



## Dear Buzz Readers,

Its good to see that our village activities are beginning to return again. To enable this to happen we will all have to follow certain Covid 19 government guidelines.

If you are a member of a weekly hall activity which is about to re-start I'm sure your leaders will have made contact with you by now or will soon do so.

Other groups and classes which we enjoy attending, for various reasons, will disappointingly take a little longer to restart but we will endeavour to keep everyone posted.

As you go through The Buzz you will also see a new class about to begin. Tuesday evenings in our hall is going to be Zumba Nights!

I would like to welcome any new family that may have recently moved to our parish and hope that they have a long and happy time being part of our village life.

Stay Safe,

Sheila Cholwill Editor

email: sheilacholwill@btinternet.com

Telephone: 01288 381350

## **Bridgerule Village Hall Chairman's Update**

As newly elected Chairman I would first of all like to thank Chris Hitchings for the excellent work he has done since he took the Chair in January 2017. By the time you read this Chris & Rose will be starting to settle into their new home & we look forward to Chris re-joining the committee in about 6 months.

I would also like to thank all the volunteers who (normally) do so much to ensure the smooth running of the hall & fundraisers.

The good news is the hall is starting to reopen from September 14<sup>th</sup> although obviously there are restrictions and I foresee a lot of things will not restart until the New Year. We have taken the opportunity to decorate the hall & new electric heaters are in the process of being installed.

In the Buzz you will find a questionnaire regarding a Village Shop. Please, please let us have your views! The thinking is that it would be in a Sea Container type structure in a suitable central location. The system works in a lot of local villages (take a look the next time you pass one).

**Kevin Bowditch** 

## Do you shop online?



Raise funds for our Village Hall by shopping online without it costing you anything!

If you regularly shop online there is now a way to raise valuable funds for our **Village Hall** and it won't cost you a penny. All you need to do is go to the webpage:-

## easyfundraising.org.uk/bridgerulevillagehall

and from there login to your favourite online retailers. You shop as you normally do and the retailer gives a donation to Bridgerule Village Hall. It is that simple!

There are over 2,700 participating retail outlets, even your weekly grocery shop can trigger a donation.



# NEW THIS SEPTEMBER......FIND YOUR DANCE FLOOR AT BRIDGERULE VILLAGE HALL!!

Join me for group dance fitness classes, have a blast and get some exercise without even realising it. Find your groove and improve your mood! Dancing is great for your physical and mental health. Easy to follow routines and funky upbeat music means you can do it.... and love it!

Classes begin on Tuesday 15th September at 18.30! I will be making moves and throwing shapes every Tuesday evening from 18.30-19.30.

Places are limited, social distancing guidelines will apply. Classes are £6 per session or book a block to suit you. Booking is essential to secure your

dance space! Covid safe measures are in place, contact information will be required for Track and Trace. Get in touch to book your spot; call, text, email or find me on Facebook! I can't wait to meet you and get dancing with a fab new bunch of people!

Sharon Martin - Qualified Zumba Instructor

mob: 07805026364

Email: shazforty@hotmail.com



#### **SHEILA'S MENTIONS:**

Pat Johnston for the 9th September
Sheila Gatland for the 11th September.
Marilyn Pickett for the 15th September.
Walter Lashbrook 99 on the 18th September.
Rachel Smith for the 21st September.
Trevor Snowdon for the 22nd September
Brian Beadle for the 22nd September.
Gill Hedley for the 26th September.
Alan Weekes for the 29th September.
Barbara Bowden for the 9th October.
Ken James for the 19th October.



Our thoughts are with Phil Hodges and his family on the recent loss of wife, mum and grandma Pat.

Our very best wishes go to Ben and Brenda Tole who have now moved from Southfields to be nearer their family.

Our warm wishes and thoughts also go to Roz Rickett who is also moving to be nearer her family.

Best Wishes to Marion Abbott who recently underwent a cornea operation at Exeter.

Welcome to Paul Crocker, his partner Nicola and their sons Archie and

Henry to their new home on The Green.

WIFE: DID I GET FAT DURING QUARANTINE? HUSBAND: YOU WEREN'T REALLY SKINNY TO BEGIN WITH! TIME OF DEATH: 11:00PM CAUSE: COVID



#### **NEIGHBOURHOOD WATCH NOTES**

Possibly most of you reading this are now getting the "Alerts" which will let you know of various elements of law breaking and warnings. One warning that came my way was that pension scams are illegal!

So is it illegal to offer to gather all your pensions into one 'cash-at-risk' fund?

I suspect that all scams are not illegal - it is just trickery that you may fall in to or not. Please not.

There are apparently TV licensing scams. Especially as some of us are now required to pay again after a period of "free" TV!

Beware of these. If you are having to join up again then wait for the full set of documents to be delivered.

These give you the opportunity to stay free if you are on Pension Credit. To check your entitlement you may phone 0800 991234, or via "www.gov.uk/pension-credit-calculator".

Government say that they believe there are millions of people eligible for Pension Credit but who do not claim.

Otherwise another £157-50 goes into the pot for a colour TV licence ( I don't understand why 'Licence' has a 'c' but 'Licensing' has an 's' ).

Meanwhile continue to keep yourselves safe from the virus, hoping it is not brought in by tourists to our almost clear district.

Keep the burglars out even if windows stay open in this hot sultry weather - which it is as I write.

Spot the miscreants and contact 999 if you see what they are doing, or Crimestoppers if you want to pass on information entirely anonymously on 0800 555111.

Don't have nightmares & Keep 'em peeled.

John McDougall Bridgerule coordinator 01288 381237



### **ENGLISH TUITION and WRITING SERVICE**

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Dear Bridgerule - many thanks for the warm welcome we've received since we began to visit BACK IN SPRING 2020!

We are very grateful for your support, and we look forward to continuing to bake for you. YOU'LL find us in the village hall car park on the fourth friday of every month.

FIND OUR REGULAR MENU AND OUR MONTHLY SPECIALS ON FACEBOOK,
INSTAGRAM,AND OUR WEBSITE - OR POP DOWN AND PICK UP A FLYER! text us
your orders on <u>07967 000396</u> - OR COME DOWN AND LET US KNOW WHEN YOU'D
LIKE TO COLLECT.

ELECTRONIC PAYMENT PREFERRED (BACS/PAYPAL) - WE ARE ALSO GLAD TO ACCEPT CASH.

alexswoodfiredpizza.co.uk

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MR. WALTER LASHBROOK will be celebrating his 99th Birthday on 18th September.



Walter Lashbrook was born at Middle Merrifield Holsworthy on 18th September 1921. He was born with a disabled foot but this never deterred him from finding employment throughout his working life.

He was the youngest of 5 brothers and 1 sister. At the age of 11 Walter transferred from Holsworthy Primary School to Holsworthy Secondary and completed his education at the age of fourteen and a half to find employment. So, he immediately moved to Exeter to live with his aunt to take up work in a nursery delivering plants around the city.

Later his aunt had to move to London to look after a family member and so Walter returned to Holsworthy to live with his parents once again. From here he began working on farms. First at Heggadon, Clawton and then West Venn.

In October 1942 he married Kathleen and together they moved to Wainhouse Corner working again on 2 more farms before returning to work on a farm at Beaworthy for a Mr. Balsdon.

Sadly his wife Kathleen then became unwell and both returned to Holsworthy to live with Kathleen's parents.

Betty their daughter was then born. Betty (now Slade) and Les his son-in-law live very near to Walter and are always around to help him when needed.

For the next few years Walter was employed by Devon County Council. One of his jobs was driving the refuse lorry.

Walter moved to The Green 40 years ago and for several years he helped Vera Goodman, his neighbour. Up until the age of 96 he loved growing vegetables in his garden and even now still likes to look after his tomatoes in the green-house. Les kindly setting up a bench to enable Walter to be able to look after them. Sadly Kathleen, his wife died in 2011.

Due to failing health Walter now has carers coming into his home on a regular basis but still manages to do some of his own housework and cooking.

He has another daughter, Jean, who lives in Bude with her husband. He also has six grandchildren and eight great grandchildren.

On a recent visit by the Editor of the Buzz to see Walter it was evident that he still had a wonderful memory of things that had happened locally in years gone by. Walter also said that he had moved house 11 times in his life so did not accumulate very much rubbish as it had no chance to settle!!

He also mentioned that his ancestors owned much of Bradford and Thornbury at one time which as some of us are aware that a farm owned by The Lucas family in Bradford is called Lashbrook!

On the 18th September 2020 Walter will be celebrating his 99th birthday.

The Editor wishes to thank Walter for telling us about his life and sends special pre-birthday wishes to him from us all .

Mark and Beverley Langley purchased The Bridgerule Reservoir site and plan to make it their home. Mark tells our readers how he plans to do it.

### When you're in a hole.....

As the saying goes, when you are in a



hole...stop digging! Perhaps we should have listened, but the idea of creating an earth sheltered home had already stuck. When we first looked at the Bridgerule Reservoir we were sure it could work as it had good orientation for solar gain and the existing hedges and trees could all be retained. Together with the grass roof, it would mean that a modest house could be built reusing the existing structure that would be draft proof, energy efficient and very green, in all senses of the word.

The reservoir itself was built just after the second world war to hold and supply drinking water to Bridgerule. These service reservoirs were often built to a similar design, partially sunken and earth covered, at elevated



positions; many have since become redundant in the water distribution network and are finding new uses as homes. Beverley came up with the name Aquarius; nothing to do with astrology but using the historic word for "water carrier", reflecting its watery history. We are even trying to work out how we can use the giant ball cock valve that once filled the reservoir — maybe a new light fitting? Even though it was a reservoir, that didn't mean that it was easy to connect the water due to all the

old pipes and valves on site. At one point we felt like the Ancient Mariner "Water, water, everywhere, nor any drop to drink!".

After a very helpful meeting with the Parish Council explaining our ideas and initial concept and answering questions, with their support, we asked a local architect Gareth Williams (Shebbear) to turn the concept into a workable design. We think he has done a great job in keeping the important ideas we wanted from the beginning and adding his own ideas and design flare.

While all the planning work and drawings were being completed we planted some more trees and hedging plants and gradually removed a lot of the industrial paraphernalia, concrete and steel. The only real change from the road side is the larger gate opening and realigned splay required by Highways/Planning. The original materials for the bank have been reused so we expect the primroses will be back next year, just a few feet further to the left! Of course, like omelette making, you have to break an egg at some point and the next big stage will be opening up the existing structure to create windows and an entrance. This is the most disruptive phase but the building will then be water proofed and insulated externally before being recovered with grass to form a green roof and sides



The artist's impressions give an idea of the finished look from within the plot but it should appear hidden in the grass and trees from most angles.



Many thanks to all those in the village who have supported (or demonstrated their patience!) and shown their interest in the project so far; do say hello as you pass by on your walks as we always enjoy a chat and an excuse to down tools for a moment.

From his 'Book of Folklore' by the excellent Sabine Baring-Gould 1913. <a href="https://www.themodernantiquarian.com/site/13238/affaland">https://www.themodernantiquarian.com/site/13238/affaland</a> moor.html

There was an old woman lived in Bridgerule parish, and she had a very handsome daughter. One evening a carriage and four drove to the door, and a gentleman stepped out. He was a fine-looking man, and he made some excuse to stay in the cottage talking, and he made love to the maiden, and she was rather taken with him. Then he drove away, but next evening he came again, and it was just the same thing; and he axed the maid if on the third night she would go in the coach with him, and be married. She said Yes; and he made her swear that she would.

"Well, the old mother did not think that all was quite right, so she went to the pars'n of Bridgerule and axed he about it. 'My dear,' said he, 'I reckon it's the Old Un. Now look y' here. Take this 'ere candle, and ax that gen'leman next time he comes to let your Polly alone till this 'ere candle be burnt out. Then take it, blow it out, and rin along on all your legs to me.'

"So the old woman took the candle.

"Next night the gen'leman came in his carriage and four, and he went into the cottage and axed the maid to come wi' he, as she'd sworn and promised. She said, 'I will, but you must give me a bit o' time to dress myself.' He said, 'I'll give you till thickey candle be burnt out.'

"Now, when he had said this, the old woman blew the candle out and rinned away as fast as she could, right on end to Bridgerule, and the pars'n he tooked the can'l and walled it up in the side o' the church; you can see where it be to this day (it is the rood loft staircase upper door, now walled up). Well, when the gen'leman saw he was done, he got into his carriage and drove away, and he drove till he comed to Affaland Moor, and then all to wance down went the carriage and horses and all into a sort o bog there, and blue flames came up all round where they went down."

The conversion of a dead lover into the devil is obviously a Christianised modification of a very ancient belief, that the dead do come and claim female companions. In all likelihood there lingered on a tradition of some gentleman having been engulfed in the morass of Affaland.

### A CAUTIONARY TALE

The Editor saw this in a recent Jacobstow Journal and thought it might be good to pass on to our own readers.



The writer starts by saying that she was having problems with her Pay Pal Account. Whenever she tried to use it she would get a message saying that her password didn't match and asking her if she would like to have a reset email sent, which she said yes to, but the email never arrived. The other reset methods available didn't work either. She goes on to say that in the Christmas rush she just dismissed it and used her credit card instead.

In February she received her credit card bill with numerous purchases to a computer game company totalling over a thousand pounds, with the payment being made via PayPal. Obviously she was pretty soon on to PayPal and half an hour later, after going through credit card bills back to the previous September , they managed to find a payment taken in September for £3.00 which I didn't recognise.

The long and the short of it, the criminals put that £3 payment on my account and just let it sit there, they then blocked my email account from PayPal changed my password and delivery address. Because they blocked my email I did not receive emails from PayPal telling her.

It has now been confirmed by PayPal that this is the new sophisticated method some criminals are using now. She has had to since change her email address, credit card and all her passwords.

All the charges against her have been refunded thankfully because she had used her credit card instead of her debit card. Both PayPal and Barclaycard are aware of the address that was used to receive the deliveries but will probably write it off and move on. Moral of her story is

CHECK YOUR CREDIT CARD STATEMENTS CAFREFULLY AND LEARN FROM HER MISTAKE!!

### FRIENDSHIP AND FREEDOM

## By Marie Field .. Southfields.

How marvellous to now tentatively spread our wings.

And venture to return to commonplace things.

For it was strange how our cosy homes,
Started to feel like prison zones.

Our gardens a welcome form of escapism,
Our freedom splintered as in a schism.

Normal life we had always taken for granted
Had gone only to be implanted,
By a weird surreal atmosphere,
An eerie silence, without cheer.

And even the most lovely home, Becomes tedious if not allowed to roam.

But precious all life now seems,
Companionship not just a distant dream.
For if we keep to the regulations,
It is possible to have a quiet conversation.
Not shouting loudly across a road,
All our news and trouble to unload.
But for deaf folk quite a task,
Clear speech understood through a mask.
But how grand and what a thrill,
We can at last visit friends over the hill.
For did we ever fully realise,
The need of these two qualities in our lives,
And how we value these returning gifts as such
For FRIENDSHIP and FREEDOM now mean so much!

### SIR GOLDSWORTHY GURNEY



Sir Goldsworthy Gurney is often referred to as 'Bude's Forgotten genius'. Gurney was born near Padstow on 14th February 1793. By the time he was 20, he was a practicing surgeon in Wadebridge.

He is perhaps best known for his experiments with steam-powered vehicles called 'homeless steam carriages' or 'drags'.

In 1829, one was driven from London to and back. At a speed of 5 miles per It took two days and at the time the longest journey ever made under. steam power.



He went on to set up the 'Gurney Steam Carriage Co', which was very successful until the early 1830's when the coming of railways and the imposition of road taxes put him out of business. In 1830 he built his 'Castle' on Bude sand dunes and devised a new method of lighting for it, injecting a stream of oxygen into an oil flame. This extremely bright light source was then reflected by a series of mirrors. The invention known as the 'Bude Light', was used to illuminate Pall Mall, Trafalgar Square and the Houses of Parliament.

In 1863 Gurney was knighted for his public service. Three months later he suffered a stroke and retired to 'Reeds' at Poughill, where he was cared

for by his daughter Anna Jane. He died in 1875 and was buried at Launcells Church.

To the right is a replica of Gurney's light today in Trafalgar Square London.



# Google blocked another 25 Android apps

Earlier in the year Google blocked more than 50 apps from its Play Store as the software was linked to mass advertising and would bombard a user's phone with unwanted advertising. Google don't want their customers to be pestered by unnecessary adverts, what they mean in truth is that Google was not receiving any revenue from the rogue advertising site and blocked them all.



Now a new threat has been discovered with a further 25 popular applications being banned. More worrying is the hidden coding in these apps which is activated when linking into your Facebook account and will steal your social media contacts details.

It then has the ability to mimic the popular social media site and overlay a web browser window on top of the official Facebook app, a fake login page is created and cannot be identified as it overlays the legitimate application

This well-produced fake login page is almost impossible to spot and users are easily tricked into entering their user names and password which is sent to hackers to use at a later date. The apps pose as step counters, image editors, video editors, wallpaper apps, flashlight applications, file managers and mobile games and have infected over 2.5 million phones.

Below is a list of the apps removed, although the apps are no longer available to download, if you think you may have downloaded one of the apps listed then it's a good idea to delete it from your phone immediately and change your Facebook password.

\*Super Wallpapers Flashlight \*Wallpaper Level \*Super Flashlight \*Contour Level wallpaper iPlayer & iWallpaper \*Video Maker \*Colour Wallpapers \*Pedometer \*Powerful Flashlight \*Super Bright Flashlight \*Solitaire Game \*Accurate scanning of QR code \*Classic card game \*Padenatef \*Junk file cleaning \*Synthetic Z \*File Manager \*Composite Z Screenshot Capture \*Daily Horoscope Wallpapers \*Wuxia Reader \*Plus Weather Anime Live Wallpaper \*Health Step Counter.

For free telephone advice Contact Brian Meadows Nofix-Nofee Computer Repair Services Tel: 01288 381061

### ST BRIDGET'S CHURCH

At present St Bridget's Church remains closed but all are welcome to join worship online at the times below using the zoom address:

https://us02web.zoom.us/j/82633460276?

Sunday 10.30am Morning Worship Tuesday 7.00pm Contemplative Prayer Wednesday 3.00pm Home Group Friday 12 Noon Prayers

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**Hi, I'm Cat Watson** but you may remember me as **Cat Palmer**, daughter to John and Carol Palmer of Dorasfield, Bridgerule. After spending my childhood growing up in Bridgerule, playing on the green and getting sweets from Jon Moore at the village shop, attending Bridgerule Primary



school and later Holsworthy Community College life is a little different for me now with two of my own children at primary school.

This is my story.... In 2006 I met a guy, little did I know this man would turn out to be the love of my life, my best friend and the father to my children. Leo (aka Hippy) was originally from Bude so after a few years of dating we decided it was time for some adventures. Unable to decide between Australia and New Zealand we tossed a coin, it landed on tails so it was decided, we were off to live in New Zealand, a country neither of us had ever been to, a country where we knew nobody and a country that didn't disappoint!

After a very emotional goodbye to our Whanau (family) and friends we took to the sky, stopping in Australia for a month where we stayed with Mark Eastcott, son to Bill and Margaret Eastcott of Bridgerule. We had an incredible time exploring Melbourne and had some once in a life time experiences. I took Leo to Phillip Island to see the blue penguins coming in to nest by the thousands and we saw koala's and kangaroos by the dozens. We loved our time in Australia and decided if New Zealand didn't work out we would happily return.

We landed in New Zealand at 6pm on October 23rd 2009 and were met by some friends of the Youldon family who very kindly put us up for the first two weeks. We used this time to explore Christchurch, the largest city on the South Island, find and build a campervan which would become our

home for the next 6 months. After growing up a little spoilt, a long wheel base, pop top high ace was a long way away from the holiday accommodation I was used to but I was up for the challenge. We started off with an empty shell and within days had a place to call home. So that was us, ready to hit the road!

Life on the road was more than I could ever have imagined, we were so free and took every opportunity to travel to locations so beautiful it is beyond imagination. Mirrored lakes and snow peaked mountains, views where you can see for miles and miles and no matter where we went everyone was always so friendly. Soon enough though, it was time to look for some work so we travelled to the very top of the south island to a place called Golden Bay. With it long golden beach (26km's long) and relaxed atmosphere we could picture ourselves staying. The job wasn't meant to be though so we headed for the next place on the map which was a place called Nelson. 10 years on and we are still here only now with a beautiful house, amazing friends and the most incredible 'kiwi' boys, Logan and Oakley!

By shear chance we found Nelson, I found work straight away and after recovering from a broken ankle, Leo did too. We found a regular spot to park the camper where we met lots of fellow travellers and lots of new friends. The first few years in Nelson were just amazing, Mum, Dad and my sister Becci, visited and we toured the south island. We got Helicopters up to the top of glaciers, drove to natural seal colonies, went horse riding on golden beaches, went in gondolas, visited waterfalls, went caving and much more. Life on the road was sweet but I missed having a dog so after 6 blissful months we found a house to rent and as soon as we had signed the dotted line I was carrying my new puppy through the doors of the SPCA. Defa, our first kiwi dog and my best friend. After Defa, a couple job changes and a house move I found out I was pregnant! I was straight on the phone to Mum who then had to endure weeks of torture not being able to tell anyone until I hit the 3 month mark. A first grandchild and she wanted the world to know! Flights were booked within the blink of an eye and she was all set to arrive 3 weeks before our little boy was due.

Little did we know that he had other plans and 11 hours after I went on maternity leave he decided it was time to make his entrance into the world, a whole week before mum arrived and 4 weeks before his due date! After, what no doubt seemed like the longest flight in history, mum arrived and got to hold her beautiful grandson for the very first time. Spending 8 weeks with us giving us so much help and support that I will be forever grateful for. Logan Strom Eric Watson was the happiest, cruisiest baby who only ever seemed to smile, giggle and sleep! In 2013 we bought him back to the UK to meet everyone and had an a wonderful time catching up with all our friends and family. It wasn't long after our return that we decided to add another addition to our family so 9 months later, Oakley Blaze Watson arrived into the world. Although he was also early, mum luckily made it to us before the birth and spent another 8 weeks playing super nan. October 2016 saw us add another addition, but this time it was a four legged fur baby, our puppy, Pippi. My love and passion for dogs was growing by the day so I hesitantly left my senior position at a tax office and I started working for a dog walking company.

A lot of people thought I was crazy (including myself sometimes) but I knew it was time to follow my heart. I started studying canine behaviour and training, completing 5 diplomas in various areas of the canine world. In 2017 I slipped whilst walking the dogs and broke my ankle resulting in surgery and several months off work. This gave me the time I needed to figure out which direction I wanted to go in, so before long 'Canine Know How dog training' was launched. I never planned on becoming self employed but it's one of the best decisions I could have made. It has meant being able to chose my hours so I am home to bring up the boys and be there whenever they need. me 3 years later Canine Know How is growing rapidly and has taken off quicker than I ever could have imagined. As well as doing private training and behavioural consults all over the region I now run a popular puppy preschool at the local vet clinic as well as several other classes and training workshops. One of my rolls include assessing dogs for an animal charity that pair homeless dogs

with disadvantaged teenagers and help the teens train the dogs. This resulted in fur baby number 3 when I fell in love with Noki the moment I lay eyes on him. 10 years after getting Defa she is still proving her worth, being my demo and decoy dog. Without her the business wouldn't be where it is. Pippi and Noki have their work cut out too with constant training and working for me in classes or with client's dogs. I must mention too, that Joey our big ginger cat came into our lives back in 2013.

In 2019 we came back to the UK again to celebrate Mum's 60th birthday with her and had the holiday of a lifetime going from Trethorne to Legoland, Diggerland to Brighton Pier! It was a fun filled month that we will remember forever.

After having Logan the flat we were renting started to get a little small so we moved into our family home in 2013. In April this year we took over the mortgage and became official home owners. So that's us, Leo -a senior technician at a busy mechanic garage and race car specialist outlet, Cat - business owner and qualified dog trainer. Logan - 8 years old, meeting all his school achievements and more, still always smiling and giggling, Oakley - 5 years old and competently reading just about anything, cheeky, cuddly and so empathetic, the 3 dogs - Defa (10), Pippi (4), Noki (2), Joey the cat (7) and 3 free range chickens!



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Holsworthy Rural Community Transport team01409 259001
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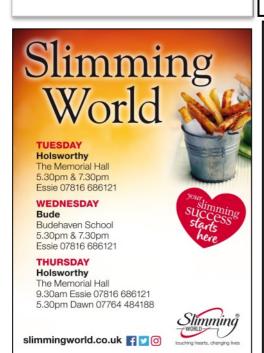


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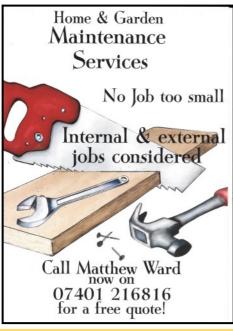




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