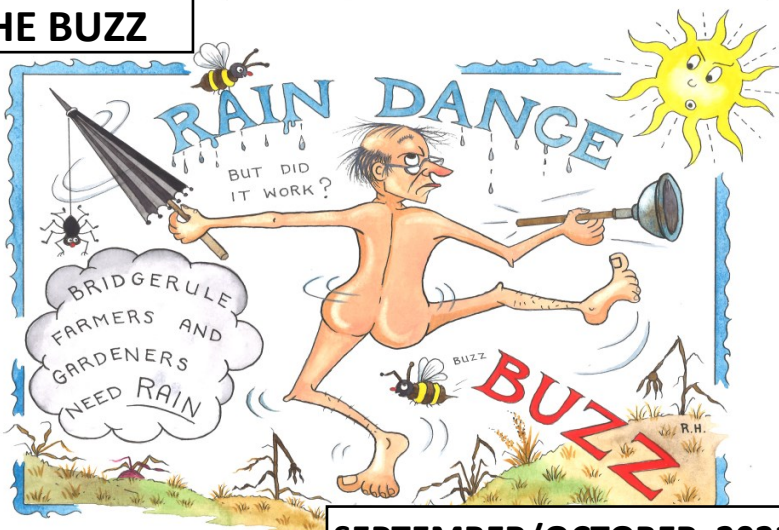


THE BUZZ



SEPTEMBER/OCTOBER 2022



Dear Buzz Readers,

First of all may I thank those that did help to arrange or attend our Revel Week of Events this year. I was disappointed that the Wine and Wisdom did not happen due to lack of interest. Quite a few new homes have or are being built meaning quite a few new residents are coming to live in the village. Hopefully If we combine these with those who are always ready to take part, perhaps next year will see a greater enthusiasm for our village events.

The Play Park I am pleased to say is now complete. It is already being enjoyed by local children and those on short visits to our village, which is very pleasing. All we want now is for everyone to show their respect for it!

It is hoped that a planning application regarding our Community Shop will be presented to Torridge District Council in a few weeks.

If you wish to have something reported in our Village Newsletter please let the editor know by the 20th October to be in time for the next issue. This can be personal or something which may be of interest to other readers. Perhaps something you would like sold or event advertised.

Sheila Cholwill - Editor

E-mail sheilacholwill@btinternet.com

Telephone 01288 381350

DOG MESS WARNING PLEASE READ!

We have enough dog bins around our village of Bridgerule for all dog owners to make use of them!

There is no need for dog mess to be continually found by the river bank or in the village hall car park. If you are walking the dog and it does a poo it is your duty to pick it up and bin it. If not be prepared to receive a fine!



BRIDGERULE VILLAGE HALL TABLE TOP SALE**SATURDAY SEPTEMBER 3RD FROM 1.30 PM**

Tables can be booked from Sheila on 01288 381350
at a cost of £5 each

Light Refreshments will be available
Traders can arrive from 12.30pm.



If you have any contributions for our Table Top, with all profits made going to our Village Hall Funds please bring them on the morning of the sale or contact the above number Christine on 01288 381033

AFTER-SCHOOL CHILDCARE NEEDED

We are looking for someone local, reliable and kind to help with after-school pick-ups and care (approximately 3pm - 5pm) for our 5-year-old son from Bridgerule primary.

This will be 2-3 days per week, starting in September. Competitive hourly rate offered.

Please call Emily on 07920 516 775 with any questions.



BUDE AND DISTRICT

**Neetside Community Centre
Bude
Cornwall EX238LB.**

Telephone: 01288 355007

Website: ageconcernbudedistrict.org

To anyone who may like to help!

Age Concern would welcome any volunteers who may live in our parish and feel that they would like to become a car-driver for them. This is to take prospective clients to their medical appointments.

Car drivers will get paid by their client a said sum and Age Concern make a top up payment for fuel if appropriate.

If anyone is interested please contact the above telephone number for more details.

Editorial Disclaimer

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ST BRIDGET'S CHURCH



GIFT DAY

BRIDGERULE VILLAGE HALL

SATURDAY 17TH SEPTEMBER 2022

FROM 2.30—4.00PM

Tea and biscuits



Torrington Mobile Library visiting Bridgerule

SEPTEMBER 14TH

OCTOBER 12TH

Bridgerule Village Hall 14:00—14:30

Bridgerule Uplands 14:40—15:20

Customers will be able to come on board the library van, individually or in their household bubbles, to choose books and other items. To make sure that there are enough books to go around we will be limiting borrowing to 5 items per person for the time being.

Face masks to be worn, everyone to use the hand sanitiser and observe social distancing rules when using the mobile library. Returned books will be quarantined for 72 hours.

SOME REVEL WEEK THOUGHTS!

As a resident of Bridgerule, albeit only 16 years in the village, I would like to express my disappointment at the lack of support for the Revel Week activities. The organizers did think and hoped that this year everyone would be eager to come together once again. The community spirit in the village is non-existent. I always thought that if you moved to a village, it was to take part in village life. The people that organise these events deserve all the backing they can get.

Only 7 tables booked for Wine and Wisdom; the village hall is usually full for this event and so had to be cancelled. The village show was a reasonable success but out of the 60 adult entries, 3 people were responsible for 30 of those entries. I am sure there is a lot of talent in the village – this is your chance to show it off.

The Car Treasure Hunt was welcomed by everyone but again there was only 10 entries. 12 teams took part in the Skittle Tournament. Even with only 4 members per team people had to be cajoled into taking part.

The bingo was a successful evening mainly due to the football team and their supporters. The ramble was a walking one this year due to new regulations regarding the use of red diesel in tractors. It was well supported but not as popular as in previous years.

Saturday's family fun did not start until 3.45pm because of a lack of people at the start. When it did begin the rounders proved very popular and the children pulled so hard on the tug o war rope that it broke completely in half!

Any suggestions for different things for the Revel Week would be most welcome. After all Revel Week is only once a year. We need the support of the whole village and that means everyone who lives here.

EVERYONE!!

The Jubilee celebrations were a great success why not the Revel? It does not bode well for the proposal to introduce a village shop.

Joan Marshall

WE ARE LOOKING FOR A PIANIST OR KEYBOARD PLAYER!

The Tamarside Singers are a group of about 18, both male and female, who enjoy coming together on a regular basis to sing.



Unfortunately at the moment we have no permanent pianist.

Our choir is led by Mr. Alan Quilter who is an accomplished musician.

Tamarside sing popular classic songs, pop and religious and enjoy taking their songs to others.

We practice on a Monday evening and our base is at the local Methodist Chapel. We sing at charity events, memory cafés, weddings and concerts.

We are always eager to have new members. If you enjoy singing, just come along and try us out and hopefully you will want to join us on a regular basis.

BUT at the moment we are without a regular accompanist. Perhaps you have recently moved into our village and feel you may be able to help us or you know of a friend or acquaintance that can play for us. If so please contact **Alan on 01288 382988** or **Sheila on 01288 381350**. We would love to hear from you.

We are due to return to singing on September 12th at 7.30pm.



BRIDGERULES BUZZING COMMUNITY = *facebook page*

*'If you wish to promote an event in our village...
want something ...or maybe have something for sale'*

*Just let Stacey Hillier Cholwill know and she will
upload it on to our face book page'.*

Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk

NEIGHBOURHOOD WATCH NOTES



Now that you are back from holiday, is it time to see that your passwords are worth it? Hopefully no one uses "password" as their password. Do try and include UPPER & lower case letters, and maybe a symbol, beyond a question mark, and a number or two. After all cyber crime is the thing nowadays. Why try theft or doorstep cons, when you can sit in front of the world's worst invention, your computer, and try to thief money?

The best form of password is 8 to 12 characters. With a number and symbol with upper and lower case letters, a 12 digit password would take a computer 34,000 years to decode. Same pattern but only 10 digits the same machine, I'm told, would take 5 years. Only 6 characters-instantly. Frightening. You have to remember it as well !

The neighbourhood watch crime reports always make distressing reading. Frequently a casual thief will just pick up anything left lying around - phone; jacket; handbag; wallet or car keys. With the latter all the criminal has to do is press the "open" button and see which vehicle responds (as in New Tricks a night or two back.) With luck no person hiding inside.

Devon and Cornwall continue to be one of the safest places to live work and visit in this country, with the second lowest crime rate in England. But the Alert doesn't say who is better. A lot of crime fell below the usual during the last two years of the pandemic. Since the return to almost normal life, the crime rate is rising again, but we are still second lowest in England.

The police continue to watch for drug distribution and taking under the "County Lines" operation. As always look after your stuff and look after your neighbours to keep yourselves crime free.

Call 999 if it's happening now or 101 if later.

Crimestoppers on 0800 555111 to give information anonymously.
Don't have nightmares!

John McDougall

Neighbourhood Watch Co-ordinator

Telephone 01288 381237



IN COMMEMORATION OF ELIZABETH MACARTHUR



Rose Hitchings is sat at the picnic table, recently purchased by the Parish Council to commemorate a famous lady, Elizabeth Macarthur.

This lady, born Elizabeth Veale, at Lodgeworthy in 1766. She later married a John Macarthur at St. Bridget's Church and together they sailed to Australia and had huge success with the production of Merino sheep.

Rose has done quite a lot of research on Elizabeth and felt that Bridgerule's famous lady should be recognised. A plaque has now been ordered to be attached to the picnic table. This will contain some important factual information about Bridgerule's famous lady.

If any Buzz reader would like to read more about Elizabeth, Rose will be happy to help you.

217 BUDE PUBLIC TRANSPORT

This is the only service the 217 provides for the village now

BRIDGERULE - HOLSWORTHY BUS TIMETABLE

Bude	Holsworthy	BRIDGERULE	Red Post	Bude
12.50	13.15	13.30	13.35	13.50
Bude	Red Post	BRIDGERULE	Holsworthy	Bude
10.40	10.54	10.59	11.14	11.40

REVEL WEEK RESULTS

VILLAGE SHOW:

There were 63 Adult Entries and 29 Junior Entries.

The overall Winner - Adults Chris Hitchings accumulated 26 points and won the Perpetual Cup.

Runner-up Lisa Beer 24 points.

The overall Winner of the Junior Entries and accumulated 29 points was



Alice Chandler.

Main Results: Adults

Victoria Sandwich
 1st. Freda Lacey.
 2nd. Wendy Rimmer
 3rd. Lisa Beer



Rock Buns
 1st. Lisa Beer
 2nd. Freda Lacey
 3rd. Audrey Bewes



Shortbread Biscuits:
 1st. Clarice Harris
 2nd. Chris Hitchings

Vegetables:

Carrots: 1st. Colin Cholwill

Onions: 1st. Chris Hitchings
2nd. Colin Cholwill
3rd. Lisa Beer

Potatoes: 1st. Chris Hitchings
2nd. Lisa Beer
3rd. Colin Cholwill

Runner Bean: 1st. Lisa Beer
2nd. Chris Hitchings
3rd. Colin Cholwill

French Bean: 1st. Chris Hitchings
2nd. Lisa Beer

Beetroot: 1st. Chris Hitchings
2nd. Colin Cholwill

Tomatoes: Cherry 1st. Chris Hitchings
2nd. Colin Cholwill

Tomatoes: 1st. Chris Hitchings

3 other Vegetables: 1st. Chris Hitchings
2nd. Colin Cholwill

Whopper: 1st. Lisa Beer - Cabbage
2nd Colin Cholwill - Beetroot
3rd Chris Hitchings - Cucumber



Adults: Craft**Floral Arrangement in Unusual Container:**

1st. Joan Marshall

2nd. Lisa Beer

**Pot Plant. Flowering or non– flowering**

1st. Joan Marshall

2nd. Freda Lacey

3rd. Lisa Beer

Decorated Pebble:

1st. Steve Steel

2nd. Kathy Whatmore

3rd. Gemma Furse

Photography: Beautiful Day

1st: Steve Steel

2nd: Lisa Beer

Photography: Favourite Pet

1st. Lisa Beer

2nd. Colin Cholwill

**Painting/Drawing**

1st. Joan Glessing

2nd. Steve Steel

Embroidery:

1st. Joan Glessing

2nd Christine Gee

Crochet: 1st. Rose Hitchings

2nd. Joan Glessing

Knitting: 1st. Freda Lacey

2nd. Joan Marshall

3rd. Joan Glessing



Children's Entries:***Victoria Sandwich:***

Equal First: Alice Chandler
Jasmine Master

Jam Tarts: 1st. Florence and Delilah Harris

Pizza Face: 1st. Alice Chandler

Necklace made out of Sweets: 1st. Alice Chandler

Pizza Face: 1st Alice Chandler

Picture made out of Pasta:

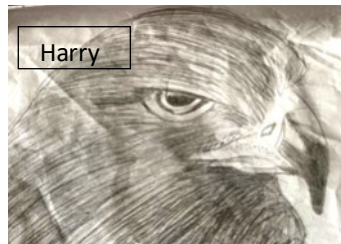
- 1st. Reuben Furse
- 1st. Holly Price
- 1st Alice Chandler
- 2nd Laila George
- 2nd Noah Furse
- 3rd Elsie Stephens

Decorated Pebble:

- 1st Florence Harris
- 1st Alice Chandler
- 1st Jasmin Masters
- 2nd Reuben Furse
- 2nd Harry Cholwill
- 2nd Holly Price
- 3rd Laila George
- 3rd Mila Bickle

Painting:

- 1st Harper Gliddon
- 1st Harry Cholwill
- 2nd Reuben Furse
- 2nd Alice Chandler
- 3rd Delilah Harris
- 3rd Harper Gliddon



SKITTLE TOURNAMENT

12 teams took part in the skittle tournament.

Eventual winner: Robs Wonders.

Rob and Julie Honey and Richard and Gill Heal.



Runners up: The Twits. Rose, Freda, Angela and Sheila!

SCARECROW ENTRIES:

1st. £10. PUB TAXI

Scott and Kathy Whatmore



2nd. £5. Mark and Sarah Poole



HIGHLY COMMENDED and each child receiving a box of chocolates



PADDINGTON
The Sanders Family

ALSO HIGHLY COMMENDED

THE STEPHENS FAMILY OF WINTERLEAZE



Disappointingly no child entered the decorated bicycle.

Friends of Bridgerule organised a successful **RAMBLE AND BBQ**
Bridgerule Football Club held a very successful **BINGO EVENING**.

FINANCIAL STRUGGLES?	HELP IS AVAILABLE
<p>If you are struggling to get help with</p> <ul style="list-style-type: none"> A change of income Benefits Debt / Budgeting Mental Health Support 	<p>Contact WISER MONEY 01823 299050</p> <p><u>wisermoney@navigatecharity.org.uk</u></p>
<p>If you are on Universal Credit</p>	<p>Go to your online journal and message your work coach</p>
<p>For advice from the Local North Devon Citizens Advice Bureau</p>	<p>Call 01271 377077</p> <p>They are a referral partner of Northern Devon Foodbank, who will be able to issue you with a food bank voucher if appropriate.</p>
<p>Free National CAB Helpline</p> <p>They can help address your crisis and provide Support to →</p> <p>0808 2082138</p>	<p>Help you navigate the benefits system</p> <ul style="list-style-type: none"> ▪ to maximise your income ▪ identify any additional grants you could be entitled to.
<p>The Torridge District Council Emergency Hardship fund may be able to help</p> <p>It is administered by Encompass</p>	<p>Call them on 01271 371499 and selecting 'community helpline' option</p> <p>They are open 9.30am – 3.00pm Monday to Friday.</p>
<p>Christians Against Poverty</p>	<p>Telephone 07369 226007 (Tues, Wed pm and Thursdays)</p>
<p>If you are a housing association tenant</p>	<p>There are ways your housing officer can help and give advice. Contact them.</p>

SHEILA'S MENTIONS:

Birthday Wishes to:

Marilyn Pickett for 11th September

Suzanne Cogdell for the 20th September

Rachel Smith for 21st September

Trevor Snowdon for 22nd September

Brian Beadle for 22nd September

Julie King for the 24th September

Gill Hedley for 26th September

Alan Weekes for 29th September

Barbara Bowden for 9th October

Ken James for 19th October

The village sends its Best Wishes to **Gary Bowler**.



As Chairman of Revel Week I wish to thank **Phoebe** for putting her name forward as our Jubilee/Revel Queen and carrying out her duties albeit slightly different this year,

NEXT BRIDGERULE COFFEE CLUB

TUESDAY 13TH SEPTEMBER

10.30AM



THE regular **ART AND CRAFT MEETINGS** re-group after their summer recess on Wednesday September 7th at 2.30pm. New members most welcome.

ST. BRIDGET'S PARISH CHURCH

SUNDAY SERVICES 11,00am

- 4th September Morning Prayer Mary A**
- 11th September Sung Eucharist Dr. Paul**
- 18th September Joint Service at Methodist Chapel**
- 25th September Harvest Eucharist— Rector**
- 2nd October Harvest Festival at Methodist Chapel**
- 9th October Sung Eucharist—Dr. Paul**
- 16th October Joint Service with the Methodist Chapel**
- 23rd October Ecumenical All Age Eucharist - Rector**



**Members and Friends of
Bridgerule Coffee Club
enjoyed a trip to Exmouth
recently, going on the Stuart
Line River Cruiser on the
river Exe.**

**BRIDGERULE COFFEE
CLUB**



**After lunch the group
travelled around the town
on the land train.**

Tracking Software can steal your personal information

Over the past few years, I have been warning computer users of the dangers of tracking software, and I am sad to say it has become necessary to beat the drum, even harder, as they are used in many websites without your knowledge!

Why? I shall explain more, but first let me tell what a tracker is.

A tracker is a piece of code written in one of several languages often in java script. It is placed in a website which will, when connecting to that website, dump the code in the history files of your browser and designed for no other purpose than to watch, listen and record your data!



All very innocent, you may think, until it begins to spawn, monitor and relay everything you may be doing on your computer, sending it back to a server somewhere in the world, even when the browser has been closed down, a tracker will remain active.

Now, for those who tell me they have nothing to steal and there is nothing in their computer of any importance, I have recently identified a tracker on a customers computer that can listen into conversations, like Echo, Cortana and others. It is also well known that a tracker can activate a web cam and watch and listen into conversations from your Computer, Tablet or Mobile phone, when in the same room!

They are extensively used in TikTok, Facebook, Instagram, Booking.com, other travel websites and survey websites amongst many others, even websites from high profile and respected institutions, and they may not know they exist either.

Tiktok for example is operated by ByteDance a Chinese tech company based in Beijing, reportedly data entered on the system is transferred to servers in China. What happens to that data is open to speculation and your guess is as good as mine! If completing an online survey, you cannot guarantee some entity is not harvesting more information than you are asked to provide, and you may ask why? Often the data collected is sold on to a 3rd party.

Once a Tracker is on your system, and you won't know if one has infected your system, you need a cleaning program to clear them, these can be downloaded from malwarebytes.com, Ccleaner.com or WiseCleaner.com and are free to use. Although you are encouraged to buy the premium versions, the free versions work equally well. Ideally it is better to block Trackers from entering your system and by installing Browser extensions, I have used Ghostery, Badger and Ad Blocker Ultimate for many years and are all free to download and use, they will stop all trackers, nuisance adverts or zombie cookies from clogging up your system.



But don't be lulled into a false sense of security thinking a password protects your system, IT DOES NOT! Computer passwords are relatively easy to override and bypass, but what you won't see are infections coming in through a back door and bypassing your Anti-Virus software. Some A-V's also have blind spots.

**For free advice on all computer issues contact Brian Meadows
Nofix-Nofee Computer Repair Services Tel: 01288 381061**



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BRIDGERULE METHODIST CHURCH

Welcome you to their SERVICES 11.00am

- 3rd September J. Guy
18th September M. Shears
25th September At St. Bridget's



- 2nd October C. Drew Harvest Festival
Friends of St. Bridget's have been invited
16th October Rev. S. Leigh - Sacrament
23rd October At St Bridget's

USEFUL TELEPHONE NUMBERS



Non-urgent phone calls 101

Holsworthy Medical Centre	01409 253 692
Holsworthy Hospital	01409 253424
Holsworthy Library	01409 253514
Holsworthy NHS Dental Care	01409 255525
Holsworthy Post office & Sorting Office	01409 253608/01409 253236
Holsworthy Rural Community Transport team	01409 259001
Torrige District Council... www.torrige.gov.uk	01237 4228700
Bridgerule Parish Council Clerk ..Rachel Perry.....	07980 543209
Stratton Medical Centre	01288 352133
Stratton Hospital	01288 320100
Post Office The Crescent Bude	01288 352048
April Lodge Dental Practice	01288 352340
Bude Library	0300 123 4111
Bude Tourist Information Centre	01288 354240
Cornwall Council New County Hall Truro	0300 123 4100
North Devon District Hospital	01271 322577
Derriford Hospital	01752 202082
South West Water 24 Hour Emergency Helpline	0344 346 2020
Western Power.....Report Power Cut.....	0800 6783 105

Or ring 105 for free



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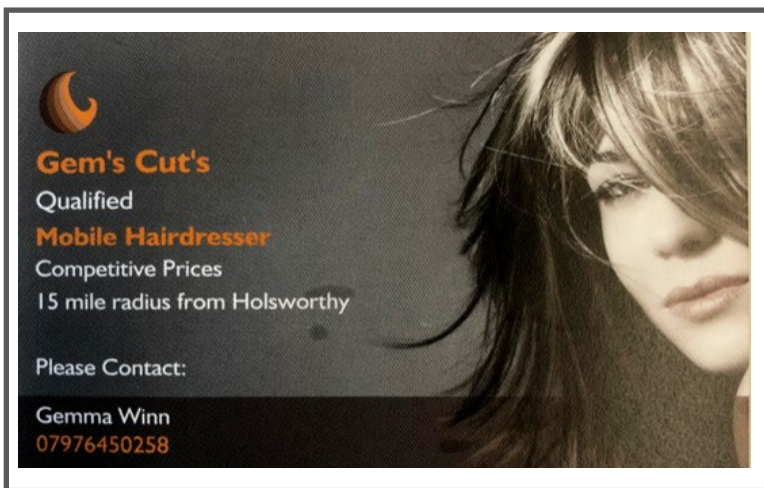
2 Weekly
Telephone Joan on 01288 381002


DOG OBEDIENCE

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