



THE BUZZ

JANUARY/FEBRUARY 2019



**May I take this opportunity
to wish all Buzz Readers
Good Health, Success and
Happiness for 2019.**

As you read The Buzz you will see that for the next few months Fran and Jill from Southfields are on an holiday of a life time and have kindly agreed to report back to us as they travel along. I hope that you find this interesting.

Please remember that if you have something that you think others would like to read about in our Newsletter let me know and I will try my best to publish it.

Sheila Cholwill **Editor**

E-mail: sheilacholwill@btinternet.com

Telephone: 01288 381350

BRIDGERULE VILLAGE HALL

TRADERS £5 A TABLE

Can set Up from 12.0 Noon

Buyers from 1.30pm

SATURDAY FEBRUARY 2ND / MARCH 2ND

PLEASE show your support to this regular sale come and browse, stay for a cup of tea/coffee and a piece of cake.

Christine can be contacted on 01288 381033 or

Sheila on 01288381350



Holsworthy Day Companions

Registered Charity No.1171699

A new charity carrying on where the old "Holsworthy Day Centre" left off.

Providing care and support for pensioners, carers & the bereaved.

We can offer a variety of packages to suit your needs:

* all day (with lunch) * part day or hourly

* free drop in social afternoons from 2-4pm (refreshments extra)

Take up our introductory offer of 3 trial days at £5 per visit (includes lunch & refreshments)

Escort for "Ring & Ride" trips for Holsworthy Day Companion members

Now at the Scout and Guide HQ, Well Park, Holsworthy

Open every Tuesday, Wednesday & Friday 10am - 4pm

For more details call: 01409 259935 or email

holsworthydaycompanions@outlook.com



RECYCLE YOUR REAL CHRISTMAS TREE!

Each year Paul and Stacey Cholwill collect real Christmas Trees from around the village and transport them to Widemouth Bay free of charge. Here they are used to support the sand dunes.



This year they plan to do the same. The trees will be collected on the weekend of the 5th/6th January 2019. Just give Paul or Stacey a ring on 01288 381843 prior to collection date. Leave your tree outside your home, where it can be easily seen and it will be picked up and put to good use.

Bridgerule Church of England Primary School – December news.

As the term draws to a close we are reflecting on what a productive and exciting term it has been! The children have been involved in a wealth of exciting extra curriculum activities, trips and events many of which have brought the community together.

In October we had our Harvest Festival in a packed Chapel with Southlands residents attending too. There were lots of Harvest Festival Donations which support the local Food Bank. In October we also had a visit from the dental hygienist to discuss the importance of good oral hygiene whilst supporting the children in understanding how to brush their teeth.

Families from all our schools met at the Sea Pool Hub on Summerleaze Beach in Bude for a beach clean event in November. We learnt about looking after our environment whilst enjoying our wonderful coastline and a second event is planned to continue this valuable environmental education. Pupils from Bridgerule have made 2 visits to Southlands to spend time with the residents, this week they sang carols which was a lovely treat for the elderly.

As part of the Christmas festivities we were treated to a wonderful Nativity by Class 1 at St Bridget's Church. The children spoke well, sang with gusto and impressed us all with their enthusiastic acting. They also looked amazing in their costumes. A huge well done to all the children and to Mrs Pankhurst for all the hard work that went into the performance. Many Thanks also to Mrs Bunning for running a lovely Christingle workshop in school. The children enjoyed making the Christingles with parents and grandparents and were then able to take them to the Christingle Service that we held in the Chapel.

This week the children have been on a school trip to Rosemoor Gardens in Torrington and on the last day of term Class 3 are having a special treat in the form of a sleep over in school! I am sure they are going to have lots of fun.

I would like to say a huge well done to all the children and staff for their hard work throughout the term. I would also like to say thank you to FOBs for their continued work to raise desperately needed funds for Bridgerule School and to all the volunteers and helpers who contribute to the school in a variety of ways including helping on trips and hearing readers: John, Sam, Lou, Liz, Steph, Pat, Tanya and Jaime.



Wishing you a Merry Christmas and Happy New Year

Lisa Paton

Executive Head Teacher, Bridgerule Church of England Primary School.

BRIDGERULE METHODIST CHAPEL

PREACHING APPOINTMENTS JAN/FEB 2019

January 6th	Mr. C. Parish	11.00am
13th	Mr. M. Reeves	11.00am
20th	Mr. P. Wreyford	11.00am
27th	Mr. J. Guy	11.00am
February 3rd	Mr. P. Old	11.00am
10th	Mrs. Joy Wilson	11.00am Sacrament
17th	Mr. V. Bickle	11.00am
24th	Holsworthy/Bude TRIPP	



BRIDGERULES BUZZING COMMUNITY = facebook page

'If you wish to promote an event in our village... want something ... or maybe have something for sale'

Then let Stacey Hillier Cholwill know and she will upload it on to our new facebook page'.

Stacey is on 01288 381350 or email her on shillier357@yahoo.co.uk

NEIGHBOURHOOD WATCH NOTES



Well that's that over for another year. Happy New Year 2019, whatever it brings. No doubt lots of rubbish is bound to have accumulated in the last fortnight, so black bag collection dates are Saturday 5th January then back to normal from 18th January. Recycling days stay at

Mondays. Green wheelie bin starts Monday January 14th. There's bound to be a Christmas tree recycling spot somewhere.

Anyway, do you have oil for your heating and/or hot water? One of our local oil companies offers a free priority scheme for the over 75s. (Many of us fancy a priority scheme for the not yet 75s I suppose) It's an industry thing - the Cold Weather Priority Scheme. Moorland Fuels have announced they are part of it. To join phone 01837 55700 or email "moorlandfuels.com".

I continue to receive "Alerts" which frequently tell me about scams, normally sent by phone and/or email. Please remember, they are phoning/ emailing you. You didn't ask for it. If you think something is wrong put the phone down/delete the email. Certainly never, never, never give bank information or anything else they ask for.

Let's start the year off being safe and looking after our neighbours. If you see something going on that you think is strange call the police. If you want to remain anonymous call Crimestoppers on 0800 555111.

If you just want to chat to someone over the phone (for the over 55s) call The Silver Line on 0800 470 8090. I did, and they are just there for a natter. It's not the Samaritans or Child Line or Age UK, just a friendly person to talk to.

So, look after yourselves and others and it should be a great year.

John McDougall
Co-ordinator Bridgerule
01288 381237

*A little girl climbed up onto her grandfather's lap and asked,
"Did God make me?"*

"Yes," the grandpa replied.

"Did he make you, too?"

"Yes."

*"Well," the girl said, looking at his wrinkles and thinning hair,
"he sure is doing a better job nowadays!"*

Holsworthy Walk and Talk

Here we are with Christmas behind us and 2019 to look forward to. A New Year generally brings resolutions including losing some of the excess festive calories and 'getting a bit fitter'. Our walks are an ideal way to address physical fitness with the added bonus of improving psychological wellbeing and raising the spirits.

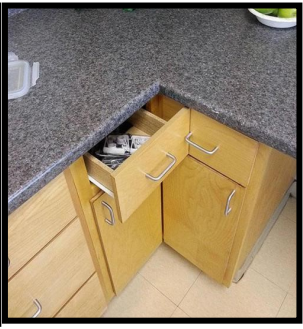
Evidence continually adds to the list of benefits of walking in the prevention, management and rehabilitation of long-term conditions including cancer, Type II diabetes and heart disease. Our walks also benefit our pockets as they are FREE.

Our January programme has a good mix of terrain and scenery. The Bude Canal walk will take us from the Canal out onto the Coastal Path, subject to safe conditions. The Chilsworthy walk visits part of the route the Canal would have taken inland and gives an opportunity to marvel at the engineering and sheer manpower, literally with shovels and wheelbarrows, needed to create the waterway. A gentler woodland walk at Witherdon Woods gives us an opportunity to walk on solid forestry tracks. We are fortunate to have a selection of woodland walks to use in the winter when several of the footpath routes are waterlogged.

We wish everyone a happy and healthy New Year.

Our Monday Level 1 walks in Stanhope Park, Holsworthy start at 10.30 am. We meet outside the Holsworthy Area Sports Pavilion with tea and coffee served afterwards. The Friday walks move off at 10.30 am from various locations around the area. Details can be found on our walk programme.

For further information regarding the Monday walks please contact Gillian Aston on 01409 254642. For information regarding the Friday walks please contact David Arney on 01837 861829.



Premium Carpets Week st Mary

Your local flooring specialist dealing with Brittons, Karndean, Cormar, LVT, vinyl, and many more keeping up to date with all the new trends.

We offer free home visits & meetings at our showroom by appointment only.
These can be made 7 days a week and out of working hours to suit you.

Call us on:
Showroom: 01288341870
Mark: 07947695875
Sarah: 07572654465
Or email us : premium_carpets@icloud.com
2, the old garage, week st Mary EX226UP





Situated in the village of Week St Mary at the old garage is the spacious unique showroom of premium carpets, offering a wide selection of all different types of flooring ranging from carpets, vinyl, luxury vinyl tiles (LVT), safety flooring, wood, rugs plus more.

Here is only a handful of companies they deal with, Karndean, Cormar, Britons, Polyflor, lifestyle, plus many more.

Mark and Sarah are very passionate about their business keeping a keen eye on new trends to bring you the latest on the market.

To provide a very personal service for their customers they offer an appointment only for their showroom. With over 20 years combined experience they will guide you through start to finish with help and advice making your experience of getting your new floor a smooth process.

Appointments can be made 7 days a week. Therefore providing customers with convenient times to suit their own personal needs.

They have received fantastic feed back from previous and on-going customers.

Premium carpets also have a pop up shop over at Hatherleigh market every Tuesday from 10:00am - 1:00pm providing a small collection of products to view.

CAROL SINGING 2018

Carol Singing round our village of Bridgerule was spread over 2 weeks – both sessions held on Tuesday evenings and on both occasions there was thankfully little or no rain.

The first Tuesday everyone met at the lovely Christmas tree opposite the Bridge Inn which Pam and Gary the Publicans kindly supply every year to brighten up the village.

Father Christmas was kept busy from his decorated sleigh waving to everyone and this was ably pulled by reindeer (Bill Eastcott) dressed as a reindeer and sat on his brightly lit quad bike. Carols were sung mainly in the centre of the village and the singers returned to the Primary School where FOBS (Friends of Bridgerule School) supplied mulled wine and mince pies.

On the second Tuesday there was a larger crowd of Carollers and they sang for residents of Littlebridge Estate and Southfields estate where they were welcomed with plenty of treats including sherry and mince pies etc. A huge thank you to all the singers who put up with very cold conditions and to the many warming treats supplied by residents of Bridgerule. Thanks also for very generous contributions slipped into the 2 collecting boxes. The total was a very pleasing £216 which divided between the Church, the Chapel and the School means that they all receive £72. Always a brilliant fun evening for all concerned and one that will be repeated next year.

JOHNNY COWLING EVENING

Johnny Cowling the very popular Cornish entertainer visited our village hall a few weeks ago. The hall was full to capacity.

Johnny is an entertainer who likes to get among the audience during his performance— with many tales and yarns to spin. He also has a great singing voice which gets everyone dancing and clapping.

This great evening raised a profit of £1600 for hall funds.

Fran and Jill live in Bridgerule and have recently embarked on a holiday of a lifetime, lasting several months. These two lovely ladies have agreed that the readers of The Buzz can be part of their holiday.



We left Southfields on the 14th of October to catch an overnight ferry from Plymouth to Roscoff our first stop was an aire at Plouescat in Brittany (an aire in France is a specially designated parking spot that fully contained campervans; for example has their own toilet and washing facilities; can park for a short period of time for free or a small fee. Plouescat was a lovely place with a large sandy beach, dune banks and piles of unusually shaped granite rocks that have been sculpted by the sea and wind into curvaceous shapes. The region is largely agricultural, specialising in artichokes, onions, cauliflowers and potatoes.



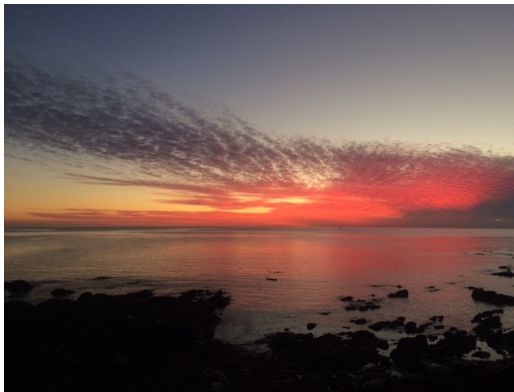
We then visited Cameret-Sur- Mer on the North Coast of Brittany.

In 1694 Cameret Bay was the site of the naval battle between the French and the English forces. This ended in a disastrous landing by the English as part of an attempt to seize the nearby Brest.

We stayed in Morgat which traditionally was a quiet sardine fishing port before discovering tourism. The coast near Morgat is known for it's multicoloured sea caves due to the appearance of fluorescent minerals. There is also a coastal walk from Morgat to Cap de la chèvre which is much like our coastal paths in Bude very steep in places but worth the effort for the views.



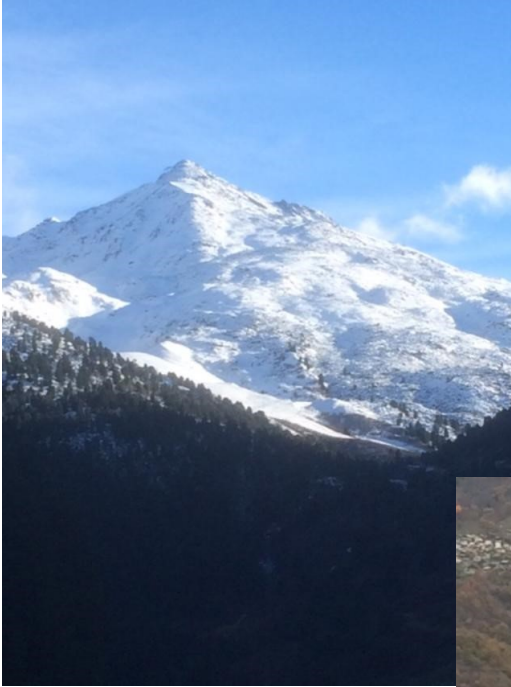
We moved on to Nevez. Here we stayed in Raguenéz which has such a lovely beach that the Nevezien citizens have christened it Tahiti. Whilst we were there we were lucky enough to see some amazing sun sets from the warmth of the campervan as the aire was situated next to the waters edge.



Next was il de ré, an island off the west coast of France (near La Rochelle) and best known for its salt marshes and oyster farms, beaches and cycle paths. It was great to get the bikes off and try out Tilly in the panniere, she loved the experience of being up high and having the wind through her ears! Of course while we were out we had to try an oyster or two!

On our arrival to Meribel it has snowed on the very top of the mountains and more was forecasted for the next day.

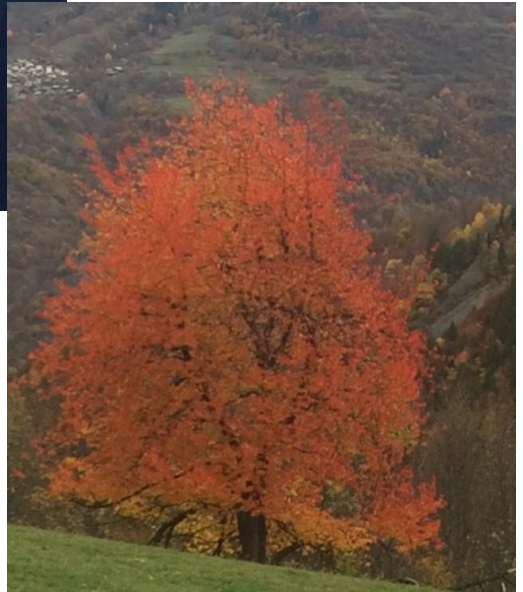
Meribel is a ski resort in the french alps also called le trois vallees (because it is made up of three valleys) of which Meribel is the central one.



It is the largest ski area in the world with it's 370 miles of ski slopes.

The next day it did snow so we woke up with snow outside the doorstep of the chalet we were staying. Tilly was very excited.

The snow didn't stay long but then we were treated to the lovely Autumn colours of the mountains.



We have said goodbye to friends in Meribel and are now traveling through Italy hoping to be in Sicily by Christmas.

Our route into Italy from France was via the tunnel de frejus which goes under a mountain range just south of the vanoise national park which also covers part of meribel it took 12 minutes to get through and we entered in lovely sunshine but exited to dark grey clouds! Our first destination is the town of Alba, northeast of cúneo which is famous to the Italians for white truffles and red wine.

The Alba white truffles are more delicate and aromatic than the black variety found further south and very expensive, a white truffle the size of a golf ball would set you back £200. The red wines are divided into two, the light and fragrant Nebbiolo and the more robust Barolo also called the “the king of Italian reds”.

Our next stop lucca 17km northwest of Pisa is a lovely walled town that we had previously visited but were keen to return as inside the walls it is generally free from traffic so it's a great place simply to walk randomly through town and along the perimeter walls allowing an elevated view of inside and outside the walls.

Then of course Pisa and it's leaning tower, although not as leaning now, as in 1990 for fear of collapse it was closed to the public. The tower was straightened by 45cm (17.7inches) returning it to its 1838 position and reopened to the public in 2001 and declared stable for at least another 300 years.



In the same area is the Duomo (an Italian cathedral), the Baptistry and the cemetery of the campostanto all of which are stunningly beautiful buildings of white marble.

ENGLISH TUITION and WRITING SERVICE

Experienced tutor based in Bridgerule currently has spaces available for private tuition.

- English Language and Literature up to A Level
- French to GCSE Level
- English as a Foreign/Second Language
- 11+/Entrance exams (including Maths/Verbal and Non-Verbal reasoning)
- Proofreading/editing essays or theses
- Help with written work/forms/CVs/letters etc

Bespoke classes in your home.
£25/hour, free initial consultation.

Please contact Katie 07976 599275 or katie_beat@yahoo.co.uk

English Tutor transfers to Bridgerule!

Need a bit of help with writing essays, reading, or preparing for an important exam? Then Katie is here to help! She has recently moved back to Bridgerule from Andover, Hampshire, where she ran a tuition business for 9 years, focusing on English GCSE and 11+ preparation. Over the years she has also been asked to tutor French and Maths, and support children in care. In addition, she is a qualified EFL teacher and has taught in China, France and Spain... and now Bridgerule!

If interested please get in touch 07976 599275 or katie_beat@yahoo.co.uk. Initial consultation is free, £25/hour thereafter

HIRE OF BRIDGERULE VILLAGE HALL

Hire of Hall £20 per session, (morning, afternoon or evening)

Hire of Committee Room/Small Kitchen £5.

Hire of Large Kitchen £10.

Hirer responsible for heating..... £1 meter.

Contact Booking Clerk: Telephone 01288 381350

SHEILA'S MENTIONS:

Our good wishes go to Marion Abbott . I am pleased to report that Marion is now home from hospital.

Our good wishes also go to Ang Brock who has recently been in hospital and is now home and making good progress after her operation.

Our condolences go to Mildred, Jonathon and Timothy Martyn and their family, upon the recent death of husband, dad and grandad, Dennis. Dennis who I had mentioned in the previous copy of The Buzz had recently celebrated his 90th Birthday.

Our thoughts are also with Audrey and Raymond Bewes. On Christmas Eve Audrey heard the sad news that her younger brother, Norman, had passed away quite suddenly.

Our good wishes go to Gordon and Sandra Keen who have recently moved to Scotland to be near their family. We wish them well. We also welcome any new families who have recently moved into our village.



Birthday Wishes:

Betty Ingram for the 4th January
 Brenda Tole for the 9th January
 Gary Abbott for the 14th January
 Pat Hodges for the 15th January
 Ron Cameron for the 16th January
 Vic Pickett for the 23rd January
 Joan Marshall for the 24th January

Ron Abbott for the 8th February
 Paul Cholwill for the 13th February
 Tony Wallis for the 16th February
 Marie Field for the 21st February
 Alan Quilter for the 21st February
 Harry Hillier-Cholwill for the 24th February



36 members of Bridgerule Coffee Club recently travelled by coach to Trethorne for their annual Christmas Lunch.

Father Christmas gave everyone a gift. Ray is just about to receive his.

Christine and Freda are presenting Audrey and Sheila with gifts in appreciation from members of the Coffee Club.



COFFEE CLUB

NOFIX-NOFEE

Tel: 01288 381061



- * No Charge for Local Call Out
- * Home and Office Visits
- * Virus and Infections Fixed
- * Weekend Repair Service
- * Refurbished Systems for Sale
- System Restore & Data Retrieve

Systems
Repaired
From

£25

Computer Repair Service

www.nofix-nofee.net

TAMARSIDE SINGERS TAKE PART IN CHRISTMAS CAROL CONCERT



The Tamarside Singers and Bude Metric Band led the recent Annual Carol Concert in the Village Hall. Chris Hitchings was Chairman for the evening.

£360 was raised for the hall





CHOLWILL'S CHRISTMAS REINDEERS

As reported by Paul Cholwill on Cholwill's Christmas Reindeer facebook page on Christmas Eve.

Here he is Mr Reindeer man with the last one of the year to be collected Number 540! Along with 40 odd Snowmen. October seems like a long time ago when we started again, but it's all been worth it. After last years efforts we had a figure that we wanted to raise this year and we have done it **£10000!!!** So a big thank you to all you lovely people that keep buying them! It really will go a long way and give the children and parents of Little Harbour Children's Hospice something really special. A big thanks from all our family to John Jardine, Olly Mounce and Bonnie Hillier for all their help in making them. Thank you to Peter Prior of Andigestion Ltd for the majority of the wood for the bodies a massive help this year. Thank you also to Phil Cholwill, Stan Jeffery, Gareth Smith and George Dunkin for their wood and all the local farmers that gave some wood for the legs. Thanks also to all the local ladies that knit the scarves and the ladies from as far as Jersey, Swindon and St. Austell. Apologies to anyone I have forgotten. Final thanks must go to my parents, Colin and Sheila. The hours they put into this every year, especially Dad in the workshop is commendable and makes me very proud. I'm sure Sparky is up there somewhere looking down and feels exactly the same. So from us all a Very Merry Christmas and a Happy New Year.

FIRE SAFETY OFFICER MARK JAMES VISITS COFFEE CLUB

On Tuesday November 6th, following on from an impromptu visit earlier in the year, FPCSO Mark James and PCSO Emma Tomkies (Pictured above with Sheila Cholwill and Audrey Bewes) were invited back to speak with the members of the very popular Bridgerule Coffee Club, about fire safety awareness. Mark stressed the importance of Fire Safety equipment for all households but emphasised the particular needs within the community of those, potentially, more vulnerable residents, due to age and loss of mobility. The Fire Service offer home safety checks with advice on fire safety alarms and equipment, free of charge, this service has already been taken up by a number of Bridgerule residents.

The contact number for Home Fire Safety Checks by the Devon and Somerset Fire and Rescue Service is 0800 05 02 999.

BRIDGERULE PARISH COUNCIL

Chairman: Cllr. Mr. John Medland

Telephone 01288 381503

Clerk to the Council:

Rachel Stratton 07980 543209

Email: Bridgerulecouncil@outlook.com

A CHRISTMAS ODE

It was a cold, dark, starlight sky.
 The night was Christmas Eve.
 From the silent shadows was very soon perceived.
 A magical figure, upon a beast that gave a quiet neigh.
 It was Father Christmas on Rudolph's back.
 He'd lost his flipping sleigh.
 No presents for you, or for me
 It's looking really dire,
 And hard enough to keep your head above the mire.
 The good thing is, we're still
 Around, to eat up all the food
 So tuck in soon and you will have a Great Christmas, dude.
 May New Year bring, to one and all,
 A better year ahead,
 And if your feeling low, just
 Put some turkey in sliced bread.

Linda Williams
 John McDougall's Sister.

SHORT MAT BOWLS

The Short Bat Bowls Club meet every Friday afternoon in our Village Hall.

We would like to welcome any new members .

Just pop along and you will be made
 most welcome. We have bowls which
 you can try before you decide if bowls is
 something you will enjoy.

Any enquiries to Alan Quilter on
01288 382988



Home & Garden Maintenance Services



No Job too small

Internal & external
jobs considered

Call Matthew Ward
now on
07401 216816
for a free quote!

Premier
Whitstone Village Stores



Café Lounge Bar

NOW OPEN EVERYDAY 7am - 9pm

Don't forget, Our Post Office is OPEN THE SAME HOURS at the shop

**Your newly refurbished Village Shop &
brand new Café Lounge Bar is now
OPEN**

*A huge thankyou to all of our loyal customers, neighbours and
staff for bearing with us throughout our building works.*

Whitstone now has a PUB!

Come in today to find out more

The bar is open Fri & Sat until midnight and the same
hours as the shop (9pm)
every other day

Breakfasts, light lunches & afternoon teas & Sunday
carvery **NOW AVAILABLE**
to eat in or take away

Full evening meals and TAKE AWAY coming very soon

For all of our latest news offers and more coupons visit us at:
[facebook.com/whitstonevillagestores](https://www.facebook.com/whitstonevillagestores) @whitstonestores or just scan
here >



Greenfield
engineering



T +44 (0) 1409 254400 vacancies@greenfieldengineering.co.uk
F +44 (0) 1409 254 898 **GREENFIELD ENGINEERING CO.UK**

MOBILE LIBRARY VISITS BRIDGERULE

Village Hall 2.00pm Uplands 2.50pm

NEXT VISIT

January 23rd / February 20th





BRIDGERULE ART AND CRAFT GROUP

The Art and Craft Group will return from their Christmas Break on 16th January 2019.

We are seeking new members to join our club, especially those with different skills.

We meet every two weeks on a Wednesday afternoon in our Village Hall. Demonstrations given and various competitions held throughout the year.

Any enquiries please contact:

Mrs. Joan Marshall on 01288 381002



***Holiday homes
from £29,995***



**Limited
pitches
available**

To find out more pop into Reception, call 01288 381 404 or visit hedleywood.co.uk

***Part exchange your
tourer for a holiday home
at Hedley Wood***



**Holiday
homes from
£29,995**

To find out more pop into Reception, call 01288 381 404 or visit hedleywood.co.uk

PIANO LESSONS



WITH **AMY PUTT (ARSM)**

BASED IN BRIDGERULE
EMAIL: AMY.PIANOLESSONS@HOTMAIL.COM
TEL: 01288 381 802 MOB: 0746 058 6936

DENISE WELLINGTON FUNERAL SERVICES

DIP FD

Independent, Compassionate & Caring

Bereavement Care Memorials Pre-Paid Funeral Plans

24 hour contact

Tel: **01288 359277**

Thornelea St. Anne's Hill Bude Cornwall EX23 0LT

www.denisewellingtonfunerals.co.uk

enquiries@denisewellingtonfunerals.co.uk

SAFETY
SAFETY
SAFETY
SAFETY
SAFETY

Keep an eye on the village website

www  bridgerule.co.uk

Mobile 07493 047597 Tel. 01409 211635

Professional Window & Gutter Cleaning

Brett's

Gleaming

Glass & Gutters

Brett Debell, Chapmans Farm House, Chapmans Well, PL15 9SG.

Water Fed Pole Window Clean-

ing System using ★

Heated Purified Water

★ **Gutter Cleaning**

★ **Soffit & Fascia Cleaning** ★

Available to clean indoor

windows

Sam Edwards & Co.

GoodGarageScheme.com
for a garage you can trust

Registered Member

MOT TESTING STATION



- ✓ Very Competitively Priced Tyres
- ✓ Class 4 MOT Centre
- ✓ Servicing & Repairs
- ✓ Free Fluid, Battery & Tyre Checks
- ✓ Exhaust Systems
- ✓ Fault Diagnostics - All Makes
- ✓ Insurance Work
- ✓ Air Conditioning Service
- ✓ Free Collection & Delivery or Courtesy Car

CALL NOW; 01288 352008/07944 487898



Opening Times;

Monday-Thursday; 08.15-17.00 Friday; 08.15-16.00

Ocean View Road, Bude EX23 8NH

www.samedwardsgarage.co.uk

YOUR RELIABLE LOCAL GARAGE



Lufflands Caravan Park

*'Peace & Tranquillity in the Heart of
the Beautiful Devon Countryside'*



Our family owned and run exclusive caravan park offers the personal, friendly touches that make it your home from home!

Catering Exclusively for: Holiday Home Ownership, Holiday Home Hire &
Annual Touring Caravan Pitches

Cosy Bar catering for guests & visitors

Available for small functions

Email: maria@lufflands.com

www.lufflands.com

Tel: 01409 241426

Solden Cross, Holsworthy, Devon, EX22 7PJ
(Between Holsworthy & Bradworthy)



M&S Fencing

01288 381311

AGRICULTURAL, EQUESTRIAN & GARDEN

Competitively priced fencing
FREE QUOTATION



Covering DEVON & CORNWALL
Contact Matt - 07786228162

OUTSTANDING IN THE FIELD



Julia Trayford
Holistic therapist
1 Bailey Gardens
Bridgerule
Holsworthy Devon
01288 381680 or 07990554370

Julia's Holistic Treatments
for mind body and soul

M.A.G. DOUBLE GLAZING REPAIRS

Are your local specialists for

- ◆ REPLACEMENT OF MISTY OR BROKEN GLASS UNITS
- ◆ REPLACEMENT OR REPAIR OF HINGES, HANDLES, LOCKS & SEALS
- ◆ INSTALLING LETTERBOXES & CAT FLAPS

Call Mark today for a free no obligation quotation on

07969 234161 or 01409 253828

OVER 10 YEARS LOCAL EXPERIENCE



**T: 01409
253 533**

2 Kingfisher Units
Holsworthy Ind' Est'
Holsworthy, Devon EX22 6HL

WWW.RENEWSW.CO.UK



**QUALITY WINDOWS, DOORS
CONSERVATORIES
SOLAR PV & ROOFLINE**

Your Local Renewable Energy Specialists



Humphrey Pullar
PROFESSIONAL CHIMNEY SWEEP
NACS & HETAS

Full Brush and Vac Service Birds Nests Removed

Smoke Testing

Appliance Servicing

Pots, Cows and Guards Fitted

Tel: 01409 240138

Mob: 07984406290

email: humphreysweep@mac.com



Little Munchkins Childminding



Care & education for 0-5 years

Funded sessions available for 2, 3 & 4 year olds

Opening hours: 8.30am - 5.30pm (Tuesday to Friday)

ChildCare vouchers & tax free ChildCare payments accepted

Contact Lou on 01288 381813

or e-mail loucooper2010@hotmail.co.uk

**J&P PLUMBING HEATING
&
Home Maintenance**
Telephone Paul:

01288 381085

07500876642

07500708650



24
hr

Call Out

Oil Boiler Service and Repairs

JEWELLS CROSS SERVICE STATION AND RED POST GARAGE

Servicing - MOT - Testing - Repairs - Bodywork Break-
down Recovery - Comprehensive Accessory Shops
Car Wash - Self Service Petrol & Diesel at Jewells Cross
Self Service Gas at Red Post

Jewells Cross Tel: 01288 381770



Mutley Crew Dog Club

Bridgerule Village Hall

Kennel Club Listed Club doing the Kennel Club Good Citizen Dog Scheme.
Obedience and Rally Obedience,

Tuesday Evenings – Puppies and Beginners – 7- 7.45 p.m

Advanced 8.– 8.45 p.m, Rally from 9.00p.m.

Hoopers training also available, please phone for information.

Contact Christine 01288 381104 or Margaret 01288 352427

J.J. LOGS & KINDLING TRANSIT TIPPER LOADS

Barn stored pre-cut lengths
of 9" or 12" long logs
Hardwood /Softwood
Full Loads/Half Loads
FREE kindling with each load
TELEPHONE 07765091886



House & Pet sitting



by

Katherine

call

07828 208387

or email

skikat2001@yahoo.com



ARTHUR W. BRYANT
FUNERAL SERVICE

BUDE
T/ 01288 352282

CAMELFORD
T/ 01840 214891

HOLSWORTHY
T/ 01409 253000

INDEPENDENT FAMILY
FUNERAL SERVICE

MEMORIAL
MASONRY

OUR FAMILY CARING FOR YOUR
FAMILY FOR OVER 50 YEARS

PRE PAYMENT FUNERAL
PLANS



W/ AWBRYANT.CO.UK
E/ CARING@AWBRYANT.CO.UK



HOWDENS

JOINERY CO.

BUDE

Proud suppliers of

Bridgerule village hall kitchens

Looking for a new kitchen? Come & visit us:

Unit 2, Kings Hill Industrial Estate,

Bude, Cornwall EX23 8QN

01288 942000

bude@howdens.com

TRADE ONLY

NOT TRADE? THEN WE CAN FIND YOU A LOCAL FITTER
BEST PRICE GUARANTEED ALWAYS



**PROFESSIONAL
CARPET, CURTAIN
& UPHOLSTERY CLEANING**

Domestic & Commercial

- Deep Hot Water Extraction Cleaning
 - Deodorising Treatments
 - Dust Mite Removal
 - Leather Cleaning
 - Stain Protection
 - Stain Removal
- Other treatment
also available

OUR PRICES ARE HARDER THAN A
DIAMOND TO BEAT

Call us now for a
FREE ESTIMATE

Call Mike on Holsworthy
01409 254816 or 07855 275088



Man Friday
**Carpenter & Building
Services**

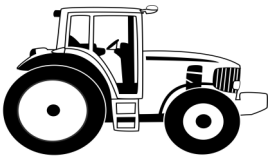
No Job Too Small
Doors, Flat Pack kitchens,
Bathrooms, Tiling.
Sheds & Decking.
Property Maintenance.

Free Quotes - Full Insurance Cover

Call Dave on;

07761 055071
01288 381507

david.mills1001@gmail.com



SHORT & ABBOTT LTD
Agricultural Engineers

**Sales, Service & Parts for all
makes of tractors and
Garden Machinery**

**Mill Road, Bridgerule,
Holsworthy, Devon EX22 &EL
Tel: 01288 381485**

shortandabbott@outlook.com
www.shortandabbott.co.uk



6 Newly renovated cottages in Bridgerule

We offer 10% off for families and
friends of Bridgerule residents.

Or why not book a
party in our cellar
function room with
our fully licenced bar.



Website: www.glebehousecottages.co.uk

Email: jay@glebehousecottages.co.uk

Telephone: 01288 381 272

Mobile: 07464 937 019



Brett Robinson Horticulturist & Gardening Services

- Professional Garden Management, Planting, Pruning,
- Soft Landscaping, Lawn & Hedge Cutting,
- Horticultural Advice
- Qualified & Insured, Friendly Service

Tel: 01288 321552. Mob: 07590908753

**The
Gardeners
Guild**
REGISTERED
MEMBER

Bellissimo Sensational Cakes

Emily Fenwick Tel: 07502 434441

bellissimocakes@yahoo.co.uk



Birthdays - Hen Days - Weddings - Christenings - Baby Showers

Southlands Court

offers

*

full time care,

respite/holiday care
and day care

*

Peacefully

Situated

Regular activities
and outings

SOUTHLANDS COURT RESIDENTIAL HOME



Bridgerule, Holsworthy, Devon EX22 7EW

Tel: Manager: 01288 381631 Tel: Residents: 01288 381642

Alan & Julie Pike

Breezelyn Kennels

Titson Nr. Bude Cornwall EX230HH

Heated Kennels and Cat Chalets

Individual Runs - Large Play Runs
Grooming Service
Doggy Day Care



Tel: +44 01288 361680

Email: infor@breezelyn.co.uk

www.breezelyn.co.uk

S. D. MARTIN

PLUMBING, HEATING & RENEWABLES

*Gas Boilers Inc LPG ~ Oil Boilers / Tanks
Solar - Ground / Air Source Heat Pumps
Wet Underfloor Heating ~ AGA'S
Wood/Multi Fuel Burners ~ Safety Checks*

Tel: 01409 240 240

Mob: 07889 270 689

Email: steve.martin44@btinternet.com



GLASS DESIGNS

by Ray Priem

Glassmaker and designer ~ Hand formed and blown glass

Including engraving, sandblasting, glass bonding

Glass restoration commissions welcome

E-mail: ray@glassdesigns.co.uk Tel: 01288 381829/ 07879847568

CITIZENS ADVICE BUREAU

It has been confirmed that the Holsworthy Office is now at the Holsworthy Skills Centre (aka Training and Business Centre) and is open 10—3pm each Wednesday BUT BY APPOINTMENT. Advice line is 03444 111 444.



THE BRIDGE INN

General Knowledge Quiz

Every Sunday Evening at 8.30pm

Maximum of 6 per Team

Jammin Nights - Monday & Wednesdays 8.00pm

BT SPORTS NOW BEING SHOWN

Also **HOLIDAY FLAT TO LET**— Please contact Pam or Gary Bowler

On Telephone Number: 01288 381316

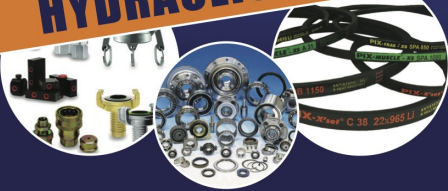
Those who have kindly agreed to sponsor The Buzz are:-

Mr and Mrs. McDougall - Uplands
 Robert & Julie Honey - Higher Beer
 St Bridget's Church Bridgerule
 Terry & Angela Brock—The Green
 Mr & Mrs Steel - 8 Southfields.
 Mr & Mrs Allison - Canna Park
 Mr & Mrs. F. Bond -The Green
 Mr and Mrs. J. Medland - Rosebank
 Mrs. Linda Goodman—1 Bridge Park
 Mrs. Christine Gee - Southfields
 Bill & Margaret Eastcott- Littlebridge Farm
 Mr and Mrs N. Rimmer - Silverstone
 Michael & Jeannette Yeo - Holsworthy
 Marilyn & Victor Pickett— Southfields.
 Gordon & Sandra Keen -Littlebridge Meadows
 Ray & Audrey Bewes -The Green
 Michelle and Paul Sanders - Rimmersleigh
 Ron & Gwyneth Cameron - Southfields
 Roger & Cindy Neep -Tamar House
 Mrs. Shirley Youldon - Bude
 Mr & Mrs M. Lucas—Bude
 Ron & Marion Abbott - 2 Bridge Park
 Alec & Pat Johnston - Southfields
 Mrs Karen Gliddon - Holsworthy
 Trevor & Sue Bowden -Churchtown
 Bill & Jill Knightley—Holsworthy
 Dave & Maggie - Hedley Wood
 Michael & Linda Moore—Okehampton
 Les & Betty Slade - The Green
 Darren & Tasha Stevens - Sanctuary
 Bill & Lynn Keeley - Canada
 Mrs Alison Tomlin—4 Bridge Park
 Pete & Angela North - Great Beer
 Christine Jackson -Littlebridge Meadows
 Les & Annette - Remnant Shop Bude
 Mr & Mrs L Haydon - East Park
 John and Michelle Jardine -
 Miss P Glover - Lower Dux
 Mr A Rowland Bude
 Mrs Eunice Fumage - Holsworthy
 Miss Georgina Tomlin - The Green
 Steve and Dee—Southfields
 Jimmy and Ros Rickett— South View
 Tony Wallis—Littlebridge Meadows
 Alan Quilter - Watersedge
 Mrs Christine Routley—Holsworthy
 Mrs. B. McDougall - Frome Somerset
 Ben & Brenda Tole - Southfields
 Malcolm & Joyce Shadbolt—Kildare
 Emma Moore—Marybear
 Freda Lacey - 8 Bridge Park
 Derek & Gwen Prouse—Bude
 P.J. Bobcat Hire— Colin Cholwill
 Chris & Rose Hitchings - Meadows Barn
 Alan & Rosie Beat –The Mill
 Mr and Mrs D. Field - 10 Southfields
 Mr and Mrs P. Hodges - Southfields
 John & Sonia Gardener - Buttsbeer Farm
 Grenville & Margaret Cleave - Garden Ridge
 Stephen and Sandie Rickwood—Feniton
 Mrs. Sybil Prouse - Rydon
 Richard & Gill Heal - Holsworthy
 Steve and Jo South -Brensham House
 Carol & Ian Baker -Eastlake Lewdown
 Paul & Stacey Cholwill -1 Littlebridge Cross
 Mr Jim Bearham - Woodlands
 Gary and Shirley Abbott - Carn Venn
 Skipp Family - Furze Farm
 David & Vivienne Hale -Lodgeworthy
 Mrs. J Bowden - St Catherines
 Mr and Mrs. A. Jones - Holsworthy
 Steven & Ann Youldon - Knowle
 Malcolm Newton –Southfields
 Mr. & Mrs. J. Wickett –Munks
 Colin and Margaret Short—Col Marvin
 Brian & Lyndsey Beadle - Littlebridge Meadows
 Mr & Mrs Green—Moorside
 John & Carol Palmer Holsworthy
 Terry & Julie Reddcliffe -Larapinta
 Mr & Mrs D. Martyn - Borough Farm
 Kevin & Susan Norton - The Village
 Ray & Jan Orchard - Sunnyfields
 Mrs M. Bird - Kents View
 Doug & Sue Genini - Inversus
 Colin & Fiona O'Reilly - Southfields
 Mr & Mrs Tim Honey - Grove Farm
 Barry & Joan Marshall - Littlebridge Meadows
 Victor & Janet Bickle - Stratton
 Mrs Kathy Elliott - Little Platt
 C & L Clocks— Glencarne
 Dave & Karen Thomas - The Forge
 Mr & Mrs D J Best - Old Mill View
 Mrs J. Vinnicombe - Holsworthy
 Rick & Sarah Hallett—Littlebridge Meadows
 Mr & Mrs James—Borough View
 Mrs Rita Stacey - Clawton
 Mr & Mrs Hansen—Newacott House
 Mr & Mrs E. Tingley—Southfields
 Mrs Sheila Gatland - 3 Southfields
 Jane Leven - Little Bridge Gardens
 Vic & Sue Cowan-Dickie -
 Trevor & Linda Snowdon—The Green
 Ian & Jaqi Edwards—Canal Rise
 Will and Janine - Mishkan

Hydramatic
ENGINEERING SUPPLIES



**NOW MAKING
HYDRAULIC HOSES**



www.hydramatic.co.uk

Unit 4, Bude Business Centre, Kings Hill Ind Estate
Bude, Cornwall EX23 8QN



FLOWTECH
Heating Services

*Oil and Gas Heating,
Plumbing and Renewables*

- Oil, Gas & LPG Work
- General Plumbing
- Heating Installations
- Boiler Servicing & Repairs
- Boiler Installation
- Heat Pumps & Biomass



01288 381530



07766 258431

www.flowtechheating.co.uk

**NEATE
FEET**



For all your foot health needs
*Professional foot care in the
comfort of your own home.*

- *Painful Callus Reduced
- *Toenail Clipping
- *Ingrowing Toenails
- *Painful Corns Removed
- *Paddings & Dressings
- *Verrucae Treatment
- *Reflexology

Claire & Simon Neate **DIPCFHP**

Qualified foot health practitioners

07968232344 / 07870508867

**Edge
kitchens**

**In Need
of a
New Kitchen?
Look No Further**

With Premium Grade Cabinets
Soft close doors and Drawers
Scratch Resistant Doors
Seamless Work Top Joints
2mm Colour match Edging
AND

**CUSTOM MADE CABINETS
AT OFF THE SHELF PRICES**

SUPPLYING BOTH TRADE & DIY

TOMORROWS KITCHENS

YESTERDAYS PRICES

Call EDGE KITCHENS TODAY

For a free no obligation

DESIGN & QUOTATION

on 01288 341010

**HAS YOUR KITCHEN
GOT THE
Edge**

BUDE EYE CENTRE

Tel: 01288 350041
www.budeeyecentre.co.uk

Fax: 01288 350140
info@budeeyecentre.co.uk

- Private & NHS Eye Examinations
 - Local, Professional and Friendly
Sunglasses Incl Ranges
 - New Hearing Service available with competitively priced Repair service and half price hearing aid batteries
 - Contact Lens Consultation
 - Large selection of Spectacle Frames
 - Same Day Service Available
- Wheelchair/disabled access. 7 Queen Street Bude EX23 8AY



PAINTERS AND DECORATORS

dspaintingdecoratingbude.com

Call Dan on 07712436690 or 01288 353 059

Email dansims48@hotmail.co.uk



Planning Permission
 Building Regulations

Please feel free to contact us for a free
 no obligation visit and quote

☎ : 01288 352121
 ✉ : info@rarowe.co.uk
 🌐 : www.rarowe.co.uk

LADIES MOBILE HAIRDRESSER

FOR
 HAIR CUTS OR
 SHAMPOO SETS IN YOUR
 YOUR HOME



CALL
 HILARY
 Qualified Hairdresser

Telephone: 01288 381332

Professional
Treatment of
your Foot
related
problems in the
comfort of your
own home.

Wendy Cook

SAC DIP FHPT/ SAC FHPP

Mobile Foot Health Practitioner

Call Wendy on
01288 331311 or
07813772095

JON PIPER

PLUMBING AND HEATING

Bathrooms, Tiling & Leadwork, Boiler Servicing, Central

Heating, OFTEC Registered, City & Guilds Qualified

DISABILITY ADAPTATION SPECIALIST

Tel: 01288 381536

Mobile: 07825698529

HOT TUBS!

IMMERSE YOURSELF IN
TOTAL RELAXATION

POPULAR FOR MANY SPECIAL
AND SOCIAL OCCASIONS



**HOLSWORTHY
INFLATABLE HIRE
HOT TUBS**



BIRTHDAYS,
GARDEN PARTIES,
STAG & HEN DO'S
OR EVEN
JUST AS THE
ULTIMATE TREAT!



BOOK NOW

CALL: 07957921607

WWW.HOLSWORTHYINFLATABLEHIRE.CO.UK



Term Time Day Care for 2-5 Year Olds

Tax Free Childcare & other vouchers accepted

Funded places for 3 year olds available (and 30 hours extended entitlement & 2 year old funding, if criteria met)

Bradford:	Bridgerule:
Open 9am-3:30pm	Open 9am-3pm
Tuesdays, Wednesdays & Thursdays	Mondays, Wednesdays & Fridays

For more information,
please call on:

Bradford **07792 501476** Bridgerule **07879 955874**
email on bradfordpsn@aol.com or visit our website
www.bradfordpreschool.btck.co.uk



CLUBS/CLASSES THAT REGULARLY MEET IN OUR HALL

- Mon: Beat Bounce** 2 Sessions 6.00-7.00pm 7.00 -8.00pm Brooke 07715560912
Use it or Lose it—2.00pm Gill Aston 01409 254642
- Tues: Village Coffee Club** 10.30am - every 2 weeks 01288381350/402
Table Tennis From 2.00pm Contact Jill on 01409 254349
Dog Obedience From 7.00pm Contact Christine on 01288 381104
- Wed: Art and Craft** (two weekly) 2.00pm Contact Joan 01288 381002
- Thursday: Beat Bounce** 6.00– 7.00pm Brooke 01752 562223
- Fri: Short Mat Bowls** - From 2.00pm Contact Alan on 01288 382988

SALLY'S .MOBILE DOG GROOMING

BATHING DRYING CLIPPING
HANDSTRIPPING NAIL CLIPPING OF
SMALL - MEDIUM DOGS. HOLSWORTHY /
BUDE and surrounding area call



07969837552. Or 01288 382988 For a
quote and chat about you dogs needs

SKIPP AGA Servicing

07895 741 322



Email: paul@skippagaservicing.co.uk or visit the website skippagaservicing.co.uk