



Cornwall and part of Childrens Hospice South West. As some of you will know Little Harbour is very dear to my family.

I therefore would be most grateful if some of the Buzz readers will sponsor me for this event. I will be carrying my sponsor form around with me for the next few weeks and so, please don't be surprised if I wave it in front of you for some support. Many thanks *Sheila Cholwill*



REMEMBERING OUR 2023 REVEL WEEK CELEBRATIONS

VILLAGE SHOW







1st Crotchet 1st Painting 2nd Embroidery 2nd Knitting 3rd Painted Pebble

DELILAH HARRIS Winner of the Childrens' Section

CHRIS HITCHINGS

Winner of Vegetable Section and the Overall Winner

1st Potatoes 2nd French Bean 3rd Runner Bean 2nd Onion 1st Tomatoes 2nd Whopper 1st Non Scheduled Vegetable



SOME OF THE ENTRIES















Helpers of Cream Tea- What is Robert doing?



































WINNERS OF THE REVEL SKITTLE TOURNAMENT

12 Teams took part in the Revel Skittle Tournament. Pasties, tea and coffee were on sale and the profit raised for Revel Funds was £165.00



Winners - O'Whatleys SCOTT, KATHY, FI AND COLIN



Runners-up Rose's Bridgerule Babes JULIA,LINDA, AUDREY AND ROSE

CAR TREASURE HUNT

The Car Treasure Hunt proved popular this year with 17 cars taking part. The winners were Martin and Helen Green.

Thanks to Barry and Joan Marshall for working out route and preparing questions. £118.00 profit was made.

The Friends of Bridgerule School organised the Ramble once again this year. Although the weather was very unfavourable about 60 took part in the Ramble. Later to come back to the hall via a tractor ride for a BBQ, bar and raffle. £284.10 profit was made.

The local Football Club organised a Prize Bingo once again. Thanks to the caller Jackie Tape, who recognises that not all who attend our Revel Bingo are Bingo regulars! A profit was made of £354 for the local club.

 BRIDGERULE METHODIST CHURCH
 Welcome you to their SERVICES 11.00am

 3rd September
 Pam Colwill

 17th September
 Rev. S. Leigh - Baptism

 24th September
 Joint Service at St. Bridget's

 01st October
 HARVEST FESTIVAL - Pauline Burdett

 02nd October
 Harvest Service 7.15pm

 Conducted by Courtney Drew - Items by Tamarside Singers

 Followed by refreshments and sale of produce

 15th October
 Muriel Hodges

 22nd October
 Joint Service at St Bridget's

VISIT OF MOBILE LIBRARY—BRIDGERULE



VILLAGE HALL 2.00PM

UPLANDS 14.40PM

SEPTEMBER 27TH OCTOBER 25TH

ST. BRIDGET'S PARISH CHURCH SUNDAY SERVICES 11.00am



3rd September - Morning Prayer - Mrs Mary Aicheler10th September - Harvest Eucharist - Rev Mike Clark17th September Joint Service at Chapel24th September - Morning Prayer - Miss Val Harris

The October services were unknown when going to print.

ZUMBA GOLD – Low Impact Monday Morning 09.45 – 10.45 am 11.00- 12.00 am Licenced Instructor Sharon Martin Tel: 07805026364 /or email shazforty@hotmail.com





ART AND CRAFT CLUB Every other Wednesday afternoon

Contact Kath on 01288 381459 / or Kathwhatmore@gmail.com TABLE TENNIS Tuesday from 2.00pm

Contact Alan on 01288 382988 or email quilts@hotmail.com





DOG OBEDIENCE CLASSES Telephone Christine on 01288 381104 or Mutley Crew Dog Club Facebook

SHORT MAT BOWLS Friday from 2.00pm Contact Scott on 01288 381459 or email sdwhatmore@gmail.com



GOOD NEWS!



We are pleased to announce that a new Rector has been appointed to lead the Holsworthy Benefice (consisting of the parishes of Bridgerule, Hollacombe, Holsworthy and Pyworthy with Pancrasweek). The Revd. Alison Hardy will be licensed by the Bishop of Crediton on Sunday 26th November in a service at Holsworthy Church. Alison is currently rector of the Moorland & Egloskerry Benefice & team vicar of the Launceston Benefice in the Diocese of Truro. Previously Alison served as interim associate priest of Launceston following her curacy in Bude. Please see the church noticeboard and benefice website <u>www.holsworthybenefice.org.uk</u> for updates on services as Alison settles into her new role.

Harvest Eucharist

Our Harvest Eucharist this year is taking place on Sunday 10th September 2023 at 11am led by Revd. Mike Clark. The service will include the traditional harvest hymns and readings, so do come along and help us celebrate the season.

Gift Day 2023

Our annual gift day 2023 will be held on Saturday 9th September. The churchwardens will be at the Parish Hall between 2pm and 3.30pm to accept gifts. Do come along for a drink and a chat. Letters including other ways to donate will be delivered prior to the gift day.

St Bridget's Church receives no funding from the Diocese or wider Church of England and so is entirely reliant on donations and fundraising to keep the church running. Our most recent structural inspection identified that some urgent work is required on the church tower in order to keep water out. This work is going to be costly, but is vital to ensure that the church building continues to be safe and useable for the future. The P.C.C are exploring sources of grant funding, but will need to fundraise alongside this for a proportion of the total cost. Any donation you are able to make would be appreciated.

A SHIVER DOWN THE SPINE

It was not until a fateful day in 1975 that I learnt the full meaning of the phrase "a cold shiver ran down his back" which in my childhood often occurred to heroes in *The Hotspur* and other 'penny-dreadfuls'. Of course, I



knew what it was like to be afraid or startled suddenly, but it was not until an eventful visit to Burwell in Cambridgeshire that I truly learned what spine-chilling really meant. Even today, when I write this story, I get tingling reverberations descending down my neck. This is how it came about....

It was during the period when our company was based at Godmanchester near Huntingdon. Joan and I were booked to do a performance at Newmarket. My father, who was visiting us at the time, had been busy researching the Palmer family history; in particular, the origin of the name DeSilva or DaSilva which had been passed from father to son down the years. He had discovered through records at the Imperial War Museum and The Public Record Office that Colour Sergeant Stephen Palmer of the 48th Foot Regiment was wounded at the battle of Badajos on the Spanish-Portuguese border in 1812 and met up with a Maria de Silva. Searches through parish records revealed that one of our ancestors came from Burwell in Cambridgeshire. So, hearing that we were going to Newmarket that day, he requested a lift to Burwell, which was on the way. I recalled that Burwell was mentioned in George Speaight's *History of the English Puppet Theatre,* so I looked it up and re-read:-

On September 8, 1727, a puppet showman named Robert Shepheard, with his wife, young daughter, and two manservants, stabled his two horses in one part of a barn that he had hired at Burwell, in Cambridgeshire, and set up his show in the adjoining portion. As an introduction to the performance one of the company performed some conjuring tricks in front of the curtain on an oval gate-legged table, which was then folded up and put out of the way in front of the only door into the barn. In the plays that followed Shepheard and his wife introduced the famous battle between St George and the Dragon, who seemed to spout real fire out of his mouth, with a noise like thunder and lightning. While this was going on an ostler employed by the owner of the barn came to feed the horses at about nine o'clock in the evening. He seems to have expected to have been admitted free to see the performance, but when the modest admission of one penny was demanded he went back into the stable and, climbing on to some bales of oat straw, clambered over a low partition wall into the main section of the barn, where he could see the show for nothing. In the process the candle he was carrying was upset, set fire to the straw, and in a very short time the entire roof of the barn was ablaze. The audience rushed in panic towards the door, which was completely blocked by the table and—anyhow—opened inward. In the dreadful scene of confusion the only exit from the barn was jammed tight by the panicstricken, hysterical mob, and the blazing roof fell down upon their heads. Out of about 140 persons present at the show, 80 lost their lives.

Hone's Every-day Book states: those that did escape, which were but very few, were forced to crawl over the heads and bodies of those that lay in a heap at the door, and also that the ostler, Richard Whittaker was tried for negligence at Cambridge Assizes in 1728 and acquitted.

The horrific images conjured up by reading the accounts of this factual event were just as vivid as those from the fiction on which I was brought up. The puppet show connection made it even scarier; particularly as one of our teams had recently experienced a small fire on stage during their performance of *Pinocchio* at Bacup Empire. Somehow, I was seized with a morbid curiosity to visit Burwell in order to see the memorial to the victims of the tragedy, which I learnt was there.

After searching though the high grass in the village church graveyard I eventually found the carved memorial. It has a winged heart with flames arising from the top and a skull and bones beneath. On the reverse is a simple inscription added in 1910 when the stone was restored: "To the memory of the 78 people who were burnt to death in a barn at Burwell on Sept 8th 1727." I did not attach any particular significance to the discrepancy in the number of people (80 in Speaight's account) in my head were the screams of the people who, one minute were watching puppets, and the next, were clambering to escape through the restricted exit. My sober mission was accomplished – or so I thought.

A few minutes later there were whoops of excitement as Joan and my father found a tombstone bearing the inscription "To the memory of Stephen Palmer departed this life February 1865 aged 83 and Merear de Silva his wife a native of Portugal who died 15th April 1865. Second mission accomplished.

We looked around St Mary's Church and found a booklet which referred to *"interesting memorials, including tomb vaults to the Palmer family, near the belfry door."* My father was anxious to find these, so, with one eye on the time, I agreed to accompany him. We did find some elaborately carved stones, but next to them was a smaller memorial with two cherubs, a skull and hourglass. The moment that I read the following inscription, and



discovered that two children of my ancestors had perished in that dreadful tragedy; and what's more at a puppet show – a profession in which Joan and I were engaged – did I truly understand what was meant by "the blood running cold" and "chilling the spine".

To the memory of two children of Henry and Sarah Palmer. John was aged 16 years and 6 months, Ann was 10 years and 3 months, who both died. **Sept 8th 1727**

Ray D Palmer (retired puppeteer)



Ray and Joan Palmer live at Tamar Cottage, next door to their son and daughter-in-law, who are professional puppeteers.

Since moving to our village Ray and Joan have embraced supporting various events and regularly attend St Bridget's.

On the 11th September this lovely couple celebrate their 69th Wedding Anniversary.

BIRTHDAY WISHES TO:

Marilyn Pickett 11th September Susan Cogdell 20th September Rachel Smith 21st September Trevor Snowdon 22nd September Julie King 24th September Gill Hedley 26th September Alan Weekes 29th September Barbara Bowden 9th October Ken James 19th October

SHEILA'S MENTIONS

Special Birthday Wishes to Mrs. Barbara Hale on the occasion of her 90th Birthday on 26th October.



Our thoughts and prayers are with Fred Bond, daughter, Tracy and son in law Rob and grandchildren Oliver and Elliott on the recent passing away of wife, Shirley, mum and gran.



Bridgerule Coffee Club meet on a two weekly basis. The next one taking place on 12th

September at 10.30am. Sheila, Audrey and Christine welcome you to join them. Perhaps you have just come to live in our village. Coffee Club has proved to be a good way of meeting some new friends. GET WELL WISHES! Our very best wishes go to Barry Marshall, John Guppy, David Hale and Fiona Winn; all having spent some time recently in hospital.

The Art and Craft Group that meet at the Village Hall, re-group after their Summer recess on Wednesday 5th September. New members very welcome. Contact Kathy Whatmore, for more information. Telephone 01288 381459.





We are so very proud of our daughter/ sister "Katie Hallett". Katie has been studying 'Creative Advertising' at Falmouth University for 3 years.

KATIE

She studied

through difficult times during covid, but this has not stopped her from achieving her goals. Katie has just Graduated with a 'First Class Honours Degree' in Creative Advertising and was presented with her award by Dawn French.



We wanted to share this with you all as Katie was for two years Bridgerule's Carnival Queen!! Well done Katie! All our Love Mum Dad & Alex xx

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The building works have begun and the dream of a village shop is becoming a reality. Unfortunately The Building Regulations Route has added an extra 4 – 6 weeks to our target. Meantime, we cannot sit back on our laurels and funds are still needed to complete the build, fit out the shop, purchase equipment and stock it.

Many of you have already shown your support and purchased shares or made donations, for which we are very grateful and in fact at the time of going to press we have raised £5090, but more is needed. The share offer is still running and will be extended, so please, don't say "a shop will be nice", help us to achieve the dream.

If you have not yet purchased shares or made a donation, please consider doing so. As the Village Shop is OUR SHOP, it belongs to the COMMUNITY and the community will be better for its existence.

PLEASE CONTACT GEORGINA ON 01288 381089 OR 07966436208 EMAIL: geordonbb@btinternet.com FOR FURTHER INFORMATION OR TO RECEIVE A SHARE APPLICATION FORM.

COME ON BRIDGERULE LET'S NOT ONLY RAISE FUNDS BUT RAISE THE VILLAGE SHOP!

Careless Browsing will cost more than you think!

I was recently asked to resolve an issue where a customer's bank account had restricted access placed on it as the Bank's security system detected a potential threat of an intrusion from the customers computer.

Now this is not the first time this issue has been raised, but invariably it comes from corporate accounts and not related to personal accounts, until now!

Bankers are on edge, not only from the massive number of viral attacks, money laundering and recent bad publicity, but from the added threat of Artificial Intelligence, it should be renamed 'Advanced Intelligence'. Because this technology will outpace the smartest of programmers and will have us all controlled in one way or another very soon if not controlled.

Having cleaned the customers system of infected files I could report to the bank a deep clean had been conducted and infected files found had been destroyed. On this occasion, the

customer has Avast Premium installed, yet I located 106 infected files, which I quarantined and destroyed (therefore need to question the validity of Avast).

I am constantly asked how infections like this happen and there can only be one answer and it's 'Careless Browsing' and poor-quality anti-virus software.

Please remember, just because you are paying a premium price for anti-virus protection, you may not get a premium service!

Scammers have now incorporated AI into their telephone scams and can clone any voice to make the scam more credible. It also has an intelligence



to respond to questions and give logical answers. If you find yourself caught up in a telephone conversation that you've not requested and the voice on the line sounds genuine and honest, stop the call by asking them to send to you an email with their business address and all the details they have given you, if they persist or will not send you the details, THEN IT'S A SCAM!

Do not let it panic you into thinking you've had your bank account compromised or threatened with a scam attack. You are 100% more likely to lose everything by following its suggestions, than you would by ignoring it completely.

Free advice on all computer issues, contact Brian Meadows Nofix-Nofee Computer Repairs Tel: 01288 381061/07534 604101

TAMAR ROCK AND ROLL CLUB

We are a brand-new rock and roll club holding monthly dances at Bridgerule village hall.

We will be holding monthly dances on the last Saturday of every month; our next dance is on **Saturday 30th September** with DJ The Big Bald Bopper! 7:30pm-11:30pm entrance is just £5 on the door.

On Saturday 28th October we have The Big BaldBopper again.

Everyone is welcome even if you can't jive or rock and roll, come and enjoy the music! There is no bar, but you are welcome to bring your own drinks, there will be free tea and <u>coffee</u> available. There is a raffle.

For more information, please contact Jackie on 07533353388 Or email freewayalbus@mail.com



CONGRATULATIONS HARRY!

Branksome Dene Chine, in Dorset was the venue recently for 600 plus Surf Life Saving GB Nippers - to come together for the 2023 Nationals.

Harry Cholwill, 9, travelled with his family to represent The Bude Surf Life Savings Club and took part in his first Nationals.

One of the events Harry was chosen to take part in was the Surf Race Swim. This resulted in him coming 5th Nationally and the First Cornish boy to finish.

LISA AND SAM'S FUNDRAISER



AFTERNOON CAKE AND CUPPA!

On Thursday the 10th of August a successful Charity afternoon tea and cake event was held at Tatson Farmhouse by Lisa and Sam Beer in aid of Breast Cancer Now.

Lisa and Sams Friend Tanya Peschke have been recently diagnosed with Breast Cancer and will be starting treatment soon, firstly an operation to remove the cancer followed by 6 months of chemotherapy followed by radiotherapy and whatever else is necessary to get rid of the cancer.

When Lisa's attention was drawn to a fund-raising event during the month of August to hold a cake and tea event she jumped on board and wanted to do something to help raise money for this charity.

Via social media and word and mouth it was arranged, all that was needed was for everyone going to bring a cake to cut and share, pay £2 for a cup of tea or coffee, and bring a draw prize. Let's not forget the sun must shine! Although the sun could have been a little better behaved it was a lovely afternoon.

Between all those that came and helped a fantastic amount of over £700 has been raised.

Please everyone keeps Tanya in your thoughts and prayers. Wish her well for a full recovery.



Neighbourhood Watch notes

What with the Newquay Boardmasters just having been on with lots of people attending, the police are concerned that organised Raves may suddenly crop up. That is those illegal unlicensed music events that can disrupt everyone near and leave a field full of all sorts of rubbish and drug taking equipment. If you get an inkling of a planned Rave, please contact the police, if possible, through "www.devon-cornwall.police.uk" or, alternatively use Crimestoppers, anonymously, on 0800 555 111.

Scam, Scam, Scam, whatever you may use, be it social media, email or WhatsApp there are scams on the go. Since January this year 268 victims have fallen for someone claiming that "we need your money" scam. Fraudsters claim to be from one of your social groups and are in need of help ! They offer to send you a one time passcode etc etc. You can't be certain they are legitimate so STOP. Block the number. Don't complete their action.

I have had two WhatsApps from persons claiming to be from supposed agencies asking for something to ease their way into my confidence. I didn't know them. Simply block the number, and report to Actionfraud on 0300 123 2040, or "<u>www.actionfraud.police.uk</u>".

Neighbourhood Watch is the largest volunteer crime prevention movement in England and Wales. Prevention, not detection. All it does is to warn people of potential crimes and how to keep safe. Doing as little as locking doors and windows, keeping shopping, especially Christmas shopping, out of view in the car. Not having wallet or phone easily pickable from pocket or bag or on the counter. Devon and Cornwall are still some of the best crime free areas in the land, but that is no reason to be complacent.

Keep a lookout. Call 999 if you see something happening now, and, as has been said many times :-

"Don't have nightmares" & "Keep 'em peeled"

John McDougall Bridgerule Coordinator 01288 381237

SOUND BATHS COMING TO BRIDGERULE

I will be bringing gentle relaxing sound baths to **Bridgerule Village hall** once a month on: Thursday 21 September 7pm Thursday 19 October 7pm Thursday 16 November 7pm <u>What is Sound Healing and Sound Baths?</u>

Sound has played an important role over



centuries for healing. Using instruments that are tuned and played in specific healing frequencies and styles have the potential to bring healing in many areas of our Body, Mind and Being. It is fast becoming a topic for many medical professionals and scientists, potentially shaping the way for future medicine.

What to expect?

I will be playing Tibetan singing bowls, Crystal singing bowls, Pan drum, Hand drums, Gongs, Monolina (which is a stringed harp like instrument) and chimes. These instruments are played harmoniously while you lay or sit down and let the sounds gently wash over you.

These are very gentle sound baths and are aimed at bringing deep relaxation, an alleviation of life's stresses and a chance to re-balance and connect our minds and bodies. Its a great way to try something new in a safe space and gives us a chance to clear our minds, slow down and re-connect with ourselves and our community.

The Sound bath is one hour long however I ask for people to come at least 10 minutes before so you can settle into a comfortable space.

At the end of the Sound bath I offer light refreshments and a chance to connect with each other however you are welcome to come and experience the sounds without the expectation of staying.

I have yoga mats to lend out but I advise to bring your own mat if you have one, a blanket/duvet, a cushion and anything else that makes you feel comfortable. For those with lower back, hip or knee problems please bring a couple of extra cushions so we can make it as comfortable as possible. Sessions are a suggested minimum donation of £10.00

Booking is essential as spaces fill up fast. To ensure your space please email me at <u>flissyguppy@sereneportaltherapies.co.uk</u> or call me on 07467302982







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WHEELCHAIR AVAILABLE

If anyone has a family member or friend coming to stay who may be in need of a wheelchair for a short period. The hall has one that can be made available.

Contact Sheila 01288 381350 or a member of the hall

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