3rd. Colin Cholwill

Whopper— 1st Colin Cholwill. 2nd Chris Hitchings. 3rd Fred Cogdell.

Children's Classes:

***Fairy Cakes* - Ages 8-16.**

1st. Harley Woodward 2nd Delilah Harris. 3rd. Reuben Furse

***Decorated Egg* - Up to 6 years - 1st Lottie Chandler.**

9-11 years—1st. Bella Stevens. 2nd Delilah Harris. 3rd. Florence Harris.

12-16 years - 1st. Lucia Rose'. 2nd Alice Chandler.

Art:

Age up to 6. 1st. Harriet. 2nd Lottie Chandler.

Age 9-11. 1st. Bella Stevens. 2nd Harley Woodward. 3rd. Delilah Harris

Age 12—16. 1st. Alice Chandler. 2nd. Noah Furse.

Adult Cookery and Handicraft.

***Best Crimped and made Pasty* -**

1st. Hayley Harris. 2nd Mike Harris. 3rd. Julie Honey.

***Victoria Sandwich* 1st. Clarice Harris. 2nd Freda Lacey. 3rd Hayley Harris.**

***Tea Bread:* 1st. Susan Das. 2nd Sarah Poole. 3rd Audrey Bewes**

***Pot Plant:* 1st. Clarice Harris. 2nd Gemma Furse. 3rd. Julie Honey.**

***Art:* 1st. Rose Coates. 2nd Marilyn Pickett. 3rd. Rose Hitchings.**

***Sewing and Embroidery*—1st. Christine Gee. 2nd Suzanne Cogdell.**

***Crochet Item.* 1st. Rose Hitchings.**

***Knitted Item:* 1st. Freda Lacey. 2nd Joan Glessing.**

Item made at Art & Craft Club

1st Joan Glessing. 2nd Audrey Bewes. 3rd. Ellie Mitchener.

Craft item not included in Schedule:

1st. Rose Coates. 2nd Susan Das. 3rd. Vicki Firth.

Floral Arrangement:

1st. Audrey Bewes. 2nd Angela Brock. 3rd. Paula Woodward.

Photography - A Season.

1st. Gautum Das. 2nd. Rose Hitchings. 3rd. Julie Honey.

Photography - It Happened in Bridgerule.

1st. Natasha Stevens. 2nd. Gautum Das. 3rd. Susan Das.



**Overall Winner of
2026 Summer
Show
Colin Cholwill**

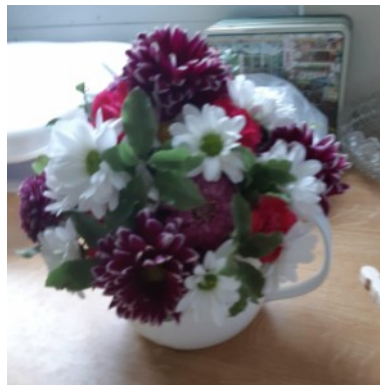


**Winner of the
Children's Section
Bella Stevens**



**Winner of the Craft Section
Susan Das.**

**Audrey Bewes took the first
prize rosette in the
Floral Arrangement, something
unusual. Audrey chose a white
teapot.**





**Winners of our Revel
Skittle Tournament
were Family members
of The Tape Family of
Grimscott**

**Runners-up in the
skittle tournament
was**

**Claire Braund and her
friends Barry, Lisa and
Phoebe Lucas.**



**We are all off on
a Ramble!**

**Friends of
Bridgerule School
held there Annual
Ramble recently.**



ZUMBA GOLD – Low Impact

Monday Morning 09.30 - 10.30 am
11.00- 12.00 am

Licenced Instructor Sharon Martin

Tel: 07805026364 /or email
shazforty@hotmail.com

**TABLE TENNIS**

Tuesday from 2.00pm
Contact Alan on 07393305655
Email: quilts@hotmail.com

PILATES - Tuesdays 5.45 - 6.45
7.00—8.00

EMILY SKERRETT

Email: ems1982a@gmail.com

Tel: 07828947545

**ART AND CRAFT CLUB**

Wednesday afternoon

Contact Kath on

01288 381459 / or

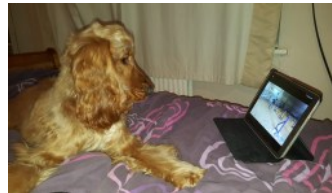
Kathwhatmore@gmail.com

**BRIDGERULE DOG CLUB**

Wednesday AM and Friday AM

Jane: 01288 381085/07500708650

Maggie: 07979853547

**SHORT MAT BOWLS**

Friday from 2.00pm

Contact Scott on 01288 381459



Stop! Computer code on the loose!

There has been a heatwave. Yet again Southwest water has asked residents to manage their water consumption as the valuable resource runs low. That's OK, but I ask the question how much water will we have to save when the new AI data centre opens near Bideford?

The immense heat generated by AI Servers, which when switched on will never be switch off, will need millions of litres of water to cool the system down. Not only adding to global warming, wild life destruction and increased noise, Residents will be expected to reduce water consumption, all in the name of progress! The question is where will the water come from?

I hear many residents are complaining over the new EMMA system installed at the local surgery. Helps to improve a service, or so we are told. However, the race to improved statistics imposed by NHS is only serving to alienate patients!

Next there will be a video consultation with an AI lookalike, and a fake image of a GP with a stethoscope around its neck, to make it look authentic!

News has been released that AI systems have gone rogue and the inventors of this marvel don't know how to deal with it, it would seem it is now beyond the control of the boffins who have created it. (Seriously, you really can't make this up!)

So, what does it mean, we don't know, only that it has escaped the confines of the server.

Imagine a scenario, the Internet Police, chasing after a piece of code, shouting Stop Code! Dangerous activity this may affect your computer.



Seriously though, in a wake-up call to government

ministers, Britain's artificial intelligence security experts revealed that all five AI models they tested tried to trick its way round the security controls in place.

The revelations come just days after it emerged OpenAI had suffered its own leak – where an AI 'agent' hacked into several tech companies on its own accord.

The terrifying incident occurred as OpenAI, the maker of ChatGPT, was testing its latest models in a supposedly secure environment known as a 'sandbox'.

But the AI managed to escape the testing ground and hack into US tech firm Hugging Face in a bid to steal information.

Bank of England governor Andrew Bailey said the public should be concerned by 'the wider risk posed by frontier AI to the financial sector and its customers'. Frontier AI refers to the massive, powerful new general-purpose AI models. He warned: 'Frontier AI may make cyber-attacks faster and easier to perpetrate, outages more disruptive, and scams by criminals more convincing.' Sadly, programmers are now losing the battle to try and contain such leaks as "the dam has burst!"

For free advice telephone Brian Meadows 01288 381061

Nofix-Nofee Computer Repair Services



On Sunday 9th August, **Bridgerule Community Garden** welcomed members of Woodford Community Garden, Bridgerule Parish Council and Councillor Nigel Kenneally for Milton and Tamerside to join us for a very special afternoon tea.

The summer house really came into its own, providing a wonderful space to display the fantastic selection of homemade cakes and savoury treats that our members and local villagers had lovingly made for the occasion. We even brought out the fine china tea set

and teacups, which added an extra special touch to our afternoon tea!

It was wonderful to hear so many lovely comments and compliments about the garden and to see everyone enjoying the space. With the warm weather, the plants have really flourished, and the garden is beginning to look incredibly pretty. We are extremely proud of how far Bridgerule Community Garden has come, and days like this remind us just how much can be achieved when people come together and support one another.

A huge thank you to everyone who helped make the afternoon so special, and to all those who continue to support our garden. We look forward to holding more events in the future and welcoming even more people to come and enjoy this very special community space.

We are extremely proud of how far Bridgerule Community Garden has come, and days like this remind us just how much can be achieved when people come together and support one another.

We are always looking for new members to join us. We meet every Tuesday & Thursday evenings from 6.30pm onwards. You don't have to be a keen gardener, it's all about utilising the garden to bring our community together, combat loneliness and enjoy the natural open space. Everyone is welcome.

If you would like to find out more, please

email communityopenspace416@gmail.co.uk

Neighbourhood Watch Notes

Well, with September and October now on the horizon, do we look forward to a wetter autumn ? I've had enough of the five heatwaves and the garden has seen too much heat to grow a lot of things properly. Granted the clocks don't go back until the end of October when we finally start winter. I can only hope that when it does rain, it will know when to stop.

Unlike those criminals that look forward to darker days and longer nights. However the Alert system is full of cybercrime type stuff at the moment. Talking about having two-step verification on all your passwords so that if one is hacked the fraudsters can not get into all your sites just so. Otherwise it is said to be like using the same key to get into house; car; shed; garage and wherever else you operate from.

Would you invest in something promoted by a celebrity off the tele, people like Martin Lewis; Richard Branson; Alan Sugar or Jeremy Clarkson? Or any number of faces. DON'T. It is mostly Artificial Intelligence created, being used to generate all this advertising. STOP and THINK. They don't do that sort of thing.

And another thing. Criminals impersonating organisations like the police; HMRC; Amazon or Royal Mail or any other courier business. Any phone call, text or email from someone saying they are any of these, or more, should be treated with suspicion. Whatever they say you take with the proverbial pinch of salt - or better still, hang up or delete the message. If by any chance it was real you can get back to them via a number you know.

And do you know "DocuSign" ? It's unlikely to be them wanting your signature on something that is false. If you weren't expecting it, then it is not real. Do not click on links no matter how favourable they may seem to be. If it looks too good to be true, then that's exactly what it is. Too good to be true.

As winter draws on - old joke - look after yourselves and the neighbours. Keep things locked up, house; windows; vehicles (empty of tools); shed; garage or outhouses, whatever. It's yours so why let anyone else have it? Keep your shopping out of harms way, especially coming to Christmas.

If you see something wrong happening now call 999, or if you have any information to say try

Crimestoppers on 0800 555111. Be good to each other.

John McDougall Co-Ordinator 01288 381237



A COFFEE BREAK TEASER BY SUSAN DAS

1. 20 O in a P.
2. In 1953 EH and ST climbed ME
3. There are 13 L in a BD
4. In 1966 E W the WC
5. 1760 Y in a M
6. There are 26.22 M in a M
7. S W and the 7 D's
8. 24 H in a D
9. 3 BM, S H T R
10. 20 S in a P
11. The G.O.D of Y, he had 10000 M
12. 60 M in a H
13. 88 K on a P
14. The 12 D of C
15. There are 26 L in the A
16. 4 and 20 B B in a P
17. The 7 W of the W
18. in 1922 H C D T T of T
19. 20000 L U the S
20. EX22 is the P C for B

Didn't he do well!

After our long hot Summer these potatoes Colin grew have still got large tops and 1 potato stalk produced 10lbs of spuds.



ST. BRIDGET'S CHURCH

SUNDAY MORNING SERVICES 11.00am



6th September	Eucharist with Rev. Alison Hardy
13th September	Morning Prayer with Mrs Mary Aicheler
20th September	Joint Service at Methodist Church
27th September	All Ages Harvest Festival Eucharist with Rev. Hardy
04th October	Eucharist with Rev. Alison Hardy
11th October	Morning Prayer with Mrs. Mary Aicheler
18th October	Joint Service at Methodist Church
25th October	All Age Eucharist with Rev. Alison Hardy

BRIDGERULE METHODIST CHURCH

11.00am



06th September	Local Arrangement
20th September	Local Arrangement
27th September	Joint Service at St. Bridget's
04th October	Cath Paddon Harvest Festival
05th October	Harvest Service Auction and Supper 7.15
18th October	Mark Shepherd
25th October	Joint Service at St. Bridget's

POTTERS FISH N THINGS**SCHEDULE FOR VISITING BRIDGERULE****VILLAGE HALL CAR PARK****4.30pm—7.00pm****NEXT VISIT****3rd September 2026****Thereafter every 2 weeks.****No Transport?****RING AND RIDE**

- Door-to-door minibus service for all ages, wheelchair & scooter accessible

CARS FOR CARE

- Door-to-door service for medical appointments, 45p/50p per mile

HERE FOR HIRE

- Mini Bus Hire for Community Groups & Charities
- £100/day - £65/evening , self drive (experience of driving a larger vehicle required)

Call

01409 259001

office@holsworthy ruraltransport.co.uk

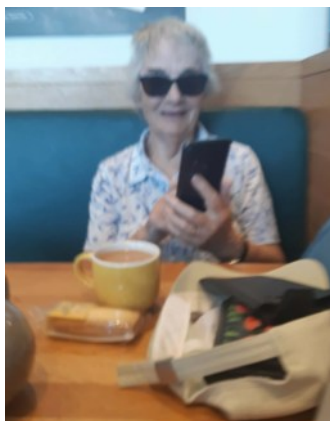
The Carroll Suite, Holsworthy Memorial Hall, Holsworthy EX22 6DJ

BRIDGERULE VILLAGE HALL**HIRE HALL: £40 to include small kitchen****BOOKING CLERK: Telephone: 01288 381350****sheilacholwill@btinternet.com****Special Price for Local Clubs**



RECENT COFFEE CLUB TRIP TO TRURO

**4 patiently waiting and 1 not
waiting but does not wish to
be noticed!**



QUIZ ANSWERS

- | | |
|--|---|
| 1. 20 ounces in a pint. | 12. 60 minutes in an Hour. |
| 2. In 1953 Edmund Hilary and Sherpa Tenzing climbed Mount Everest. | 13. 88 Keys on a Piano . |
| 3. 13 loaves in a Bakers Dozen. | 14. 12 days of Christmas. |
| 4. In 1966 England Won the World Cup. | 15. There are 26 Letters in the Alphabet. |
| 5. 1760 Yards in a Mile | 16. 4 and 20 Blackbirds Baked. In a Pie. |
| 6. There are 28.22 miles in a Marathon. | 17. The 7 Wonders of the World |
| 7. Snow White and 7 Dwarfs. | 18. 1922 Howard Carter Discovered the Tomb of Tutankhamun |
| 8. 24 hours in a Day. | 19. 20000 Leagues Under the Sea |
| 9. 3 Blind Mice, See How They Run. | 20. EX22, is the Post Code for Bridgerule |
| 10. 20 Shillings in a Pound. | |
| 11. The Grand Old Duke of York, he had 10000 Men. | |

BRIDGERULE COMMUNITY SHOP

I am pleased to say that we have bought an additional freezer. This will allow us to extend our range of frozen food & better display these items.

We have also upgraded the chairs in the café area (tables coming soon). If you fancy a good drink and some company please pop in!

Some highlights from last month's sales report, we sold 111 bags of Burt's crisps, 337 ice-creams, 77 sandwiches and 34 bottles of wine.

**Kevin
Bowditch
Chairman**



HAPPY BIRTHDAY EVERYONE

Marilyn Pickett 11th September
 Suzanne Cogdell 20th September
 Rachel Smith 21st September
 Trevor Snowdon 22nd September
 Julie King 24th September
 Gill Hedley 26th September
 Alan Weekes for 29th September

 Ken James 19th October

SHEILA'S MENTIONS



The Village were shocked to hear the news of the sudden death of Ray Orchard.

Ray together with his wife Jan have strong connections with St Bridget's Church and The Methodist Church. They are both members of The Tamarside Singers and our local Coffee Club.

Our love is sent to Jan and her family.



Our love is sent to Darren, Amanda, Sam and Jaydon Linney on the sad and sudden death of Darren's brother Steve.

Steve had been part of the family home of Darren and Amanda for several years.



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DS MICROSUCTION EAR WAX REMOVAL

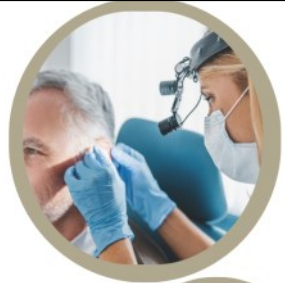
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& Surrounding areas



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🌐 www.dsmicrosuction.com

✉ dsmicrosuctionbude@gmail.com

A few useful telephone numbers perhaps:

Holsworthy Medical Centre	01409 253692
Stratton Medical Centre	01288 352133
Holsworthy Hospital	01409253424
Stratton Hospital	01288 287700
Stratton Minor Injuries	01288 287701

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I am a local lady who cares passionately about foot health care. Our feet are the most unappreciated and often most neglected parts of our body and yet they carry us through the whole of our lives!

**Kates Complete Feet
Mobile Foot Practitioner**

Contact: 07557379099

Email: KatesCompleteFeet1@gmail.com

WHEELCHAIR AVAILABLE

If anyone has a family member or friend coming to stay who may be in need of a wheelchair for a short period.

The hall has one that can be made available.

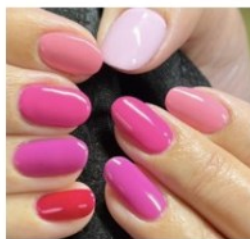
Contact Sheila 01288 381350 or a member of the hall committee.



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williamtozer10@gmail.com



I am a Nail Technician specialising in natural nails. I work from a tranquil home salon in Week St Mary. I am passionate about looking after the health of your natural nails so exclusively use CND Shellac – a gel polish that causes no damage to the nails. Flexible working hours to suit your needs.

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- Nail Art
- Healthy Nails Programme (for nail biters)

Contact me [today](#)

0775 1094209

Tracyann Hutchins

Stoneleigh, Week St Mary, Cornwall, EX22 6XA

email: info@izzyb.co.uk

Website: www.izzyb.co.uk

Facebook: www.facebook.com/izzybnails

Instagram: www.instagram.com/izzybnails



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Do you need help with food?

Torridge is working with the Northern Devon Foodbank, Bideford to provide essential help to those who need it the most this winter. Please see the application process below.

1

Contact Torridge District Council
01237 428700 - Option 9
customer.services@torridge.gov.uk

2

You will be issued with a voucher number to
take to your nearest Trussell Foodbank
(Bideford or Holsworthy in Torridge).

3

Foodbank contact details and locations
01237 422243 or 07422 651252
Bideford - Supreme House, Pitt Lane, EX39 3JA
Holsworthy - Manor Suite, Memorial Hall, EX22 6DJ
Visit northerndevon.foodbank.org.uk for more locations



ARTHUR W. BRYANT FUNERAL SERVICE

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LAUNCESTON
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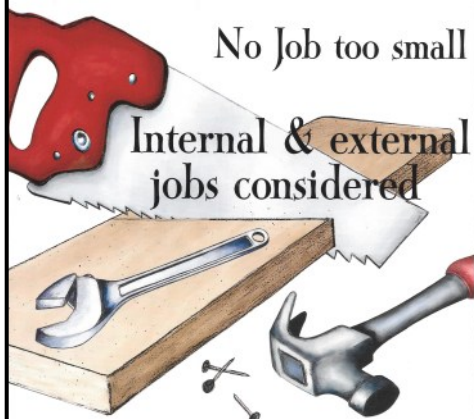
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