



It is good to report that **Open Gardens** will be taking place again this year. The date set is Sunday 12th July. At the moment it is unsure how many gardens will be taking part but that the proceeds from it will be donated to the Devon and Cornwall Air Ambulance Night Light. More details in this issue.

The popular **Beer Festival** held at The Glebe annually now, is also detailed in this issue.

If you have anything you wish printed in the next issue of The Buzz please get it to the editor by 20th April. She would love to hear from you.

Sheila Cholwill Editor Telephone: 01288 381350 Email: sheilacholwill@btinternet.com

Please note that by supplying material for publication in The Buzz you are also giving permission for the same material to be published on The Bridgerule website at www.bridgerule.co.uk.

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HEROES

HELP FOR HEROES COFFEE MORNING

TUESDAY 31ST MARCH at 10.30am

BRIDGERULE VILLAGE HALL

Calling all serving and ex-serving military personal family and friends

We Welcome you to this Coffee Morning to get together

And listen to a talk given from Help for Heroes

For further information call Daz 0751537777807



WHAT'S ON at BRIDGERULE VILLAGE HALL

MONDAY: BEAT BOUNCE 6/7 and 7/8pm Brooke 07715560912 TUESDAY: VILLAGE COFFEE CLUB 10.30am Sheila/Audrey 381350/402 TABLE TENNIS - 2.00pm Jill 01409 254349 DOG OBEDIENCE - from 6.30pm Christine 01288 381104 WEDNESDAY: ART & CRAFT - 2.00pm Joan 01288 381002 2 weekly THURSDAY: SALSA DANCE - 7.15 pm Steve Marvell - 07788992634 FRIDAY: DOG OBEDIENCE - 10.30 Christine 01288 381104 2 Weekly

SHORT MAT BOWLS 2,00pm Alan 01288 382988



Book it Now on 01288 381350

Keep an eye on the village website

www bridgerule.co.uk

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THE BRIDGERULE BEER FESTIVAL WILL BE

FRIDAY 17TH JULY - SUNDAY 19TH JULY



The Brewer Family would like the Beer Festival to be for the whole Community and will be setting up some stalls that local residents can set up free of charge.

It could be a cake stall, selling local produce, tombola. The more creative the better. If you are interested please call Jay on 01288 381272

TABLE TOP SALES

BRIDGERULE VILLAGE HALL

SATURDAY 7th March / 4th April



'A BIG THANK YOU.

A big thank you to all the supporters of **Bridgerule TABLE TOP SALES** including those who have kindly donated items over the last 6 years and people who have supported us on the 1st Saturday of each month as valued customers.

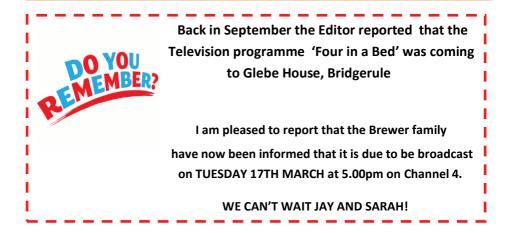
Special thanks go to **MALCOLM** for helping us to set up and pack away each time, also **STEVE** who kindly assists in packing up.

Grateful thanks got to **FREDA**, **BRENDA**, **HILARY and SHEILA GATLAND** who work hard setting up the stalls, serving each time and also to **KEVIN** who helps by testing all the donated electrical goods. Many thanks must also go to **SHEILA**, **PAT and MAUREEN** who kindly provide cakes, scones and teas etc. making it a very pleasant and social occasion each time.

So far, our stalls which include donated items only, have raised a very pleasing **£6,000** - and this goes to the **Bridgerule Hall Refurbishment Fund** which is my reason for thanking everyone who has contributed in any way - a brilliant result in just 6 years.

TABLE TOP SALES continue in the village Hall on the firstSaturday of each month - 1.00 pm until 3.30 pm.

Christine Gee



Microsoft Office users vulnerable to hackers

MICROSOFT OFFICE users could be vulnerable to a new attack that lets criminal's takeover your computer remotely or install malware.

Microsoft users should be on alert for a dangerous hacking exploit. If you use Microsoft Office Word, Power-point, Excel & Outlook, make sure you install the latest updates from Microsoft to ensure you're guarded against hacks that could allow cybercriminals to remotely access and control your PC.

Microsoft software is full of holes (weak points in the program code) which can allow attackers an opportunity to execute their own code on your machine, this could lead to harvesting important credit or debit card details, or installing malware, ransomware, or other nasties on your computer.

To begin with a hacker needs to trick you into opening a specific file from an email, or link to a nefarious website. A remote code is then dumped on your system and will advise you to download updates from their site. If successful the hacker will then install programs; view, change, listen into conversations or delete data; or create new accounts with full user rights.

To counter this type of attack, download important updates from Microsoft directly. Click on the windows Start button (bottom left of your screen), click Settings and open Update and Security and activate Downloads. Then select Advanced Options and activate "Receive updates for other Microsoft products"

And that's it. From now on, Microsoft will install the latest Office updates and products onto your machine as soon as they are available. That means your



system will have the latest patches and fixes and more holes will be plugged to protect you from the millions of Thieves, Scammers, Robbers and the unscrupulous criminals who haunt the internet on a daily basis.

Many more users are finding "Alexa" to be overly intrusive especially at times when having a private conversation. The device is fitted with extremely sensitive microphones and listens

for commands. Many users find conversations interrupted as words are mistaken for commands. Which begs the question, If the device can listen into your conversations, who else can?

For free telephone advice Contact Brian Meadows Nofix-Nofee Computer Repair Services Tel: 01288 381061

Holsworthy Walk and Talk

Our first Friday walk in February found 40 of us at the start by the village hall in Halwill Junction. The rain clouds parted and we had pleasant sunshine for a couple of hours whilst we followed various tracks and paths along a circular route out to the chapel at Chilla after which we then followed the lane back to the village. On the 14th the weather was less amenable, but after a very wet and windy week the rain did actually hold off. We were at Upper Tamar Lake where all the recent rains had filled the reservoir to capacity and the run-off over the spillway made a spectacular cascade.

Our level 1 walk for people with limited mobility, whether this is just temporary or longer term, meets every Monday at the Holsworthy Area Sports Pavilion, Stanhope Park at 10.30 am. Tea and biscuits are served afterwards which gives a good opportunity for making friendships and socialising.

Our Friday walks meet 10.30am from various locations as listed in the programme which can be downloaded from our website at **www.walkingforhealth.org.uk** or are available in local venues such as Holsworthy Library and the Tourist Information Centre. If you need any further information please contact Gillian Aston on **01409 254642** or email **holsworthywalkandtalk@gmail**.



Neighbourhood Watch Notes

Some crimes you can't stop happening. Mindless vandalism for instance.

Other crimes such as burglary you can hope to make it more complicated for the offender. Make life tough and they are more likely to do it to someone else. Much the same as theft. Keep your stuff locked, zipped or chained etc. and it's not worth the criminal's time to try a pinch.

However it is difficult to avoid the phone call or email trying in all sorts of ways to get you to part with your money.

Scams or phishing trade on a person's greed or gullibility or even down to scaring them with words like "police", "bailiffs", "courts".

Do remember that none of these callers do things in that way, and certainly not your bank.

On emails do not click on attachments, just delete.

Here's a new one on me. "Smishing". This is a text message. Don't respond. It wants you to phone a number. Don't. Just delete it.

Let us hope that the weather is going to get better and we can enjoy more of the out door life. Again let me remind you that the criminals enjoy that too, with your goods, bikes, cars, wallets, phones anything you leave around.

As spring approaches do make sure you don't have to call in the real police for burglary or theft or anything else that has been taken.

Call 999 if it's happening now or 101 if it's not an emergency.



You can contact the police with a routine message, by email, on "torridge@devonandcornwall.pnn.police.uk.

John McDougall Neighbourhood Watch Coordinator Telephone: 01288 381237

BRIDGEF PREAC			
1st March	J. Guy	11.00am	
8th March	M. Hodges	11.00am	
15th March	M. Shears	11.00am	• <u> </u>
22nd March	P. Wreyford	11.00am	
29th March	S. Hill	11.00am	
5th April	Rev. N. Street	11.00am	Sacrament
12th April	B. Cleave	11.00am	
19th April	Mrs. E. Squire	11.00am	
26th April	Mrs. J. Wilson	11.00am	



SALSA CLASSES

Bridgerule Village Hall

Every Thursday 7.15pm

More details available from Steve Marvell

On Telephone: 07788992634

WHIST DRIVE

Takes place in our Village Hall

3rd Sunday in Each Month



Next one due to take place on Sunday 15th March

More enquiries needed please telephone

John or Sue on 01288 354387

VILLAGE PRELIMINARY NOTICES



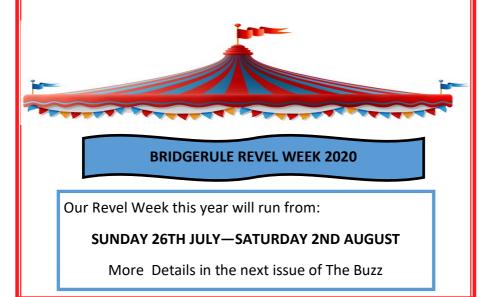
BRIDGERULE OPEN GARDENS

Our Open Garden's will be held on the 12th July 2020.

This year we will be raising money for the Air Ambulance night lights. The gardens will be open from 11am - 5pm on the day. Admission cost £4 per person for all the gardens.

There will be refreshments and plants available to buy.

If you are interested in participating with your garden please feel free to join in and **contact Fred Cogdell on 01288 382 830.**



SHEILA'S MENTIONS:

Whose Birthday is it:

Peter Green for the 8th March. Mrs. B. McDougall for the 8th march. Ann Maynard for the 10th March. Sarah Tomlin for the 10th March. Fi O'Reilly for 12th the March. Freda Lacey for the 18th March. Susan North for the 19th March.

John McDougall for the 5th April. Rose Hitchings for the 7th April. Shirley Abbott for the 11th April. Georgina Braund for the 20th April. Liz James for the 21st April. James Davey for the 22nd April. Jedd Peschke for the 22nd April. Hazel Cann for the 22nd April.



Our thoughts are with the family of the late **Bruce Ingram**. Bruce lived an The Green for many years with Betty, his sister-in-law.

Our thoughts are also with Angela Brock and her family on the death of **Terry**, husband, grandad and great grandad. Terry had lived in the village all his life and loved everything Bridgerule.

Warm wishes are sent to **Alex Johnston** after his recent operation.

VINNICOME PARK - FOOTBALL PITCH

I have been requested to remind all dog owners that dogs are **NOT** permitted on the Football Pitch. It appears that this is occurring and even worse, their owners are failing to pick up their dogs deposits.

Please remember this is a place which both adults and children make use of and the consequences, if this continues ,could prove very dangerous.



ST. BRIDGET'S CHURCH SERVICES FOR MARCH/APRIL

March 1st	Sung Eucharist	11.15am	
March 8th	Morning Prayer	11.15am	
March 15th	Sung Eucharist	11.15am	
22nd March	Sung Eucharist	11.15am	
5th April	Sung Eucharist	11.15am	
12th April	Communion by Extension	11.15am	
19th April	Sung Eucharist	11.15am	
26th April	Morning Prayer	11.15am	

CHOLWILL'S CHRISTMAS REINDEERS HAS GONE INTERNATIONAL!

"We always like to know where our reindeer go and this one as far as we know has travelled the furthest to their new home since we began making them 7 years ago"

We have recently received an email saying:

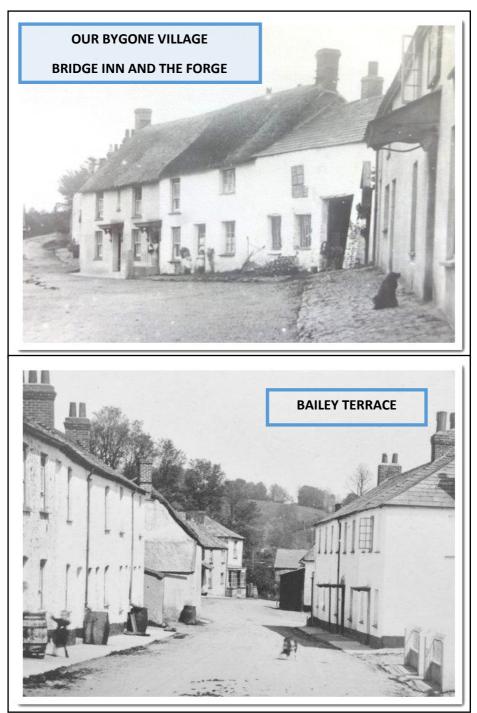
Hi Colin/Sheila,

Look how far your reindeer have travelled. Her name is Rowena and she now lives in Kingston Ontario.

My Cousin took it back with her this January after her Xmas with us.



Steve South.



Torbay and South Devon hospital maternity ward are running short on a few items and have asked if some knitters can help.

Some of our favourite patterns are below:

Cardigan:

https://www.ravelry.com/patterns/library/babbity-baby-jacket https://www.ravelry.com/.../ayrton-all-in-one-sleeveless-baby...

Booties:

https://mariannaslazydaisydays.blogspot.com/.../little-babbit... https://mariannaslazydaisydays.blogspot.com/.../baby-hug-boot...

Blankets:

https://mariannaslazydaisydays.blogspot.com/.../corner-to-cor...

50cm, any pattern! Post to:

John mac, ward manager, Women's health unit, Torbay Hospital, Newton Road, Torquay, TQ2 7AA. **Crochet:** we do not have patterns for crochet but if you know the stitch that creates items with no holes at all you can crochet. The holes in stitches like granny stitch can get babies fingers caught in so are not suitable for prem babies in hospital.

Please include a note to say you are knitting on behalf of the warm baby project.



Those who have kindly agreed to sponsor The Buzz are:-

Mr and Mrs. McDougall - Uplands Robert & Julie Honey - Higher Beer St Bridget's Church Bridgerule Terry & Angela Brock—The Green Mr & Mrs Steel - 8 Southfields. Mr & Mrs Allison - Canna Park Mr & Mrs. F. Bond -The Green Mr and Mrs. J. Medland - Rosebank Mrs. Svbil Prouse - Rvdon Richard & Gill Heal - Holsworthy Steve and Jo South -Brensham House Carol & Jan Baker - Fastlake Lewdown Paul & Stacey Cholwill -1 Littlebridge Cross Mr Jim Bearham - Woodlands Rav & Audrev Bewes - The Green Michelle and Paul Sanders - Rimmersleigh Ron & Gwyneth Cameron - Southfields Roger Neep - Tamar House Mrs. Shirley Youldon - Bude Mervyn & Sylvia Lucas - Bude Ron & Marion Abbott - 2 Bridge Park Alec & Pat Johnston - Southfields Mrs Karen Gliddon - Holsworthy Trevor & Sue Bowden - Churchtown Bill & Jill Knightley—Holsworthy Terry & Julie Reddicliffe - Holsworthy Kevin & Leslie Bowditch - Littllebridge Meadows Kevin & Susan Norton - The Village Ray & Jan Orchard - Sunnyfields Mrs Alison Tomlin—4 Bridge Park Pete & Angela North - Kents View Christine Jackson -Littlebridge Meadows Barry & Joan Marshall - Littlebridge Meadows Victor & Janet Bickle - Stratton Mrs Kathy Elliott - Little Platt C & L Clocks— Glencarne Dave & Karen Thomas - The Forge Mr & Mrs D J Best - Old Mill View Mrs J. Vinnicombe - Holsworthy Rick & Sarah Hallett—Littlebridge Meadows Jimmy and Ros Rickett— South View Mr & Mrs James—Borough View Mrs Rita Stacev - Clawton Mrs Christine Routley—Holsworthy Mrs. B. McDougall - Frome Somerset Ben & Brenda Tole - Southfields Malcolm & Jovce Shadbolt—Kildare Emma Moore—Marybear Freda Lacey - 8 Bridge Park Derek & Gwen Prouse—Bude Will and Janine - Miishkan Barry & Lisa Lucas - Elmpark Shaun & Sonia—Elm Cottage

P.J. Bobcat Hire— Colin Cholwill Chris & Rose Hitchings - Wharf Villa Alan & Rosie Beat – The Mill Mr and Mrs D. Field - 10 Southfields Mr and Mrs P. Hodges - Southfields John & Sonia Gardener - Buttsbeer Farm Grenville & Margaret Cleave - Garden Ridge Mrs. Linda Goodman-1 Bridge Park Mrs. Christine Gee - Southfields Bill & Margaret Eastcott-Littlebridge Farm Mr and Mrs N. Rimmer - Silverstone Michael & Jeannette Yeo - Holsworthy Marilyn & Victor Pickett - Southfields. Gary and Shirley Abbott - Carn Venn Skipp Family - Furze Farm David & Vivienne Hale -Lodgeworthy Mrs. J Bowden - St Catherines Mr and Mrs. A. Jones - Holsworthy Steven & Ann Youldon - Knowle Malcolm Newton –Southfields Mr. & Mrs. J. Wickett –Munks Colin and Margaret Short—Col Marvin Brian & Lyndsey Beadle - Littlebridge Meadows Mr & Mrs Green — Moorside John & Carol Palmer Holsworthy Michael & Linda Moore—Okehampton Les & Betty Slade - The Green Darren & Tasha Stephens - Sanctuary Lodge Bill & Lynn Keeley - Canada Doug & Sue Genini - Inversus Colin & Fiona O'Reilly - Southfields Mr & Mrs Tim Honey - Grove Farm Mr & Mrs L Haydon - East Park John and Michelle Jardine -Miss P Glover - Lower Dux Mr A Rowland Bude Mrs Eunice Furmage - Holsworthy Arron & Georgina - The Green Steve and Dee—Southfields Tony Wallis—Littlebridge Meadows Alan & Sally - Watersedge Mr & Mrs E. Tingley—Southfields Mrs Sheila Gatland - 3 Southfields Jane Leven - Little Bridge Gardens Vic & Sue Cowan-Dickie -Trevor & Linda Snowdon—The Green Ian & Jaqi Edwards—Canal Rise Scott & Kathy Whatmore - Brooklands Graham & Claire Braund—Littlebridge Meadows Friends of Bridgrule School

FREE AS A BIRD

By Marie Field

A bird will fly to the top of a tree, When released from his cage or captivity, And sing his heart out with pure joy, For all the wide world to enjoy. His lovely, fluting, melody, Because at last he is now free.

And now we also can spread our wings, To achieve so many different things. To have our own rules and regulations, And belong once more to our own nation. For it was strange to measure our food as grams, When baking cakes or making jam. The brain sometimes seemed somewhat foggy, And cakes in danger of becoming soggy. But we did not mind if banana's were straight, As long as yellow and given the correct weight. Were they banana's or were they plantains, It seemed to take a while to explain.

Stoic as ever, we tried our best to conform, But longing to return to the old English norm. But we felt all we had loved, going astray. The culture if our country fading away. For we are British and different since time began Times can change the rules, but not the man. For our love of England goes deep to the core, And we are British today, tomorrow and forever more!

MEG THE SHEEP DOG

Becky Palmer lived in Dorasfield, Bridgerule from birth with her family until 2004, when she moved to Camelford and this is where she lives today. **Becky takes up the story.**

Back in November 2010 I saw an advert for a litter of pup's in the Holsworthy Post. I went along to see them. There was only one left unsold . Little did I know that this little pup 'Meg' would change my life!



Initially I was looking for another collie to do agility with but Meg had other ideas. She comes from very successful sheepdog parents 'Lad' and 'Maid', who I got to see work when I went to see the litter. All she wanted to do was round things up. So, I bought books, DVD's, a whistle and some sheep and set about training my very first sheep dog. It wasn't easy! There were happy times and frustrating times, but I wasn't giving up. In the early days she wasn't very good at listening to me. She wanted to do things her way which was challenging including biting people and would grip sheep.

Once we'd put the basics in, 'come-bye' and 'away' the control came and she started to settle. Getting her to 'stop' felt like it was never going to happen, but we got there eventually. I got back in contact with her breeder (who trials sheep dogs) and with his help he pointed me in the direction of the local sheep dog trials and a man 'John Carter', who has helped me so much.

I joined the Cornwall Sheepdog Society and the International Sheep Dog Society. I was in awe of the people running their dogs at the sheep dog trials. I said to Meg 'that will be us one day'. Meg and I trained nearly every day from when she was 12 weeks old until we ran in our 1st nursery trial in 2011 when she was 13 months old. Meg was ready to start training really young, she was bored and getting very frustrated being a pet and needed a job. There are always people willing to offer help and advice and everyone on the trialing scene are so welcoming. Shortly after starting trialing I joined the committee of the Cornwall Sheepdog Society.

Our 1st trial didn't go as I'd hoped, I was really nervous. I left the field feeling deflated and at the time didn't understand why she didn't work like she did at home. The whole of that first season was used to gain experience. Soon, my control of Meg had improved. She became more settled working sheep in a trialing environment away from home. I let her down on the trial field numerous times, her experience of working sheep had over taken mine by a mile. I had a lot of catching up to do! But our hard work finally paid off when we finished our first nursery trial in Somerset coming 3rd. Meg had a litter of pups in 2013 (the one I kept sadly died in July 2015). The following April she ran through a gate and injured her back badly and had 8 months off work. This set us back a lot as we missed a season just as things were getting better for us. After lots of physiotherapy and rest she returned to full work in 2015 and we had some good placings .

The following year we won our 1st open trial at Brentor. The course was huge, there were over 50 dogs in the class, the weather was awful, heavy rain and fog. We also became eligible to run at the English National Sheep-dog trial. This is where the best 150 dogs in the country compete against each other over 3 days. In 2017 we won a trial very early on in the season and continued to get good placings. We did have to miss a few trials as Meg was diagnosed with skin cancer followed by mammary cancer and had 2 operations to remove them. Even so, we were classed as one of the top 3 Cornish dogs at the end of the open season and competed against the top 3 dogs from Devon in the 'Champion of Champions'. Amazingly we won and this was a turning point for us.

2018 sadly saw Meg suffer a fractured skull and had an operation for cancer but it was still a good season for trialing. Then just weeks before she was due to run at the English National Sheepdog trials she broke her toe; luckily she was healed just in time to go. Last season was our best yet, we started off with 3rd place at a trial at Meg's breeders, followed by 2 wins and a 5th at Cornwall's big open trial. This trial attracts handlers from all over the country, the continent and America and is held over 2 days on the

second weekend in May. There are 2 fields running at the same time.

In July 2019 we headed over to the Isle of Man for a 3 day trial attracting some of the country's best handlers and trainers and for a first prize of £1000. The temperatures were scorching so not ideal for working a dog. Meg and I had a really good run on the first day and got into the final. I went not expecting much, but to be able to come home and say that we'd beaten some of the best in the country is amazing. We didn't win the final but competing at that level was incredible. We're off again this July!

We had another win at a trial in Wadebridge in August before heading up to Yorkshire for the English National Sheepdog trials. In September Meg's uterus got infected meaning she had to have an operation to remove it. This meant no working or trialing for 6 weeks but she was back in action for the last 2 trials of the season. One of which was a double-fetch. Meg had to fetch one packet of sheep, bring them down the field then leave them and go and get another packet. We completed the course and came second. At the Cornwall Sheepdog Society's annual dinner and prize giving In 2018 Meg was voted best dog by the other handlers. Last year she was the most successful Cornish dog and won the season.

In recent years I have been judging trials. Not only is Meg a trial dog, her ability as a flock dog is excellent and she loves her flock work. She never backs down to sheep. She is a dab hand at catching sheep at lambing time and will work any type and number of sheep and thinks for herself. She has got me out of some tricky situations when moving sheep. I can stand in a gateway, send her to get sheep which are out of sight and she'll bring to me with just that one command. Meg will search for sheep hidden on the rocks on Roughtor when it's time to bring them in for lambing or shearing.

It takes about 18 months to 2 years to fully train a young dog. I am very lucky to have had the privilege to train dogs for other people over the years. I'm hoping to add two more sheepdogs in April, but these two pups will have very big boots to fill.

The editor wishes to thank Becky for her story and wish her and her Meg the best of luck in the future.

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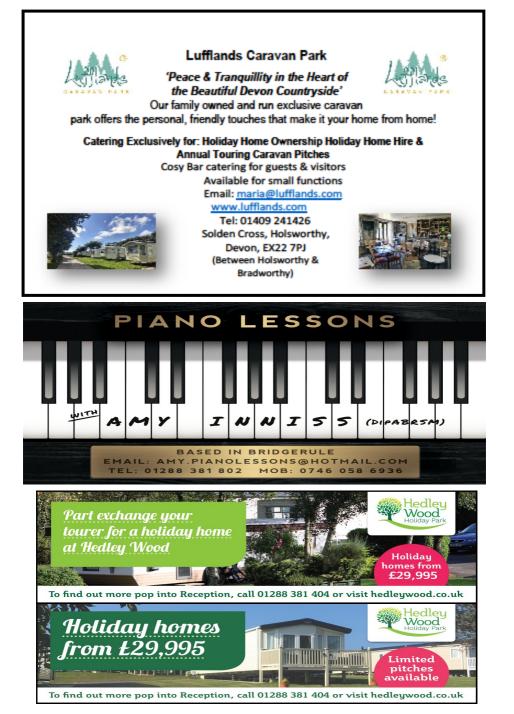
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Call Wendy on 01288 331311 or 07813772095

USEFUL TELEPHONE NUMBERS

PolicePCSO Mark James mark.james@devonandcornwallpolice.pnn.uk Non-urgent phone calls 101



Holsworthy Medical Centre .		01409 263 692
Holsworthy Hospital		01409 253424
Holsworthy Library		01409 253514
Holsworthy NHS Dental Care		01409 255525
Holsworthy Post office & Sorti	ng Office 01409 25	3608/01409 253236
Holsworthy Rural Community	Transport team	01409 259001
Torridge District Council ww	vw.torridge.gov.uk	01237 4228700
Bridgerule Parish Council Clerk	<rachel perry<="" td=""><td>07980 543209</td></rachel>	07980 543209
Stratton Medical Centre		01288 352133
Stratton Hospital		01288 320100
Post Office The Crescent Bude		01288 352048
Kilkhampton Post Office (Out	reach PO at our hall)	01288 321223
April Lodge Dental Practice		01288 352340
Bude Library		0300 123 4111
Bude Tourist Information Cent	re	01288 354240
Cornwall Council New County	Hall Truro	0300 123 4100
North Devon District Hospital		01271 322577
Derriford Hospital		01752 202082



Jammin Nights Mondays & Wednesdays From 8.00pm

Doggy Day Care

THE BRIDGE INN Telephone Pam or Garv 01288 381316

General Knowledge Quiz Every Sunday Evening - 8.30pm Maximum of 6 per Team ALSO HOLIDAY FLAT TO LET



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Slimming World

TUESDAY Holsworthy

The Memorial Hall 5.30pm & 7.30pm Essie 07816 686121

WEDNESDAY Bude Budehaven School 5.30pm & 7.30pm Essie 07816 686121

THURSDAY Holsworthy The Memorial Hall 9.30am Essie 07816 686121 5.30pm Dawn 07764 484188

slimmingworld.co.uk



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CPR REFRESHER COURSE!

The village was fortunate in March 2017 to have donated by The British Heart Foundation a defibrillator. It is permanently mounted outside the village hall and thanks goes to Matthew for regularly maintaining it.

At the time a number of the community took part in a CPR course. Three years on we feel a refresher course would be beneficial.

DETAILS WILL BE IN THE NEXT ISSUE OF THE BUZZ.





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Mutley Crew Dog Club Bridgerule Village Hall

Kennel Club Listed Club doing the Kennel Club Good Citizen Dog Scheme Obedience and Rally Obedience,

Tuesday Evenings – Puppies and Beginners – 6.30 - 7.15pm 7.30–8.15pm Standard Class and Bronze Good Citizen Award 8.30–9.15 pm Advanced class and Silver/Gold Good Citizen Awards Hoopers training also available, please phone for information Contact Christine 01288 381104 or Margaret 01288 352427



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BUDE

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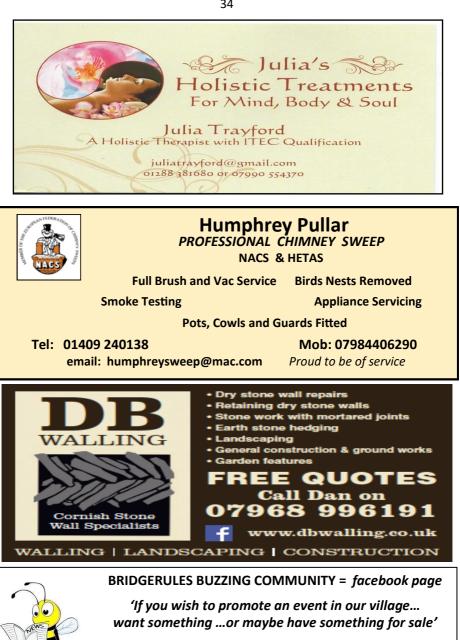
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Then just let Stacey Hillier Cholwill know and she will upload it on to our face book page'.

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