



#### Dear Buzz Readers,

I feel it is more important for you to see the Post Office notice than hear from me. Luke, I know will see that we have a Post Office Service if at all possible. Chris, who is going to run it had a Post Office at Marhamchurch and now works in Bude so he will be very confident. We just have to show them our support. The more we use it then Luke says he will open it for longer hours and maybe more days. Thanks.

If you have anything you would like printed in the next issue of The Buzz please forward it to me by 20th August.

Sheila Cholwill Editor email: sheilacholwill@btinternet.com Telephone: 01288 381350



Luke Francis will be taking over the running of **Bridgerule's Outreach Post Office Service at the hall from MONDAY JULY 5TH.** 

In the first instance it will only run from 9.30 – 11.30am.

If a bank holiday falls on a Monday, then the Post Office will run on the following day, **Tuesday**. This will ensure that we will have a service every week.









#### **ZUMBA GOLD – Low Impact**

Monday Mornings 10.00 – 11.00am Monday Afternoons 2.00pm With Licenced Instructor Sharon Martin

**ZUMBA – Medium Intensity** 

Tuesdays 6.30 – 7.30pm Tel: 07805026364 /shazforty@hotmail.com

**TABLE TENNIS** 

Tuesday Afternoons from 2.00pm

Telephone Jill on 01409 254349

SHORT MAT BOWLS

Friday Afternoons from 2.00pm

Telephone Alan on 01288 382988

**DOG OBEDIENCE** For details see separate advert in this issue

Please call the leader before, not just turn up to these events Social distancing and the wearing of masks into and from the hall apply

> ART AND CRAFT CLUB WILL RESUME ON WEDNESDAY SEPTEMBER 8TH Any enquiries to Mrs. Joan Marshall 01288 381002

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#### Village Shop Update

After a quiet start with little progress made during lock-down we are now moving forward with the project of providing Bridgerule with a village shop.

We sent out our questionnaire with the Buzz towards the end of 2020 and presented your responses to the Parish Council, and got their agreement that we can site the shop next to the Village Hall. We then had our first steering Group meeting. We discussed the various options we could adopt and now have costings for a couple of "mobile" solutions.

- •A fully fitted container solution, set up and ready for shop use
- •A bespoke solution based on a portacabin style

Whichever model we move forward with, we will be working to a  $\pm 30k$  set-up budget.

We also agreed that:

- A beverage service will be provided from day 1 with a couple of tables available for people to relax and meet up over a cuppa
- Alcohol will be sold using local breweries / companies wherever feasible
- We will work with local companies to provide food /goods

Currently we are finalising our Business Plan with support from an organisation called Plunkett who specialise in the set-up of community businesses. One of the purposes of the Business Plan is that it is often a requirement for receiving funding, as many organisations insist on seeing a business plan before they are even willing to consider funding a project. Sheila is putting together a list of organisations who hopefully could provide us with funding and will be contacting them over the coming weeks!

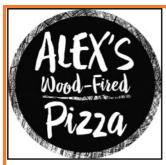
If anybody has any ideas as to who else we could also approach please let us know. As far as we are concerned this is a community project and any help will be gratefully received.

Our aim is that the shop will be up and running during the first quarter 2022.

#### Alan Quilter, on behalf of the Village Shop Steering Group Committee. Telephone: 01288 382988



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Dear Bridgerule - many thanks for the warm welcome we've received since we began to visit BACK IN SPRING 2020!

We are very grateful for your support, and we look forward to continuing to bake for you. YOU'LL find us in the village hall car park on the <u>fourth friday of every month</u>.

FIND OUR REGULAR MENU AND OUR MONTHLY SPECIALS ON FACEBOOK, INSTAGRAM,AND OUR WEBSITE - OR POP DOWN AND PICK UP A FLYER! text us your orders on <u>07967 000396</u> - OR COME DOWN AND LET US KNOW WHEN YOU'D LIKE TO COLLECT.

> ELECTRONIC PAYMENT PREFERRED (BACS/PAYPAL) -WE ARE ALSO GLAD TO ACCEPT CASH.

#### alexswoodfiredpizza.co.uk



#### **Torrington Mobile Library visiting Bridgerule**

July 22nd 2021 August 19th 2021

Bridgerule Village Hall 14:00—14:30 Bridgerule Uplands 14:40—15:20

Customers will be able to come on board the library van, individually or in their household bubbles, to choose books and other items. To make sure that there are enough books to go around we will be limiting borrowing to 5 items per person for the time being.

Face masks to be worn, everyone to use the hand sanitiser and observe social distancing rules when using the mobile library. Returned books will be quarantined for 72 hours.

#### Parish Church of St Bridget's **Tower Repairs**



Plans are now underway to raise funds for

the much-needed repair of our grade one listed parish church. Work to prepare an application to the National Lottery Heritage Fund has started. However, to stand a good chance of securing Lottery funding the parish needs to demonstrate that the repair project will encourage a wider range of people to visit the church and churchyard to learn about their history and environment.

To that end, if there are groups or organisations that would like to be involved with the project, to learn about the church and its surroundings, witness the repair work or make use of the space in the church, please email Ian Saltern at the following

address community@budecoastalteam.org.uk or telephone 01288 356212 for more details.

#### SERVICES FOR JULY AND AUGUST 2021 AT ST BRIDGET'S 11.00am

4th July 11th July

Morning Prayer Eucharist Eucharist

8th August Eucharist 22nd August Eucharist

25th July

#### THANKS

Gill Hedley of The Green wishes to thank everyone who brought plants from her RNLI plant stall. The sales made £110 and she will be sending a cheque to RNLI in due course.





#### WELL DONE THE BOYS!

Representing Holsworthy under 7's Harry, Ethan and their team mates took part in their first football tournament/match held at Crediton and won 3 games out of 4.



#### **RUBY WEDDING CELEBRATIONS**

#### Michael and Jackie Crocker celebrated their Ruby Wedding Anniversary recently.

Michael has lived all of his life in Bridgerule with Jackie moving to the village when she was 7 years of age. They both attended Bridgerule Primary School and when they transferred to Holsworthy Community College Michael and Jackie were in the same class.



On June 6th 1981 Michael and Jackie were married at St. Bridget's Church. Rev. Turnball conducting the ceremony and the organist being Mrs. Monica Bath. The best man was Gary Abbott and the bridesmaids were Janet Hallett, Michaels sister and Amanda Mitchel, Jackie's friend.

The wedding reception was held in our village hall with catering by Ye Olde Café' Holsworthy with the honeymoon being spent at New Quay, West Wales.

They later moved to their new self build bungalow, Festonia and this is their home today. Michael and Jackie have two sons, Mark and Paul who both live in Bridgerule with Paul recently moving here with his partner Nicola and Michael and Jackie's three grandsons, Archie, Henry and Reggie.

Michael for a number of years was the popular dame in our village pantomimes and until recently entered the humorous class each year at the village carnival. Michael and Jackie both enjoy cycling and walking.

#### **SHEILA'S MENTIONS:**

Hannah South 3rd July

**Audrey Bewes 1st August** 

Linda Weekes 5th August

**David Hale 14th August** 

**Raymond Bewes 15th August** 

Linda Goodman 29th August



#### THANK YOU



Mrs. Joan Whatmore wishes to thank all the kind people who have sent cards and words of sympathy in my sad loss of Graham and a special thanks to Scott and Kathy for their help, comfort a sympathy. I would never have managed without them.

#### **VOLUNTEER VILLAGE HALL CLEANERS**

If you feel you can give a couple of hours of your time every six weeks and join our hall cleaning rota, that would be great and really appreciated. Anyone interested please contact:

Sheila on 01288 381350

#### CARAVANS GUTTED, alum frame, am, galv chasses, tows well, \$1600, Pr. 045796000 2PT X 2 worth carries annex, s. \*0 ingle soft and 34950 one. 041328443 FA to, new in o. goes 4 1 o. ro serv, 0017 10, sec. 7: Habbe, no well, hoses 1 Complete set of Encyclopedia Britannica, 45 volumes. Excellent condition. No longer needed, Got married last month. Wife knows everything.

#### Neighbourhood Watch Notes— John McDougall

July and August, traditional holiday months, when the criminals can come down to Cornwall for their holidays, paid for by the gullible or unfortunate.



The Neighbourhood Alert system tells me, and I hope tells you as well, that of late three fairly local people have been conned out of £77000 in total. How can you believe it?

Don't believe what they say if you get the phone call or the email. Double check by using your own information to verify their validity. If they are genuine, they'll accept you putting the phone down and redialling after a wait. Don't do it immediately - wait and wait again.

And another thing, the fraudsters are mimicking phone numbers - so you think you are being contacted by, among others, Barclays Bank or First Direct or Lloyds Bank. Victims have lost £82000.

So if you have Caller ID be careful. Don't be caught by the phishermen.

If you have to get hold of the police, they should have finished their G7 duties, even the 400 from Police Scotland, these are some ways to get in touch.

Call 999 in an emergency, where life is in danger or the crime is taking place. Call 101, or email '<u>101@dc.police.uk</u>' to report matters. You can use '<u>dc.police.uk/webchat</u>' which allows you to talk online to ask questions or report non urgent crime. It's not for gossiping.

To report crime online you can use '<u>dc.police.uk/reportcrime</u>'.

You can give information by simply (I never like anyone using the word "simply") recording all the details on the online form then submit it via the website. You get a Crime Reference Number.

And another one '<u>dc.police.uk/AskNED</u>' is the non-emergency directory. It helps to answer the most commonly asked questions!

And you can also find information on Facebook, Twitter, Instagram or LinkedIn.

Try not to click on links automatically. Think, and stop and think again. Report suspicious emails on '<u>report@phishing.gov.uk</u>' or suspicious text messages to 7726.

I'm sorry to have to repeat these warnings, BUT - it could be you next. Be careful, be very careful. Don't have nightmares.

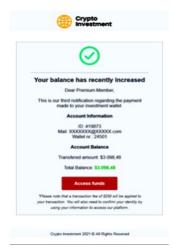
#### Microsoft does it again!

A few months ago, Microsoft released information about a new version of Windows 10 which was to be available in the spring of this year, it would have several visual changes and would be called windows 10X.

In early May a new version of windows 10 was released called 21H1. The Windows 10X has been shelved for the time being as it does not yet work satisfactorily "so what's new in that?" Now, having downloaded the current update and attempted to instal on a variety of different machines a major issue has come to light. It will not install on older machines, systems of 10 or more years old may not configure the final part of the update. The system enters a loop and continually asks for the language and keyboard versions to be entered, stopping the completion of the upgrade.

More recent systems don't experience this problem. The upgrade is 4.3GB in size and will take around 3 hours to instal dependant on your broadband supply. Users with limited data allowances may find upgrading takes them into 'out of contract charges', then the free upgrade becomes an expensive addon, especially if you have an old system. The system is forced to reinstall the previous version, but not without some issues.

To help overcome this I have created a DVD with which will install the windows 10 system without the need to download the complete programme. The DVD is free to those who wish to collect it, or a small charge is made if it's to be delivered.



I recently received an email informing me that my crypto investment account has been credited with 3,098\$48 USD. That's great I thought, only I don't have an account with Crypto Investments and will not touch Bitcoins with a barge pole! Ha! But I can log into my account with my details and pay 250\$00 USD to access these funds. Another scammer and not a good one at that, but someone will fall into the trap and lose every penny in their bank account. Be careful, scammers will never give up trying to steal your money.

For help and advice telephone Brian Meadows on 01288 381061

#### Calcutta to Bridgerule via London

Susan and Gautam have made Bridgerule their new home. 'Our haven,' as they describe it to their London friends who ask what it's like out there.



Gautam was born in Calcutta, while Susan has known Croydon from the day, she made her Mum and Dad proud parents. For Gautam, it was the Belgian Jesuits at St Xavier's College, the foremost public school in Calcutta, who gave him an eclectic education and instilled in him a strict discipline. His mother, a science professor guided him to medical school. It was here, when he entered an operation theatre for the first time, that he realised that this is what he was born for. Gautam went on to qualify as a doctor, winning the gold medal for Surgery in his finals.

It wasn't just medicine that filled his hours. Gautam always made time for tennis and cricket. He was a keen debater, winning several trophies while at university as well as a college blue. He also compered western music programmes on All India Radio; and for four years, he read the Saturday evening English news on Calcutta TV.

He completed his Masters in hip Surgery and decided to go for further training in England. With his father's blessings, and two hundred pounds in his pocket, he boarded a British Airways flight for Heathrow. Gautam's Dad had himself studied charter e d accountancy in England. He had lived in London surviving The Blitz, and witnessed in the darkening skies above, Spitfires and Hurricanes fighting off the Luftwaffe during the Battle of Britain. Gautam still has the jagged piece of shrapnel that narrowly missed his beloved father during a Heinkel bombing raid of London in 1940.

Plymouth was where Gautam's medical career in England started, spanning forty years in what he proudly calls, 'Our wonderful NHS.' He was at Greenbank, Freedom Fields and Devonport hospitals as a junior doctor in 1979. Mount Gould occupies a special niche in his heart. For it is from this quaint little hospital that he passed the Royal College of Surgeons examinations. Plymouth and Devonshire stayed with him, and he always hoped to come back. He then did further training in Wales and Yorkshire before going on to London where he was to spend the next thirty- seven years of his life. Starting at the famous Guy's Hospital where he learned to do kidney transplants, he completed his surgical apprenticeship at London's internationally renowned Institute of Urology, with a brief stint in the USA at Duke University Medical School. He won his second gold medal. During this period when The Royal College of Surgeons awarded him their Surgeon- in-Training medal in 1988.

He was appointed consultant surgeon in 1990 and worked in Croydon as well as St George's hospital in south London. For the next twenty- six years, Gautam operated on and looked after patients

whose care ultimately rested on his shoulders. He initiated the latest laser technology and worked with oncology experts at the Royal Marsden to provide the best cancer treatment for his patients. Very many of those patients went on to become his friends. Even after retiring in 2016, he remains a patron of the South- East Cancer Help Centre, offering individual advice and personal mentoring. He has trained hundreds of medical students and NHS junior doctors, and has lectured extensively, both in the UK and abroad from Europe to Egypt, India to the USA.

It is in the surgical wards that he met his wife, Susan. She was his ward sister and has herself a proud record of thirty years nursing service in the NHS. Not only did she look after the patients he operated on, but also made his porridge early every morning. She would bring him back home, often late at night, tired and

exhausted after yet another six-hour operation. Given that most of his working life, Gautam was on- call every other night and every other weekend, Susan frequently had to take him back to hospital to carry out emergency operations.





They have two grown up children — Indy and Meenakshi. Indy is also a doctor. He qualified from Guy's and is now a GP in Saskatchewan, having married Canadian- born Shayna whom he met during a rugby tour to Canada. They have a son and a daughter, Jayden and Jasmine. Meenakshi graduated from the London School of Economics and worked in Paris and at the BBC. She now lives in Staffordshire, married to Hamish. They too have a son and daughter, Arun James and Mia.

After retirement, Gautam and Susan travelled extensively in the USA, Canada, Australia and New Zealand. They've now chosen Devon & Cornwall as their retirement home. As Gautam says, 'It's a full circle, returning where I started all the way back in 1979.'



The choice of Bridgerule seems to have been fated. It arose out of Gautam's penchant for striking up conversations with complete strangers. 'I saw this man in a torn sweater and a Range Rover in Rydon Village. The next thing we were exchanging mobile phone numbers, and after two days, going over to Bridgerule where this new friend's friend was building a house. Three months later, we were throwing open the front doors to No. 1 Canal Rise!' They have named their new home, 'Camellia,' after Gautam's mother.

Susan and Gautam are looking forward to an active village life of long walks, dropping into pubs to sample local ales and Cornish gin, table tennis and tennis, long evenings under the stars and waking up to birdsong and the sweetest purest air they've breathed for a very long time.

They've already made friends with the cute little lambs in the fields and have startled unsuspecting motorists on narrow country roads. They intend to fully take part in local activities in Bridgerule and its surroundings.

Spending fun time with the four grandchildren remains a top priority, two of whom require regularly crossing the pond to Western Canada.

Gautam loves to be surrounded by his many books. Currently he is deep in European medieval history in the timbered courts of Charlemagne and King

Arthur. He has himself dipped his pen and written about his life as a surgeon in his memoir—

Tender is the scalpel's Edge: Stories from the Journal of an NHS Consultant Surgeon.



Gautam and Susan moved into Bridgerule in March 2021 and the editor wishes to officially welcome them and hope they come to love our village as much as we do.

Sheila would like to thank Gautam for writing his most interesting Spotlight so readily. She is also pleased to hear that Gautam has already started playing table tennis at our local club. He tells me that Susan makes lovely homemade bread and has invited me around to sample it and that is my intention in the next few weeks.

#### Holsworthy Walk and Talk

Last month's walks were virtually sunshine all the way, giving us the opportunity to dust off an array of sun hats and bring out the sun cream. We have welcomed several new members who have enjoyed discovering hidden gems of scenery and local history. They have commented that even having lived in the area for years they were unaware of such places as busy lives mean that we tend to by-pass them en route to somewhere else. The Monday Walk in the Park has resumed. Stanhope Park is looking good with the WWI commemorative trees beginning to fill out and the completed WWII commemorative carving offering an opportunity to admire and reflect.

We were saddened to learn that Rowland Shapland passed away suddenly. Rowland and his wife Jacqui began walking with us several years ago and both trained as Volunteer Walk Leaders in 2019. Rowland could always be relied upon to bring laughter and fun to our walks and he will be greatly missed. Our condolences go to Jacqui and their family.

Government Guidelines are still allowing walks of up to 30 people in a group. Our new programme has Level 2 and Level 3 walks each week but from **different locations.** This system is working well allowing parking for walkers and keeping numbers within the Guidelines. All walks start at 10.30 am and are FREE. Membership forms will be available from our Volunteer Walk Leaders prior to the start of the walk.

Further information is available from: holsworthywalkandtalk@gmail.com Gillian Aston 01409 254642 or Mike Jackson 01409 261196 or Paul Davies 01409 253250

#### **BRIDGERULE METHODIST CHAPEL**

## Services have resumed in the Methodist Chapel at two weekly intervals



Sunday July 11th Mr. C. Drew of Holsworthy. 11.00a Sunday 25th July Mrs. J. Orchard of Bridgerule 11.00am Sunday 8th August Rev. N. Street 11.00am



Congratulations

Gemma and Carl

The wedding of Carl Timmins and Gemma Winn, daughter of Geoff and Fiona took place in the lovely setting of Glebe House recently. Gemma and dad, Geoff arrived at the ceremony in a chauffeured vintage car.

Carl and Gemma's bridesmaids were niece and nephew Isabelle and Arthur Winn together with their mum Kayleigh Sennet.

At the moment the couple are living with Geoff and Fiona.

I was stopped by the police around 2 am this morning. The officer asked me where I was going at that time. I replied, "I'm on my way to a lecture about alcohol abuse and the effects it has on the human body, as well as the dangers of smoking and staying out late" The officer replied, " Oh really...... and who is giving that lecture at this time of night?"

'My wife" 😂

Spot the Difference?

<u>maybank2u.com</u> is not the same as <u>maybαnk2u.com</u>

<u>citibank.com</u> is not the same as <u>citibank.com</u> (the first one is correct, the second one is from hackers)

The "a" in the later url is a cyrillic alphabet.

An average internet user can easily fall for this. Be careful for every mail requiring you to click on a link.

Please Stay Alert

#### DERRIL SOLAR DEVELOPMENT

The Editor of The Buzz has been requested to publish the following article on behalf of the newly formed Pyworthy environmental Group.

This was quite lengthy and in view of articles regarding this development already having been published in The Buzz it has been condensed.

The article said:-

We have also been pretty active on the publicity front and in conjunction with the CPRE, have been interviewed on radio, television and film for You Tube etc. John Nettles has also been heavily involved with all this media work and has also appeared in the Western Morning News and slots in the Telegraph and the Mail on Sunday. So the momentum and interest in our campaign is building day by day, as we show how misguided that this headlong rush to build enormous Industrial Solar sites really is.

It is very important that every local person over 18 years, who does not wish to see the area around Pyworthy and Bridgerule change to an industrialised landscape of glass and metal, to send in a letter of objection to Torridge Planning Department and copied to the Pyworthy Parish Council.

All correspondence should be referenced with 1/0249/2021/FULM. If you have an email then you can send your letter of objection to <u>planningsupport@torridge.gov.uk</u> copy to Cathy Withall at <u>Pyworthy@yahoo.co.uk</u>. If you prefer to write a letter then the address is Laura Davies, Planning Dept, Torridge District Council, Riverbank House, Bideford, Devon EX39 2QG. Please include your NAME and POSTAL ADDRESS on your objection letter as TDC will not register comments without this information.

Pyworthy Environmental Group



#### Bridgerule Village Hall Chairman's Update

First of all, a big welcome to all the people who have recently moved into the village. We welcoming you into the hall soon. The Hall is starting to be well used by the groups that can meet under current guidelines. Hopefully, it will not be too long before everything can get back to normal. Oh, to have some entertainment on in the Hall.

The Hall now has a sound system, a notice board outside & a post box. The notice board will be regularly updated.

Following a letter in the Buzz regarding the play park the Hall has taken over the equipment in the play park. Some parents have leapt into action and started a project to upgrade the equipment (& fence). These don't come cheap (in excess of £30,000) but with the help of Sheila's grant application skills they are well on the way and hopefully in the next few weeks we will be in a position to order some new equipment.

The fence has been replaced, with a very big thank you to Harpers of Holsworthy & Darren Stephens for their donations to replace the fence and gate and to Darren and Michael Harris who volunteered to help erect it recently.

Saying that, we have had an instance of anti-social behaviour / damage in the play park by children. Parents please be aware of what your children are doing. We would hate to have to install CCTV to protect the hall & the new equipment.

If there is anything we can do to improve the hall please let us know.

Kevin Bowditch

#### **BYGONE BRIDGERULE**

The photo shows 'Turk' Rickard outside his home, getting the family their water from the pump. The family lived at 1 Baily Terrace for a number of years. (Tom, Monica, Jeannette and Nigel together with sister to Monica, June and of course grandad 'Turk').

Sadly Tom and Monica are no longer with us but June now lives in Holsworthy and was married to Patrick Vinnicombe, a member of a very well known family of Bridgerule and who amongst other things was our Revel Chairman for a number of years. Jeannette too lives into Holsworthy with her husband Michael and Nigel lives in Pyworthy with wife Vikki. Sheila remembers spending many hours looking after Jeannette and Nigel when they were young. Jeannette was later to be Sheila's bridesmaid and Nigel was Sheila's page when she was carnival queen. Of all the times to be sick Nigel contracted mumps for that revel week but still carried out his duties.

Why 'Turk ' because he was always up to mischief!





#### **ENGLISH TUITION and WRITING SERVICE**

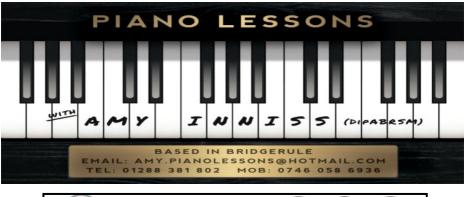
## Experienced tutor based in Bridgerule currently has spaces available for private tuition.

- English Language and Literature up to A Level
- French to GCSE Level
- English as a Foreign/Second Language
- 11+/Entrance exams (including Maths/Verbal and Non-Verbal reasoning)
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Bespoke classes in your home. £25/hour, free initial consultation



Bridgerule Parish Council ClerkRachel Perry07980 543209
Holsworthy Medical Centre 01409 263 692
Stratton Medical Centre 01288 352133
Stratton Hospital01288 320100
Torridge District Council www.torridge.gov.uk01237 4228700
Holsworthy Rural Community Transport team 01409 259001









Planning Permission Building Regulations

Please feel free to contact us for a free no obligation visit and quote

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 : info@rarowe.co.uk
 : www.rarowe.co.uk



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## Slimming World

TUESDAY Holsworthy The Memorial Hall

5.30pm & 7.30pm Essie 07816 686121

WEDNESDAY Bude Budehaven School 5.30pm & 7.30pm Essie 07816 686121

THURSDAY Holsworthy The Memorial Hall 9.30am Essie 07816 686121 5.30pm Dawn 07764 484188

slimmingworld.co.uk F 🔽 🖸





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#### BRIDGERULES BUZZING COMMUNITY = facebook page

*'If you wish to promote an event in our village... want something ...or maybe have something for sale'* 

Just let Stacey Hillier Cholwill know and she will upload it on to our face book page'.



Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk





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