

THE BUZZ

Steve OUT

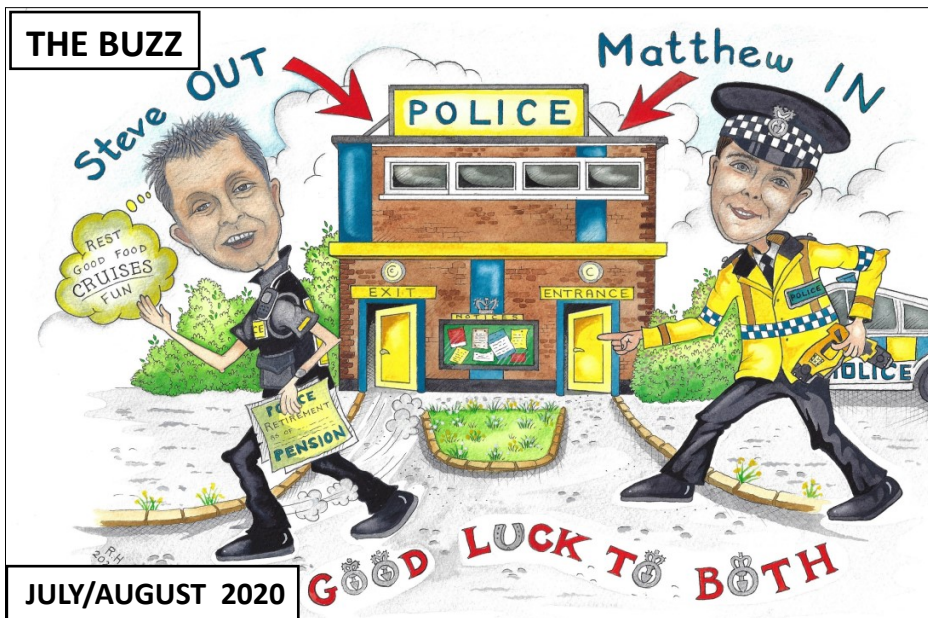
Matthew IN

REST
Good Food
CRUISES
FUN

POLICE
RETIREMENT
is a
PENSION

JULY/AUGUST 2020

GOOD LUCK TO BOTH



Dear Buzz Readers,

Thankfully, albeit slowly some things we think of as normal are beginning to return again to our lives, but as regards to the re-opening for bigger gatherings such as our hall, church and chapel its still a non-event.



Those of us who volunteer to look after these buildings have been given a strict direction which must be adhered too before we re-open and as intensive as it is we know it is the right thing. Let's say it is a work in progress! Each of us have lived in our own household "bubble" for several weeks now and it has become the norm! I feel we will all need cajoling out again!

The ladies are getting used to buying on line without "feeling" the material of that dress, trouser or whatever. Those of us who are of an age in particular, have been grateful for our family, friends and neighbours to do our food shop or perhaps we have come into the 21st Century and now ordering it on line. We are also very grateful to the local businesses now who are delivering to the village on a regular basis.

The Tamarside Singers were formed about five years ago and through the pandemic I have tried to blog all the members each week with something as upbeat as possible. It might be with the help of a u-tube video, some photos or me just "going on".

One of the things that has been mentioned on more than one occasion is the problems faced as regards to our hair. Some of us have had to colour it for the first time. Husbands have tried to be helpful but the result has been that not everything has always gone to plan. Over the weeks though, once we have sourced the right colour and method, we have got the hang of that one. This cannot be said by most of us on the use of those hair scissors! We have had to trim a bit here and cut a bit there but if there is anyone I want to see in the very near future, even though it means wearing a face mask, its my hairdresser, Amy! July 7th here I come!! Stay Safe.

**Sheila Cholwill Editor email: sheilacholwill@btinternet.com
Telephone: 01288 381350**

The front cover depicts Steve and Matthew South.

Steve, his wife Jo, who runs Holsworthy Gymnastics Club, with Hannah, (currently at University) and Matt have lived in the village for 18+ years. Steve has just retired from Devon and Cornwall Police with over 30 years combined service after transferring from Lancashire Police.

Matthew has recently joined Devon & Cornwall Police having previously worked as a green keeper at Holsworthy Golf Club and as a Special Constable. Matthew will be policing locally once his training has completed.



Wanted Land to Buy or long-term rent.

1-3 acres required within 2 miles of Bridgerule parish.
To contain scrubland, trees, clearing and water if possible.

Can be overgrown or unkept.
Assess from road or footpath required.

Wanted for personal use, no large cattle or horse grazing.

Contact Emma on 07779768661
if you have something that may be suitable.

We continue to be vigilant when delivering The Buzz through these uncertain times and therefore if you do not get one delivered through your letter box remember it will be on line in a week or so.

Just go to www.bridgerule.co.uk The Buzz.

If you hear of someone who does not have access to a computer please let me know and I will try and sort something out.

I would like to thank those who have kindly agreed to continue to deliver this issue of the Newsletter at this current time and a special thank you to those that have volunteered to stand in for those unable to do it. Editor.



How well do you know our local Parishes?

Can you answer these questions in relation to the Parishes of Thornbury Hamlets, Holsworthy Hamlets, Pyworthy, Milton Damerel, Bradworthy, Clawton, Pancrasweek, Halwill & Bridgerule?

- 1) Which Parishes have a school?
- 2) Which Parish does NOT have a village/Parish hall but hopes to?
- 3) Which Parish does NOT have a pub but has "Charlotte's Bar"?
- 4) Which Parish is Southcott Garage connected with apart from the one in which it is located?
- 5) In which Parish would you find Dunsdon Nature Reserve?
- 6) In which Parish would you find the Molesworth Arms?
- 7) In which Parish would you find Lizzie's Larder?
- 8) In which Parish would you find Derriton Hill?
- 9) In which Parish would you find "The Stable" as a religious venue?
- 10) Which Parish has no official footpaths?
- 11) In which Parish are NFU offices located?
- 12) Which Parish has a brewery?
- 13) Through which Parish does the "Ruby Way" pass?
- 14) In which Parish would you find "Butterfly Lane"?

Answers on page 25

SHEILA'S MENTIONS:

Our thoughts and warm wishes are sent to **Gwynneth Cameron** and her family on the recent passing away of husband, dad and grandad **Ron**. Remembering **Shirley Fanson** and her family on the sudden death of husband, dad and grandad **John**.

We also remember **Roz Rickett** and her family on the sudden death of husband, dad and grandad **Jimmy**.

BIRTHDAY WISHES:

Hannah South for the 3rd July

Audrey Bewes for 1st August

Linda Weekes for 5th August

David Hale for 14th August

Raymond Bewes 70 on 15th August

Linda Goodman 29th August



*Our warm wishes are sent to **Derek Field** who is at present in hospital.*

We hope everything goes well for **Travis** who is moving to Ireland with his girlfriend Emily very soon.



Delightful display of hanging baskets in front of Meadows Barn.

Steve and Lorraine have now lived in our village for a year.

THANK YOU: In Remembrance of my Loving Jimmy.

I would like to thank everyone for the kind wishes of cards and flowers I have recently received.

Love Roz xx

**HOW SOME OF US CELEBRATED VE DAY ON MAY 8TH 2020
IN BRIDGERULE**



LITTLEBRIDGE MEADOWS



LITTLEBRIDGE CROSS

Lyndsey
even
wore
seamed
nylons
or was
it?





Our village of Bridgerule has been struck with great sadness over the last few weeks due by the passing away of three residents who had lived here for a number of years and involved themselves in our village activities.

One of those residents was:

Jimmy Rickett who passed away suddenly on Friday 6th June at Barnstaple Hospital, with Roz his wife, by his side.

Jimmy was born in Edinburgh and moved to London at the age of three. He met Roz nine years ago and they lived in Lincolnshire before moving to Bridgerule Village seven years ago and later to South View.

Jimmy has two daughters Sam and Becky, 4 grandchildren and a step-son James and a step-daughter, Kath. Jimmy and Roz loved their three dogs Rose, Flo and Kevin.

Jimmy was a playing member of the village Short Mat Bowls Club, Table Tennis Club and Walking Football. He also sung in the village singing group, The Tamarside Singers. His humour and banter will be sadly missed at these activities. His popularity was confirmed by the number of friends and acquaintances who lined the road through the village as the hearse passed through, before making its way to the crematorium.

THANK YOU!

I would like to thank everyone who kindly sent flowers, cards and letters of condolence to me following Ron's death. Also those who helped by shopping and collecting prescriptions for us during Ron's illness. How kind people have been and I and my family would like to say a huge thank you.

Gwynneth, Andrew, Samantha and Helen Cameron



Holsworthy Area Community Developer

My name is Bridget Cordory and I have been employed by TTVS <https://www.torridgecvs.org.uk/> and One Northern Devon <https://onenortherndevon.co.uk/> as the Community Developer for Holsworthy and surrounding parishes. I have worked in the community all my life in roles ranging from social work, special needs, community arts and establishing a community centre in Cambodia, more recently I was the Community Developer for Torrington.

Working with the Ruby Country Medical Group, Holsworthy Town Council, Parish Councils, Holsworthy Community Forum and other community groups, my aim is to work with local people to improve health and wellbeing by assisting to develop ideas that come from the community.

To enable this to happen I am collating and mapping the community activity provision that can provide early help and support to delay or prevent need for care interventions such as those that reduce social isolation, support carers, and those living with long term conditions in the community. Normally I would be out and about dropping in on coffee mornings, chatting to people in village shops and generally learning what makes your community tick. BUT in these strange circumstances in maybe awhile before I am let loose so I need your help, to identifying and understand the key Wellbeing issues for your area and the priorities for action. How we can work together to Create Solutions – develop new initiatives or build new life in struggling ones.

I would like to hear from you the positive things about living in Bridgerule . What happens in the village normally? What is happening now? Photos of events and activities would be very welcomed. Also what you would like to happen, no matter how small or trivial it seems. Please contact me at bridget@ttvs.org.uk or phone 07939 154416

**Spotlight on someone born in Bridgerule
and now working for Formula 1!**

JOANNE GARDENER

Joanne was born at Buttsbear Farm and is the youngest daughter of John and Sonia.

Joanne takes up her story:-

Apparently when asked what I wanted to be when I grew up, I responded with 'a daddy' – apparently, I meant my daddy and drive a lorry!

Over my years at Buttsbeer & Marhamchurch Primary, I sadly realised I didn't have quite the right 'skillset' to be that – on driving ability alone! However, there had been one common theme – sport.

In my younger years it was playing it, but as I came to terms that my talent wouldn't take me to professional stardom, I realised I might have to look into other ways to keep sport part of my life. After completing A-Levels at Shebbear, I went on to spend three years at Loughborough. You expect that on your graduation day you'll have a clear-cut idea of what life holds. Apart from student debt & a bunch of lifelong friends, it was fair to say, I had no clue. All I knew was that I was not cut out to be a PE teacher!

Formula 1 had never been more than a Sunday afternoon mention in the television guide growing up. However, having spent two years post-graduation working in Sports Recruitment, I was looking to move into Events Management. I'd always had an interest in the area, and my natural skillset seemed to lend itself to events, but my experience was limited to a couple of weeks working with BP at London 2012.

I used the contacts I had picked up in recruitment and sent a CV out to various sports teams, venues and agencies. When a job working in Formula 1 came up, I thought it might be fun, a good way to build up the air miles at least, and sent across a CV.

Two interviews, some frantic googling of the Drivers' names and a good portion of 'right place, right time' later, I was starting my new career in corporate hospitality on behalf of Shell.

Joanne (*centre of photo in red track-suit*) **attending her first race in Belgium 2015.**



Five years and 100+ flights later, I've worked with a number of sponsors in F1 and football, and lost count of the number of events & projects!

I've worked more broadly in sponsorship management and been part of some varied projects – everything from filming the latest FIFA18 player tricks with Paris Saint Germain, to helping Lewis Hamilton get his own back on some Sky Sports Presenters. I now find myself managing the team I joined five years ago, taking the lead on the Ferrari F1 programme for Shell.

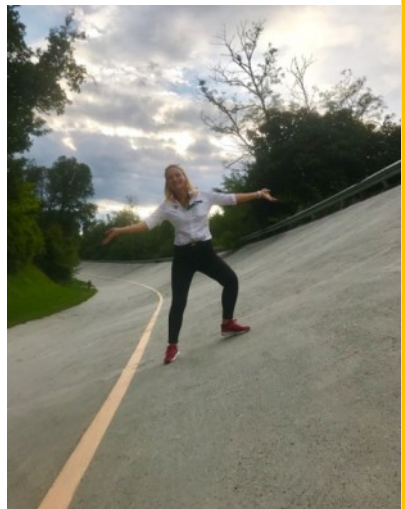


In short, my job is to ensure guests (this can be anybody from the CEO to a forecourt attendant) have an unforgettable experience at a F1 race weekend. Pre-event we manage the tickets, hotels, transport, branding etc. and on-site it can be anything from hosting driver question and answers, explaining more about Shell's role as fuel supplier to Scuderia Ferrari, or simply being the one to ask the driver or celebrity for a photo when the guests go shy – it happens to everybody!! I can be responsible for anything from four to 800 guests.

F1 is demanding, there's no 9-5, numerous 3am airport alarms, eye watering jet lag and there will always be guests who want more. But it's rewarding and addictive. The team you are working with at 1am become some of your closest friends. The 3am alarms are for travel to amazing cities such as Melbourne, Singapore & Monaco. The beaming smile on a guest's face after they've chatted to Sebastian Vettel washes away the stress that you went through when he, or she, realised they left their ticket in the hotel!

Each track & race weekend holds a different experience, and hurdles! Not all of my guests are F1 fans and it's part of my job to find the part of the sport they'll find interesting. Whether it's the racing, engineering, scale of budgets, travel or celebrity gossip, there's usually something I can get them talking on!

In China & Japan the challenge is language. Personally, I'm 99% certain I've eaten meats which I wouldn't have chosen to order if I could have read the menu, but it also throws up challenges on a work front. One year I had a group of Japanese guests in China so I was destined to fail, especially when the translator for the group asked me what time the 'match' started. Three days of smiling, hand gestures, photo taking and texting meeting times (luckily numbers are globally recognised!) later, they were safely waved goodbye at the airport. Despite the minimal communication, they must have had a good time as the same group returned to Monza for the Italian GP. Although they insisted on bringing their own lunch of noodles to VIP hospitality – if any of you have Italian friends or family you will know this was not kindly received by Ferrari!



The famous Monza Banking.

In Singapore, it's heat. The teams and drivers actually stay on European time because the race is run at night when it's cooler. Emphasis on the 'er' – 30-35° rather than 40°! However, guest programmes usually run on Singapore time and so I end up covering both time zones, whilst trying to acclimatise myself to the heat and 90% humidity. Shell may fuel the car, but Coca-Cola and energy drinks fuel the event team that week! That being said, watching the F1 cars thunder around the narrow city streets of Singapore is a sight not to be missed and we somehow end up looking forward to returning there each time September rolls around.



Celebrating Ferrari's 1-2 result in Singapore 2019 – complete with Seb's podium champagne!

Guests always ask if it's 'normal' to me now. In one way, yes, but I still have to pinch myself when I'm in the garage or celebrating a Ferrari win at the podium (sorry Lewis fans). The atmosphere after a race win is indescribable – it's impossible not to become a fan of the sport when you see the passion & hard work behind it all. There are some elaborate celebration parties too, of course!

There's a saying that if you do more than five seasons in F1, you're in for life. It's been a rocky road at the start of my 6th but I am hopeful it won't be long until we're back trackside and the deafening roar of the F1 engines are interrupting my guest speeches once again!

The Editor thanks Joanne most sincerely for agreeing to report so readily on her exciting career. Note she says Seb's podium champagne. Actually this is Sebastian Vettel no less! No wonder she has to pinch herself.

PARADE OF OUR VILLAGE SCARECROWS





Windows 10 2004 Upgrade



It's that time of year when Microsoft releases an update or new version of Windows. This year, a major update of Windows 10 (version 2004, April 2020) was released in phased downloads on May 28th and will have hit your computer sometime in June for some and in the future for others!

I am writing this article on June 1st after installing and making good at least 4 computer installations affected by the new upgrade.

It shouldn't, but it does have an adverse effect on some 3rd party software, therefore some readers of this column will have already experienced issues with their systems. In the first instance Windows 10 needs approx. 8GB of free space to download and install. Those with large amounts of 3rd party applications installed on their system will need much more, one machine required over 50GB of free space to complete the process. If running a system with only 32GB storage this upgrade may well by-pass you.

The next issue is that the installation will take a minimum of 2 hours to complete fully, but you may experience a black screen whilst the programme further installs additional support software and this can run for a further 2 hours. Those using Office 365 will find the "Teams" app dumped on their system without warning.

Plus, it's Microsoft's intention to discontinue support of 32bit software and subject to your machines hardware (older machines operated on 32 bit software), it may malfunction without warning, this may mean you have to forgo installing all future patches and fixes, or at least until you invest in a 64bit machine!!

So, as we come out of "Lock Down" you may be experiencing LOCK UP! and all the frustrations that brings. Hopefully most users will not feel a thing and the upgrade will go seamlessly from version 1909 to 2004.

However, computers using Windows 10 version 1903 or earlier will not upgrade automatically and a manual upgrade will be necessary.



**For help and free telephone advice and support,
telephone Brian Meadows on 01288 381061
Nofix-Nofee Computer Repair Service.**



WHAT WE DO IN LOCKDOWN TO BE WITH OUR FRIENDS

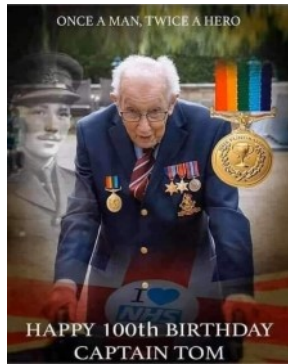
The weather didn't stop Christine, Gwynneth, Freda, Rose and Chris from having their takeaway Fish and Chips. Christine Gee's garage was the dining area and everyone keeping their social distance.

WINNERS ARE GRINNERS!



Ella Cholwill has been our **Revel Queen** for the passed year. During that time she represented Bridgerule at four other carnivals, Hartland, Bradworthy, Bude and Holsworthy and winning at each one. Ella is seen here with her trophies and is now a pupil at Budehaven Community College.

Ella's attendant for the year was Phoebe Lucas, flower girl, Erin Snowdon and pageboys, Harry Cholwill and Lenny Mounce.



**CADET BRAUND
SENDS
BIRTHDAY
WISHES TO
COLONEL TOM**

My name is Cadet Braund and I have been part of the Army Cadet Force for a year and a half.

I parade at Holsworthy detachment every Monday night under supervision of our DC Lt. Jim Harvey. We also often meet on a Thursday evening for weapons training, first aid, PT and Duke of Edinburgh activities.

As a group we usually help with community activities such as marshalling the Ruby Run, helping at Holsworthy show and partaking in the clean up.

The Remembrance parade is a large event in our calendar. Every year we march through Holsworthy town with organisations to pay our respects. Last year I was lucky enough to have the privilege of laying a wreath on behalf of the Army Cadet Force at the memorial. I really enjoy cadets and have made so many amazing friends.

To progress within the Army Cadet Force we go on weekend camps in Okehampton to undertake an assessment, throughout the year. There are many opportunities to go on different camps and take part in different courses. My favourite thing in cadets is annual exercise, where we play laser tag, sleep out over night, take part in ACF based tasks as a team and generally just have fun with your friends.

NEIGHBOURHOOD WATCH NOTES

JUST COME IN: Do take extra care of your Debit Card especially as there is a spate of these being cloned in this area. Time to wrap it up in foil ?

Is it not surprising that with any new event someone will come up with a SCAM. So now you can be offered almost everything to keep the Corona-virus away or heal you from it, if you get it. It's a SCAM. They are after your money. Don't believe them. Don't tell them anything. It's lies.

If however you are looking for someone to tell about a scam or a fraud you have come across try :-

- * Action Fraud - 0300 123 2040 - 'actionfraud.police.uk'
- * Royal Mail Fraud - 020 7239 6655
- * Forward a scam email to - 'report@phishing.gov.uk'
- * 'cyberaware.gov.uk'
- * 'financialfraudaction.org.uk'
- * 'friendsagainstscams.org.uk'
- * 'take five-stopfraud.org.uk/advice'

Or if you want someone to talk to over the telephone try:-

- * The Silver Line - 0800 470 8090
- * or there is the Samaritans on phone number 116123.

I do hope that the lockdown will be eased before too long and going about our lives can get as back to normal as possible.

Burglary or housebreaking figures must be down with so many people staying in. Even scam phone calls are down but still do not get sucked in. Phishing emails are probably being rewritten as I write.

Find out more by joining the Alert service. Sign up via the Devon and Cornwall Police website in Holsworthy at 'holsworthy@devonandcornwall.pnn.police.uk'
Stay safe.

John McDougall
Coordinator Bridgerule
01288 381237



St Bridget's Church

Please note that this information was correct at time of writing but may be subject to change. For the most up to date information, please visit our benefice website – <https://www.holsworthybenefice.org.uk>

At present, services are being held online via Zoom and St Bridget's Church remains closed.

All are welcome to join us for worship online at the times below using the zoom address:

<https://us02web.zoom.us/j/82633460276?>

To join by phone: 0131 460 1196

ID 826 3346 0276

Password: benefice

Online Worship is held at the following times:		
Sunday	10.30am	Morning Worship
Tuesday	7pm	Contemplative Prayer
Wednesday	3pm	Home Group
Friday	12 Noon	Prayers

The Church of St Peter and St Paul, Holsworthy is open for personal prayer

The Kivell Chapel in Holsworthy Church is open every day for personal prayer. Many people have missed being able to go into a sacred building to spend time with God. Thanks to many volunteers, part of the church of St Peter and St Paul, Holsworthy is now open each day.

If you are self-isolating due to you or a person in your household having symptoms please do not go to the church, please carry on praying at home. Please sanitise your hands on entry and exit, observe social distancing and stay within the cordoned areas. In time and with the right volunteers we will look to open parts of Pancrasweek and Pyworthy churches.

Funerals in Church

Funerals are now allowed to take place in the church building. Although still limited to close family, or if no close family, close friends, it is hoped that this will bring comfort at this difficult time.

Rector

Mother Elizabeth is to be licensed by Bishop Jackie as Rector on 16th July. At the moment she is Priest in Charge. A service of installation will take place once social distancing has eased.

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mark.james@devonandcornwallpolice.pnn.uk
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Holsworthy Medical Centre	01409 263 692
Holsworthy Hospital	01409 253424
Holsworthy Library	01409 253514
Holsworthy NHS Dental Care	01409 255525
Holsworthy Post office & Sorting Office	01409 253608/01409 253236
Holsworthy Rural Community Transport team	01409 259001
Torridge District Council... www.torridge.gov.uk	01237 4228700
Bridgerule Parish Council Clerk ..Rachel Perry.....	07980 543209
Stratton Medical Centre	01288 352133
Stratton Hospital	01288 320100
Post Office The Crescent Bude	01288 352048
Kilkhampton Post Office (Outreach PO at our hall)	01288 321223
April Lodge Dental Practice	01288 352340
Bude Library	0300 123 4111
Bude Tourist Information Centre	01288 354240
Cornwall Council New County Hall Truro	0300 123 4100
North Devon District Hospital	01271 322577
Derriford Hospital	01752 202082



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Answers to Quiz

- 1) Halwill, Bradworthy, Clawton & Bridgerule 2) Thornbury Hamlets
3) Holsworthy Hamlets 4) Bradworthy 5) Pancrasweek 6) Pyworthy
7) Milton Damerel 8) Pyworthy 9) Holsworthy Hamlets 10) Bridgerule
11) Halwill 12) Clawton 13) Holsworthy Hamlets 14) Milton Damerel

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Slimming World

TUESDAY

Holsworthy

The Memorial Hall
5.30pm & 7.30pm
Essie 07816 686121

WEDNESDAY

Bude

Budehaven School
5.30pm & 7.30pm
Essie 07816 686121

THURSDAY

Holsworthy

The Memorial Hall
9.30am Essie 07816 686121
5.30pm Dawn 07764 484188



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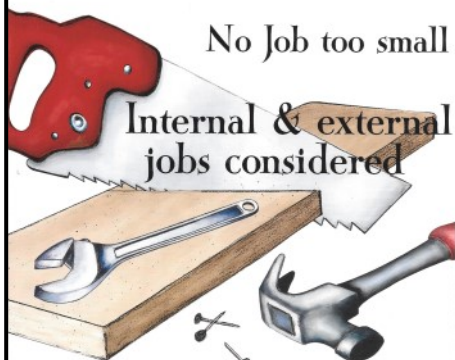
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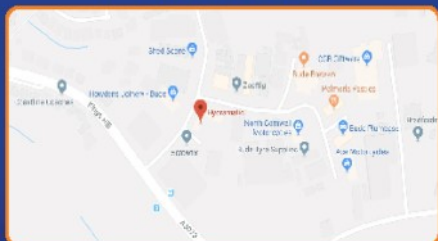
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